

Inquiry-Based Science Instruction—What Is It and Does It Matter? Results from a Research Synthesis Years 1984 to 2002

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Abstract: The goal of the Inquiry Synthesis Project was to synthesize findings from research conducted between 1984 and 2002 to address the research question, *What is the impact of inquiry science instruction on K–12 student outcomes?* The timeframe of 1984 to 2002 was selected to continue a line of synthesis work last completed in 1983 by Bredderman [Bredderman [1983] Review of Educational Research 53: 499–518] and Shymansky, Kyle, and Alport [Shymansky et al. [1983] Journal of Research in Science Teaching 20: 387–404], and to accommodate a practicable cut-off date given the research project timeline, which ran from 2001 to 2006. The research question for the project was addressed by developing a conceptual framework that clarifies and specifies what is meant by “inquiry-based science instruction,” and by using a mixed-methodology approach to analyze both numerical and text data describing the impact of instruction on K–12 student science conceptual learning. Various findings across 138 analyzed studies indicate a clear, positive trend favoring inquiry-based instructional practices, particularly instruction that emphasizes student active thinking and drawing conclusions from data. Teaching strategies that actively engage students in the learning process through scientific investigations are more likely to increase conceptual understanding than are strategies that rely on more passive techniques, which are often necessary in the current standardized-assessment laden educational environment.
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The interest in and commitment to science instruction spans many years and constituents. In the past two decades, organizations such as the National Science Foundation (NSF), the National Research Council (NRC), and the American Association for the Advancement of Science (AAAS) have made significant commitments to improving science education. They have invested millions of dollars in activities such as developing innovative K–12 curricula, building teachers’ skills, and reforming the systems that support science teaching and learning at the school, district, and state levels. Similar investments have also been made in countries such as Australia (Goodrum & Rennie, 2007) and England (Department for Education and Employment, 1992) along with several international efforts (European Commission, 2007; Inter Academies Panel, 2006). One common goal among these efforts is to encourage teachers to use scientific inquiry in their instruction as a means to advance students’ understanding of scientific concepts and procedures.

Within this policy context, researchers both in the United States and abroad have continued to investigate the effects of scientific inquiry instruction. For example, recent studies have looked at the effect of inquiry instruction on standardized achievement tests with historically underserved students (Geier et al., 2008) as well as the potential of this instructional approach to moderate the effect of prior inequities on college students’ achievement (Lewis & Lewis, 2008). However, the interest in the effect of instruction using scientific inquiry is not limited to conceptual understanding. Australian researchers have explored the effect on short-term motivation during science instruction in 14- to 15-year-olds (Palmer, 2009) while researchers in

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the United States have looked at the influence of inquiry instruction on kindergarten students' perceived science competence and motivational beliefs about science (Patrick, Mantzicopoulos, & Samarapungavan, 2009). In Israel, researchers have investigated the influence of open versus guided inquiry instruction on procedural and epistemological scientific understanding among high school students (Sadeh & Zion, 2009). Increasingly, the effect of scientific inquiry instruction on achievement, as well as other educationally relevant outcomes explored by researchers, is of great interest to policy makers around the world.

Given the increased attention to student performance on high-stakes tests in many countries due to government-established standards or national curricula, the need for evidence about effective educational practices is pressing. This is particularly true for science in the United States, as the No Child Left Behind Act of 2001 (2002) required testing to begin in the 2007–2008 school year. However, despite these investments and heightened emphasis on science achievement, few large-scale studies have been done that aggregate research findings across individual studies investigating aspects of science instruction and resulting student outcomes (Bredderman, 1983; Shymansky, Kyle, & Alport, 1983). With this need in mind, Education Development Center, Inc. (EDC), with funding from the NSF, undertook a 4-year study to address the research question, *What is the impact of inquiry science instruction on K–12 student outcomes?* The research team on the Inquiry Synthesis Project conducted a synthesis of research on inquiry science teaching spanning the years of 1984–2002. This timeframe was selected to expand on syntheses conducted by Bredderman (1983) and Shymansky et al. (1983). These earlier syntheses were quantitative meta-analyses, restricted to examinations of use of what they called “innovative curricula.” In contrast, this project included studies with a variety of research designs and foci on inquiry science teaching strategies in general rather than on studies that were restricted to use of a particular curriculum. Given the broad initial inclusion criteria of this study, research reports had to be available by 2002 to be considered for this synthesis. This was deemed a practicable cut-off given the project timeline—from 2001 to 2006—therefore, searching for studies was stopped in 2004 so that coding and analysis of the large number of studies located could be accomplished within the grant timeframe.

This study was complex due to several factors. First, studies were included with a range of research methods and design types that also varied with regard to their methodological rigor. To incorporate this variation in the analysis, it was necessary to develop methods for capturing and synthesizing data in a variety of forms, as well as an approach to operationalizing methodological integrity across qualitative, quantitative, and mixed-method studies. Second, the study examined the impact of inquiry science instruction; however, the field has yet to develop a specific and well-accepted definition of what is meant by that term. Therefore, a key part of this synthesis was developing an operational coding framework that could be used to describe and compare the science instruction that was the subject of the research articles reviewed. This framework is discussed in detail under the subsection *Classifying Inquiry Science Instruction*. Finally, the studies included in the synthesis examined instruction across a range of science disciplines and grades, took place in different instructional contexts, and employed a variety of instructional materials and curricula.

In light of this complexity, we have prepared seven technical reports that provide significant detail regarding these and other methodological aspects of the Inquiry Synthesis Project. Therefore, only the essential aspects of the methodology necessary to understand the main findings presented in this article will be provided here, and the appropriate technical reports will be referenced for further detail. All of the technical reports may be found on the EDC Web site, <http://cse.edc.org/products/inquirysynth/>. However, since the conceptual underpinning of this work depends on how “inquiry science instruction” is defined, a brief review of pertinent literature is in order.

Defining Inquiry Science Instruction

It is difficult to exactly trace the first appearance of inquiry instruction, but it was born out of the longstanding dialogue about the nature of learning and teaching, in particular from the work of Jean Piaget, Lev Vygotsky, and David Ausubel. The work of these theorists was blended into the philosophy of learning known as constructivism (Cakir, 2008), which was then used to shape instructional materials. These kinds of constructivism-based materials are commonly classified under the moniker of *inquiry-based* and include hands-on activities as a way to motivate and engage students while concretizing science concepts. Constructivist approaches emphasize that knowledge is constructed by an individual through active thinking,

defined as selective attention, organization of information, and integration with or replacement of existing knowledge; and that social interaction is necessary to create shared meaning, therefore, an individual needs to be actively engaged both behaviorally and mentally in the learning process for learning to take place (Cakir, 2008; Mayer, 2004). As constructivist approaches permeated much of educational practice in the 1970s, it became particularly prominent in science education through the focus on inquiry.

The term *inquiry* has figured prominently in science education, yet it refers to at least three distinct categories of activities—what scientists do (e.g., conducting investigations using scientific methods), how students learn (e.g., actively inquiring through thinking and doing into a phenomenon or problem, often mirroring the processes used by scientists), and a pedagogical approach that teachers employ (e.g., designing or using curricula that allow for extended investigations). However, whether it is the scientist, student, or teacher who is doing or supporting inquiry, the act itself has some core components. The NRC describes these core components from the learner’s perspective as “essential features of classroom inquiry” (NRC, 2000, p. 25) including:

- (1) Learners are engaged by scientifically oriented questions.
- (2) Learners give priority to evidence, which allows them to develop and evaluate explanations that address scientifically oriented questions.
- (3) Learners formulate explanations from evidence to address scientifically oriented questions.
- (4) Learners evaluate their explanations in light of alternative explanations, particularly those reflecting scientific understanding.
- (5) Learners communicate and justify their proposed explanations.

The *National Science Education Standards* would add one more to this list: learners design and conduct investigations (NRC, 1996). There is more consensus regarding what students should learn about scientific inquiry than how teachers should instruct students (Anderson, 2007). For example, within each of the features of classroom inquiry listed above, there can be varying degrees of direction from the teacher. The amount of direction and decision-making done by the teacher versus the student has produced distinctions such as *open* and *guided* inquiry (NRC, 2000). However, these distinctions are often poorly articulated by scholars and practitioners alike. For example, the way in which “minimally guided instruction”—said to be synonymous with constructivist, discovery, problem-based, experiential, and inquiry-based instruction—was defined by Kirschner, Sweller, and Clark (2006) is not the way that most inquiry-oriented practitioners or researchers would describe these kinds of instructional approaches—which do have instructional guidance throughout the learning process (Hmelo-Silver, Duncan, & Chinn, 2007). However, it is precisely the lack of a shared understanding of the defining features of various instructional approaches that has hindered significant advancement in the research community on determining effects of distinct pedagogical practices. Therefore, in the *Classifying Inquiry Science Instruction* subsection, we will present a conceptual framework and definition of inquiry instruction used in this research. This framework was built upon the findings from reviewing several resources (The Inquiry Synthesis Project, 2006b), one of which was the National Science Education Standards. A diversity of resources were necessary since there was not consensus in the literature about the specific components of inquiry science instruction; therefore, looking for similarities across existing “definitions” of inquiry was necessary to develop the operational definition articulated in our framework. This framework integrates all of the aspects of inquiry noted above but is more functionally specified.

In this examination of the literature, we will describe the overarching research approach used in the synthesis, the study inclusion and exclusion criteria, and basic approaches to analysis. The findings begin by describing the nature of the variability in research on the impact of inquiry science instruction on students’ understanding of science concepts, conducted over 18 years, from 1984 to 2002. We then present effectiveness findings related to the whole data set of 138 included studies, and a subset of studies with a common research design to more fully articulate the relationship between instruction and student outcomes. The article concludes with a discussion of the limitations of this study and implications for future research.

Methods

The Phases of the Project and Associated Procedures

This project included three broad phases: Phase I—Report Collection, Phase II—Study Coding, and Phase III—Analysis and Dissemination. During Phase I, a search was conducted for research completed between 1984 and 2002, conducted with K–12 students, having at least one student instructional intervention in science, and having assessed student outcomes. For the purposes of this study, an instructional intervention is defined as a science activity conducted, administered, or initiated by a teacher (or researcher or other instructor) for, to, or with students in a K–12 setting. Studies had a variety of types of instructional interventions, ranging from regular classroom instruction to one-on-one interactions with students. Regular classroom instruction, for example, had no specific prescribed intervention program or strategy that was added to or that replaced the “typical” instruction. In these studies, researchers documented and described practices in the classroom and their related outcomes. Other interventions entailed a prescribed intervention program or curriculum or pedagogical innovation that was introduced into the classroom for the purposes of the research and then studied to determine the effect on student outcomes.

The search for studies was shaped by the objective of casting a broad net in order to identify and retrieve all reports that could potentially be part of the synthesis. Part of this strategy was to include published and unpublished studies as long as they met our specific inclusion criteria. In a number of research areas, effect sizes have been found to be larger in published studies than unpublished ones, therefore, “excluding unpublished studies is quite likely to introduce an upward bias into the size of effects that will be found” (Lipsey & Wilson, 2001, p. 19). A more conservative approach is to independently assess methodological rigor and adherence to inclusion criteria that are based on an individual synthesis project’s research question and design, which was the route selected here. To generate the data set of studies, exhaustive electronic searches were conducted of databases and search engines using a total of 123 search terms to capture studies that fell under the general description of inquiry-based science instruction. Additionally, a call for research was posted in a variety of publications and reference lists of retrieved documents were searched.

Of the 1,027 documents obtained, 443 research reports met the general inclusion criteria identified above. *Technical Report 1: Generating the Synthesis Sample of Studies* (The Inquiry Synthesis Project, 2006a) describes Phase I activities in more detail. The initially retrieved reports were then examined so that multiple reports associated with a single study were identified and grouped such that studies could function as the unit of analysis for the synthesis. For a discussion of this process, see *Technical Report 4: Report-Study Reconciliation Process* (The Inquiry Synthesis Project, 2006d).

Phase II—Study Coding comprised three stages. In Stage 1, each report was carefully screened to determine if the following additional inclusion criteria were met: at least one research question was about the effect of an instructional intervention in science on student outcomes, and the student instructional intervention was described sufficiently to code in Stage 2. *Technical Report 3: Operationalizing the Inclusion/Exclusion Coding Process* (The Inquiry Synthesis Project, 2006c) further describes the Stage 1 coding process. If a study had more than one report, then across all the reports these two additional criteria had to be met in order for the study to move into Stage 2. The Stage 2 coding applied a detailed schema for describing the instructional intervention, which is the subject of *Technical Report 5: Operationalizing the Inquiry Science Instruction Coding Process* (The Inquiry Synthesis Project, 2006e). *Technical Report 2: Conceptualizing Inquiry Science Instruction* (The Inquiry Synthesis Project, 2006b) articulates the theoretical underpinnings of the coding protocol used in Stage 2. Stage 3 coding involved capturing all other relevant information about the methodological integrity of the research, the context of the study, covariates, comparison treatments, and study findings. The third stage of coding is described in *Technical Report 6: Operationalizing the Coding of Research Rigor, Context, and Study Findings* (The Inquiry Synthesis Project, 2009a). Each stage of Phase II afforded an opportunity to exclude a study due to misalignment with the data requirements of the synthesis.

Although the content of the coding varied across the stages, the general process remained the same. This included the development of codebooks with coding items, definitions, and supporting material; followed by the testing and revision of the codebooks until they were determined by the research team to be sufficiently stable and understood by all coders. Study coding for Stages 1 and 2 followed a process whereby each study

was independently coded by both members of a coding team, after which the coding team met to come to agreement on the final codes for each study, resulting in 100% inter-rater agreement. When agreement was reached, reconciled data were entered into the computer archive. For Stage 3, ~82 studies were coded by teams of coders in the manner described above. The remaining 56 studies were coded independently by coders who had reached an inter-rater agreement rate of 85%; however, to maintain this level of consistency, every fifth study was coded by two coders and the coding compared.

Phase III—Analysis and Dissemination included using a variety of techniques and models based on the conceptualization and description of inquiry science instruction, which are described in more detail below. To have a final data set that had some similarities among studies, additional exclusion criteria were applied for the analysis phase. Studies that were included in the analyses had the following characteristics:

- Had sufficient information to clearly determine the presence or absence of inquiry-based science instruction, as operationally defined for this project (see Table 1).
- Had student understanding or retention of science facts, concepts, or principles and theories in physical science, life science, or earth/space science as a dependent variable for the study.
- Had explicit instruction in either physical, life, or earth/space science.
- If multiple treatments were compared, one of them could be distinguished from others as exhibiting more inquiry-based instruction based on our coding protocols (i.e., a treatment of interest).
- *Were not* conducted in museum contexts.
- *Were not* case studies of individual students.

The full list of studies can be found in *Technical Report 7: Bibliography of Studies Included in Final Inquiry Synthesis Project Analyses* (The Inquiry Synthesis Project, 2009b).

Frameworks for Operationalizing Inquiry Science Instruction and Methodological Rigor

To understand the analyses presented later in this article, it is worth summarizing here the manner in which inquiry science instruction and methodological rigor were operationalized.

Classifying Inquiry Science Instruction. Developing a framework for describing inquiry-based instruction included reviewing literature that had been written over the course of the past 30 years to arrive at a set of descriptive characteristics that was parsimonious yet inclusive of the essential characteristics of inquiry science instruction. Additionally, the project team sought the input of project advisors who reinforced the importance of several characteristics of inquiry science instruction that could be considered emblematic, such as students experience personal engagement with phenomena; students focus on key science concepts; and students have some level of ownership in the learning experience. Through these efforts, the team arrived at the framework depicted in Table 1, which guided the codebook development and analysis.

In this framework, inquiry science instruction can be characterized as having three aspects: (1) the presence of science content, (2) student engagement with science content, and (3) student responsibility for learning, student active thinking, or student motivation within at least one component of instruction—question, design, data, conclusion, or communication. The categories and descriptions of Science Content used in the conceptual framework are among those articulated in the *National Science Education Standards* (NRC, 1996). For this project, the content categories were limited to four (physical science, life science, earth/space science, scientific inquiry as content) of the seven that appear in the *Standards*, primarily for pragmatic reasons. The Types of Student Engagement include all of the various ways in which students could engage with phenomena.

Student responsibility for learning relates to the students' role as learner; therefore, inquiry instruction that embodies this element demonstrates the expectation that students will participate in making decisions about how and what they learn, identify where they and others need help in the learning process and ask for that help, and/or contribute to the advancement of group knowledge. *Student active thinking* refers to how students engage with the content itself. Thus, inquiry instruction that exemplifies this element demonstrates the expectation that students will use logic, think creatively, build on prior knowledge, and/or make deductions. Finally, *student motivation* is about students' personal investment in the learning process; inquiry

Table 1

Inquiry science instruction conceptual framework

Presence of Science Content	<ul style="list-style-type: none"> • Science as Inquiry • Life Science • Physical Science • Earth and Space Science 			
Type of Student Engagement	<ul style="list-style-type: none"> • Students manipulate materials • Students watch scientific phenomena • Students watch a demonstration of scientific phenomena • Students watch a demonstration that is NOT of scientific phenomena • Students use secondary sources (e.g., reading material, the Internet, discussion, lecture, others' data) 			
Components of Instruction	Elements of the Inquiry Domain			
		Instruction emphasizes Student Responsibility for Learning when it demonstrates the expectation that students will:	Instruction emphasizes Student Active Thinking when it demonstrates the expectation that students will:	Instruction emphasizes Student Motivation when:
	Question	Decide which questions to investigate; seek clarification of the investigation question(s).	Generate investigation question(s); use prior knowledge to inform the question(s); consider or predict possible outcomes of the question; explore the reasons question(s) are being asked to determine if they are appropriate for scientific investigation; refine questions so that they can be investigated; discuss questions based on previous study or data collected.	it demonstrates the expectation that students will: display/express interest, involvement, curiosity, enthusiasm, perseverance, eagerness, focus, concentration, pride (all affective)
	Design	Identify when and where they need help understanding the design; ensure that they (or the class/group/partner) grasps the design and how to implement it; decide what investigation design to use; ensure that the design addresses the research question.	Use prior knowledge to inform the design; determine if the design is an appropriate match for the question including variables and procedures; debate the merits of different investigation designs and whether it is "doable" and will result in needed data; consider where and how issues of bias may need to be addressed; generate investigation designs.	
	Data	Decide the data organization strategy; decide what data collection strategy to use and/or how to adapt it; identify if they or others need help collecting or organizing data; seek out clarification and advice when it is needed.	Alter and refine their approach to gathering, recording, or structuring the data based on information they acquire as they proceed.	
	Conclusion	Decide what strategies to use to summarize, interpret or explain the data; identify when they or others need help in summarizing, interpreting or explaining; and seek out other relevant information to assist in drawing conclusions.	Ensure that their conclusions are supported by their data; apply prior knowledge to summarize, interpret, or explain the data; construct conclusions; consider conclusions' reasonableness and credibility; identify applications of their findings to other situations and/or contexts; offer explanations for variations in the findings among the class and/or within their working groups; generate new questions that arise out of their explanations.	
Communication	Decide how to structure their communication; seek advice and suggestions from others about how/what to communicate; provide feedback to others about their communication.	Engage in sound discussion and debate; demonstrate the logic they used to draw conclusions and interpretations; articulate the reasonableness and credibility of others' work; discuss appropriate communication mechanisms including language, visual aids, technology, etc.; articulate the merits and limitations of their work.		

instruction within this element intentionally builds on and develops students' curiosity, enthusiasm, and concentration.

A study was considered inquiry-based and included in the synthesis if at least one of the instructional treatments was about life, earth, or physical science; engaged students with scientific phenomena; instructed them via some part of the investigation cycle (question, design, data, conclusion, communication); and used pedagogical practices that emphasized to some extent student responsibility for learning or active thinking.

The degree to which each instructional intervention in a study emphasized student responsibility for learning, student active thinking, and student motivation was rated by coders as “no emphasis” (only a token or minimal emphasis, scored as 0), “some emphasis” (some emphasis but does not dominate instruction, scored as 2), or “a lot of emphasis” (significant and predominant emphasis, scored as 4 to indicate substantially more weight). Student motivation, however, was unique in that it was more difficult to align with a single component of an intervention. As a result, the emphasis given to it is coded for the instruction as a whole.

To illustrate, the following excerpt is from a study that received a “some emphasis” rating for student responsibility and active thinking within the design, data, and conclusion components of instruction:

A laboratory sheet was prepared for each experiment: it presented problems related to the topics mentioned above. The students proposed their own hypotheses individually, and presented a procedure for solving given problems. They were required to design and carry out the experiments on their own with the materials and equipment provided, guided by the instructor whenever needed. They gathered data and recorded observations individually; they identified relevant relationships by interpreting related data; and they were then asked to draw conclusions and make generalizations (Ertepinar and Geban, 1996, p. 337).

In contrast, the following study received “a lot of emphasis” on student responsibility and active thinking within the question and design components of instruction. It also received “a lot of emphasis” on active thinking for conclusions, but received a “no emphasis” rating on student responsibility for conclusions because the computer simulation drew the growth curves for the students.

CAL software allowed students to decide for themselves the range of temperatures within which they would like to perform the simulated experiments, the levels of nutrient concentrations for the experiment, and the number of cells they wished to use to start a population growth. It was up to them to decide which independent variables were kept constant and which variable was changed and investigated in each experiment. . . . Students were required to find a solution to the problem, they were able to use their previous knowledge on solutions and dilutions to come up with a method for diluting the culture. . . . In these activities students were required to use a large number of inquiry skills, such as interpreting data, controlling variables, designing experiments, selecting useful data, and evaluating hypotheses. . . . Students were asked to apply the growth rate pattern to other microorganism populations and to hypothesize about the impact of external factors on population growth rate (Lazarowitz & Huppert, 1993, pp. 370–374).

Once all of the components of instruction were rated for student active thinking, responsibility for learning, and motivation, the ratings were summed to reflect the overall level of *inquiry saturation* within each instructional treatment. The maximum possible score for inquiry saturation was 44 points. Each instructional treatment present in a study was coded and if there was more than one instructional intervention in a study, the one with the highest inquiry saturation was designated as the “treatment of interest.” Several other variables were also calculated, including the amount of emphasis in each component of instruction and the amount of emphasis in each element of the inquiry domain (see Table 1).

These different metrics indicating emphasis on inquiry instruction were used in the analyses discussed later in this article. For the treatment of interest in each study, the inquiry saturation score and the total sum score for each component of instruction, and each element of the inquiry domain, were standardized into *z*-scores. A *z*-score is a standardized score representing a relative location in a distribution (Vogt, 1999). They are expressed in standard deviation units where the mean of the distribution is 0 and the standard deviation is 1, so a *z*-score of 1.33 is one and a third standard deviations above the mean for the distribution of all the scores. Natural groupings can then be derived from the standardized distribution. For this study, we used the following categories: “low” (more than 0.50 standard deviations below the mean), “moderate” (± 0.50 standard deviations from the mean), or “high” (more than 0.50 standard deviations above the mean). Studies within the low inquiry saturation category had sums ranging from 2 to 6 (out of 44), indicating that there was “some emphasis” on student active thinking or responsibility for learning in one of the components of

instruction. Studies in the moderate category had sums that ranged from 8 to 16, reflecting at least “some emphasis” on student active thinking or responsibility for learning in more than one component of instruction. Studies in the high inquiry saturation category had sums that ranged from 18 to 42, reflecting “a lot of emphasis” on student active thinking or responsibility for learning for at least one of the components of instruction and “some emphasis” on a number of other components.

Classifying Student Outcomes. In addition to coding the inquiry characteristics of instruction, we developed a coding scheme to capture the effect of that instruction on students. Six different finding types were coded: student understanding of science concepts, facts, and principles or theories; and student retention (a minimum of 2 weeks after treatment) of their understanding of science concepts, facts, and principles or theories. Each study had at least one of these finding types, and many had more than one. The studies with each finding type (e.g., understanding science concepts, retention of science principles) were placed in separate data sets so that each study would be represented only once for each analysis of effects on a given finding type. However, if a study had multiple finding types, that study would be represented in each separate data set. Each finding type had a range of learning outcome categories that reflected the authors’ findings depending on the research design of the study. For example, the choices for non-experimental studies with qualitative data were “students show a negative response to the instruction,” “students did not show a response to the instruction,” “students show a mixed response to instruction—some improved and some did not,” and “students show a positive response to instruction”; and for experimental studies with quantitative data, the options were “outcomes for treatment group ‘x’ were statistically significantly better than outcomes for treatment group ‘y,’” and “no statistically significant difference between treatment groups.” In addition, a learning outcome categorization for each of the 138 studies was also coded by manually inspecting the learning outcome scores across all of the finding types in a study and making a global rating of negative, no, mixed, or positive impact on student learning. This finding is referred to as “student content learning and retention.”

Finally, a framework was needed to capture a number of different aspects of methodological rigor of the qualitative, quantitative, and mixed-method studies in the data set. Following are details about the key variables used to describe the studies’ research designs and rigor relevant to the results presented in this article.

Classifying Research Design. Three research design categories (experimental, quasi-experimental, and non-experimental) were used to capture the diversity across the studies in the data set. Some of the specific design types within these broader categories are not typically addressed in classification schemes (Pedhazur & Schmelkin, 1991) because they are considered to be confounded. However, to be inclusive, the designs encountered in the studies were described and assessed on the basis of the methodological rigor appropriate for each study’s design type. This provided the most complete picture of the state of research relevant to our research question. The general scheme used to discriminate research designs was the customary distinction between the presence (or absence) of random assignment to treatment groups. An experimental design was defined as a study that entails manipulation of an instruction-related independent variable and has random assignment of students, schools, or classes to the different levels or categories of the manipulated variable, thus constituting at least one experimental group and at least one comparison/control group. Within the synthesis data set, there are three specific types of experimental designs: (1) equivalent control group design—pre-post measurement (also includes more than one post-test measurement); (2) equivalent control group design—post-only measurement; and (3) within subject cross-over design—subjects in the different treatment groups are randomly assigned the order in which they receive the treatments and, thus, serve as their own matched comparison.

A quasi-experimental design entails manipulation of an instruction-related independent variable, and a comparison/control group is present, but randomization is absent at all levels. Within the synthesis data set, there are three specific types of quasi-experimental designs: (1) non-equivalent control group design—pre-post measurement; (2) non-equivalent control group design—post-only measurement; and (3) qualitative time-series design—multiple pre-treatment and post-treatment measures of the dependent variable were made across multiple students in different classrooms. The different classrooms constituted a multiple treatment group comparison, thus categorizing this as quasi-experimental.

A non-experimental design was defined as a study that does not have a comparison group, and the type or amount of instruction as the independent variable is documented but may not be formally manipulated. Within the synthesis data set there are four specific types of non-experimental designs, all with a single treatment group: (1) pre-post measurement, (2) post-only measurement, (3) multiple measurement points (e.g., reports of outcomes across a number of students), and (4) one measurement point during the intervention.

Classifying Methodological Rigor. Since the synthesis database contains a wide range of research designs and types of data, a universally applicable coding protocol was essential to allow for between-study concurrent analysis (Onwuegbuzie & Daniel, 2003). In developing the methodological rigor items, a number of resources were referenced (see The Inquiry Synthesis Project, 2009a). A set of items describing three aspects of methodological rigor—descriptive clarity, data quality, and analytic integrity—were developed to enable quantitative calculation of a study’s level of methodological rigor. In general, the descriptive clarity items captured the amount and clarity of information that was provided to allow for independent assessment of the research question, research site, sample, sampling strategy, data collection methods, analysis strategies, inquiry treatment, and comparison treatment if there is one. The data quality items addressed the technical aspects of the methodology—attrition, treatment contamination, instrument reliability and validity, and pre-treatment differences in students. The analytic integrity items addressed the appropriateness and systematic analysis of data analysis strategies, threats to internal validity, and bias in reporting of findings.

Not all of the items in the rigor framework were appropriate for every design type; but there were items for each aspect of rigor that were appropriate for comparative and non-comparative treatment designs as well as for both qualitative and quantitative methods. This allowed for each aspect of rigor to be rated for every study in the data set, keeping in mind that the rating options could not be identical for each item in the rigor framework. The way each item in the rigor framework was operationalized is indicated in the tables in *Technical Report 6* (The Inquiry Synthesis Project, 2009a). Even though the specifics of each aspect of methodological rigor were considered in the coding of the items, the coding options were all fitted to the same quality scale: -1 (very poor rigor because no information provided by the authors); 0 (poor rigor); 1 (marginal rigor); and 2 (good rigor).

To collapse the data contained in the rigor matrix, a *composite score* (i.e., mathematical average) was generated for each aspect of rigor (i.e., descriptive clarity, data quality, and analytic integrity). The denominator used to calculate the composite score within a rigor aspect depended on the number of eligible items given each study’s methodology. Then the three composite scores were averaged to generate a *rigor grand mean* for each study. The rigor grand mean and composite scores for a study could be categorized through mathematical rounding as “very poor,” “poor,” “marginal,” or “good.” The rigor grand mean was also standardized to indicate the relative strength of a study’s rigor compared with the other studies in this sample, as was described above with the inquiry saturation score. The z -score of the rigor grand mean, referred to as *methodological rigor score*, was used to categorize the studies in our sample as relatively “low” (more than 0.50 standard deviations below the mean), “moderate” (± 0.50 standard deviations from the mean), or “high” rigor (more than 0.50 standard deviations above the mean). Studies with a low methodological rigor score (on a scale of -1 to 2) had grand means ranging from -0.54 to 0.40 and generally had “very poor” or “poor” average composite scores on two out of the three aspects of rigor; studies with moderate rigor score had grand means ranging from 0.45 to 0.94 and “marginal” average composite scores on two aspects of rigor; and studies with high rigor scores had grand means ranging from 0.96 to 1.96 and “good” average composite scores on one of the three aspects of rigor.

Analysis Strategy

The goals of the analysis strategy were to describe the landscape of studies that addressed the synthesis research question, determine if there was an association between the nature or amount of inquiry science instruction and student learning outcomes, and determine if methodological rigor had a moderating effect on studies’ findings.

Initial analyses included descriptive statistics, such as frequencies, means, standard deviations, and cross-tabulations, to understand the types of students studied, the types of findings the studies generated, and

the methodological rigor with which these studies were conducted. Then, the relationship between the inquiry instruction and student outcomes was explored. The *dependent variable* (learning outcome category) was constructed as a categorical variable as follows: negative, no, mixed (some students showed improvement to instruction and some did not), or positive impact on student learning as determined by the original author's analyses. The *independent variables* of interest were:

- the emphasis on inquiry science instruction reflected as standardized inquiry saturation scores (ordinal variables),
- the distribution of inquiry emphasis in the instruction across the three inquiry domain elements (student responsibility for learning, student motivation, student active thinking) expressed in standardized z-scores,
- the distribution of inquiry emphasis across the five components of instruction (questioning, design, data collection, conclusion, communication) expressed in standardized z-scores, and
- the standardized rigor categories (ordinal variable) for each research study.

The general analysis strategy was one of increasing precision with which the relationship between the inquiry science instruction in these studies and the learning impacts that students exhibited was investigated. First, we present a description of the landscape of the 138 studies with regard to the instruction and research methodology. Second, we describe the impact of instruction on the global learning outcome category—"student content learning and retention." For this analysis, the relationship between the dependent and independent variables of interest were examined *across studies* using chi square tests. Lastly, we continue to explore the impact of instruction within the most common finding type—student understanding of science concepts. One hundred four studies had this type of finding. In this set of studies, we used multinomial logistic regression to test the degree to which any of the independent variables has the power to predict the likelihood of positive student learning outcomes. However, because of the constraints on the cell size for this type of analysis, the three studies with "negative impact" were not included in these models therefore the $n = 101$. These studies were deleted from the analysis because logistic regression uses maximum likelihood estimation to derive parameters (Garson, 2008). Therefore, the reliability of the estimates decline when there are few cases for each category of the independent variables. In small samples, high standard errors are likely and very high parameter estimates may signal inadequate sample size, which was the case when all four outcome categories were included initially in the model. Therefore, the dependent outcome was reduced for the final models to three categories: positive, mixed, and no response to instruction.

We then turn to examining impact *within studies* of similar research design—experimental or quasi-experimental comparison group designs with quantitative assessments of student understanding of science concepts. Within this set of 42 studies, we describe the general types of instructional interventions that produced student-learning gains. This analysis utilized a combination of qualitative data from the coding on the nature of the treatment of interest and the comparison treatment within each study, and the quantitative data on student learning outcomes associated with each treatment. A qualitative-data-matrix approach was used to determine emergent patterns in the nature of the instruction and to categorize the student learning outcomes that the authors found into five categories: (1) Students in the treatment with higher amounts of inquiry saturation did statistically significantly better than those in treatments with lower amounts of inquiry; (2) the two (or more) treatments in the study had the same inquiry saturation, and all groups did statistically significantly better on the post-test than the pre-test; (3) findings were inconclusive regarding the effect of inquiry saturation on student learning; (4) there was no statistically significant difference found in student conceptual learning even when there was one treatment with more inquiry saturation than the other treatments in the study; and (5) the treatment with higher inquiry saturation did statistically worse than the treatment with lower inquiry saturation. A chi square analysis of the qualitatively generated data matrix concludes the results section.

Results

Describing the Landscape of Studies in the Sample

Educational Context. The 138 studies in this synthesis were primarily conducted in the United States (105, 76%). Though we included studies that were conducted outside of the United States (as long as they

were reported in English), we did not intentionally search international journals or solicit work from non-U.S. professional networks, which could explain the low representation of international studies in this data set. Table 2 provides the frequencies of studies by various demographic and educational indicators. As much information as possible was collected about the amount of instruction to which the students were exposed—the number of sessions of instruction; the total amount in minutes of instruction; and the number of days, weeks, months, or years that the instruction covered. If the appropriate information was provided, the number of minutes of instruction was calculated using stated conversions. However, there were still 26 (19%) studies that did not report any kind of dosage information about the treatment of interest or any comparison treatments. For 49 (36%) of the studies, the number of minutes of inquiry science instruction under study could be calculated and the range was from 17 to 6,480 minutes with a mode of 480 minutes. Using a standard conversion of 40 minutes per class period, this equals a mode of 12 class periods for each treatment of interest. Twenty-eight (20%) of the studies only reported the number of weeks of instruction in the study, resulting in a mode of 10 weeks, and 16 (12%) studies reported number of sessions or classes with a mode of one session in the treatment of interest.

In this collection of studies, the researched instruction can be characterized as predominantly taking place in typical K–12 classroom settings with a regular classroom teacher, about whom little is known in terms of training and pedagogical practices prior to the research reported in the reviewed studies. The overall amount of instruction delivered in these interventions varied widely.

Research Context. Though information about the educational context was spotty, the research context was somewhat more elucidating. Table 3 provides the frequencies of studies by a number of methodological descriptors. The two prominent design types were experimental or quasi-experimental pre-post designs generating quantitative data ($n = 43$, 31%) and non-experimental studies in which qualitative data were collected over multiple data points for multiple subjects ($n = 50$, 36%). Slightly more than half of all the studies in this synthesis had one treatment group, while almost 30% had two treatment groups. The most frequent sample size for quasi-experimental studies was 151–250 students, for experimental studies

Table 2
Frequencies of studies by educational descriptors

Educational Descriptors for Sample of Studies	Number of Studies ($n = 138$)	%
Community context		
Urban	50	36
Suburban	28	20
Rural	13	9
Multiple settings	8	6
Not reported	39	28
Educational setting		
Science classrooms	52	38
Regular classrooms ^a	48	35
Artificial research setting	18	13
Informal education setting	6	4
Not reported	14	10
Instructional provider		
Regular classroom teacher	82	59
Researcher	23	17
Other type of provider ^b	30	22
Not reported	3	2
Provider's experience		
Over 3 years	22	16
Few than 3 years	25	18
Multiple providers with mix of experience	3	2
Not applicable	17	12
Not reported	71	51

^aNot having designated science equipment, usually elementary grades.

^bComputer, textbook, informal science instructor, graduate student.

Table 3
Frequencies of studies by methodological descriptors

Methodological Descriptors for Sample of Studies	Number of Studies ($n = 138$)	%
Year of publication		
1984–1988	11	8
1989–1993	35	25
1994–1998	49	36
1999–2002	43	31
Design		
Non-experimental	73	53
Quasi-experimental	35	25
Experimental	30	22
Predominant methodology		
Quantitative	62	45
Qualitative	61	44
Mixed	15	11
Data sources		
Criterion-referenced test	81	59
Interview protocols	46	33
Student work	37	27
Transcripts of classroom discourse	24	17
Unstructured observation and field notes	24	17
Video observations and notes	16	12
Teacher notes	9	7
Interview transcripts	8	6
Observation protocol	7	5
Survey	6	4
Other	10	7
Norm-referenced test	1	—

51–100 students, and for non-experimental studies 11–30 students. There were 13 studies where sample size was not reported.

Information on the data sources used in the studies indicates that 51% ($n = 71$) of the 138 studies relied on only one data source. Criterion-referenced tests were the most frequently used data source in experimental and quasi-experimental studies, and interview protocols were the most commonly used data source in non-experimental studies. The most common statistical test used to generate the quantitative findings included in the synthesis was the F -test generated from analysis of variance procedures in the experimental and quasi-experimental designs and the t -tests for non-experimental designs. The distribution of statistics by rigor category shows another interesting pattern. Studies in the low rigor category most commonly used t -tests; in the moderate category, F -tests; and in the high rigor category, modeling coefficients associated with complex analytic techniques such as MANOVA.

The majority of studies in the sample were done by researchers ($n = 106$, 77%). However, within education research, there is particular interest in teachers doing research on their classes. There were 17 (12%) studies in which research was conducted primarily by teachers. These kinds of studies are interesting because the research produced by classroom teachers generally offers vivid descriptions of students and instruction. However, in this sample, they were found to be fairly weak methodologically. Eighty-eight percent ($n = 15$) of these 17 teacher-conducted studies were in the low rigor category compared with 23% ($n = 24$) of the 106 researcher-conducted studies ($\chi^2(8, N = 138) = 37.93, p < 0.001$). This body of practitioner research offers great promise; however, the systematic nature of the data collection and analysis could be improved.

Overall in this synthesis, the two prominent types of studies represented were those conducted by researchers during the years 1994–2002 and that had either experimental or quasi-experimental pre-post designs with two treatment groups generating quantitative data, or non-experimental designs where

Table 4
Frequencies (%) of studies by rigor quality categories (grand mean)

	Very Poor	Poor	Marginal	Good
Descriptive clarity average	0	32 (23 ^a)	84 (61)	22 (16)
Data quality average	20 (14)	46 (33)	62 (45)	10 (7)
Analytic integrity average	9 (7)	32 (23)	71 (51)	26 (19)
Rigor grand mean	2 (1)	43 (31)	85 (62)	8 (6)

^aPercent of row total (138 studies).

qualitative data were collected over multiple data points for multiple subjects. In looking more closely at specific aspects of methodological rigor, some interesting trends in how these studies were conducted begin to emerge from an analysis of the composite scores for descriptive clarity, data quality, analytic integrity, and the rigor grand mean. Most studies in the synthesis were coded as having marginal methodological rigor due to weaknesses in descriptive clarity, data quality, and/or analytic integrity (see Table 4).

Additional chi square analyses indicate that there were significantly fewer experimental and quasi-experimental design studies than expected by chance with very poor methodological rigor (χ^2 (6, $N = 138$) = 11.2, $p = 0.08$) (see Table 5). Experimental studies did better than expected by chance in addressing descriptive clarity (χ^2 (4, $N = 138$) = 10.5, $p = 0.03$) and analytic integrity (χ^2 (6, $N = 138$) = 14.4, $p = 0.03$). Proportionally speaking, a far greater percentage of experimental studies (86%) in the synthesis had methods with marginal or good rigor compared with the quasi-experimental (69%) or non-experimental studies (59%).

Exploration of the individual items that contributed to the rigor composite scores indicates the areas of the methodology that were particularly weak in this sample of studies. In regards to descriptive clarity, the aspects of the studies that were most poorly described include the sample characteristics, comparison treatments, and sampling strategy used to obtain the sample under study—with 71% of the studies providing no or poor information about the strategy. The data quality for most studies were undermined by a lack of information or inappropriate handling of issues, such as attrition, treatment contamination due to having the same instructor provide all the instructional treatments in comparative design studies, and poor instrument quality.

The psychometric properties of the instruments and data sources used were sparsely reported. Most studies (56%) did not report if the instruments used were newly developed or existing. Of those that did report this information, 20% used new instruments but did not pilot test them, 13% developed new instruments and pilot tested them, and only 11% (16 studies) used established instruments. Sixty-two percent of the studies ($n = 71$) did not report whether or not the researchers determined the reliability of the instruments they were using for the sample being studied. Only 26% of the 119 applicable studies demonstrated any kind of measurement validity, and it was exclusively content validity.

Regarding analytic integrity, the majority of the studies in the synthesis had information that demonstrated the appropriate and systematic analysis of quantitative data, addressed existing internal validity threats so that the study's findings were not fatally compromised (within the limits of the specific research design), reported and accounted for the value of statistically non-significant results in their interpretation of study findings, and provided clear evidence of systematic analysis of qualitative data. Addressing or reporting on missing data were an issue in 80% of quantitative studies, and the lack of clear identification of data as exemplars or unique exceptions to the findings was an issue for a number of qualitative studies.

Table 5
Frequencies (%) of studies by rigor quality categories (grand mean) and design type

	Very Poor	Poor	Marginal	Good
Experimental	0	4 (13)	22 (73)	4 (13)
Quasi-experimental	0	11 (31)	22 (63)	2 (6)
Non-experimental	2 (3)	28 (38)	41 (56)	2 (3)

Table 6
Linear regressions of date of publication (independent variable) onto rigor scores

Rigor Scores	R^2	Unstandardized Beta	F	t	p -Value
Rigor grand mean	0.066	-0.031	9.662	-3.108	0.002
Descriptive clarity composite	0.018	-0.016	2.433	-1.560	0.121
Data quality composite	0.079	-0.045	11.651	-3.413	0.001
Analytic integrity composite	0.030	-0.031	4.143	-2.035	0.041

Note: $n = 138$.

The historical trends in the rigor over this 18-year time span of the synthesis studies indicate a small but statistically significant trend toward a *decrease* in the methodological rigor with which the studies were conducted, particularly in the data quality items assessed (see Table 6). There was however no statistically significant association between overall rigor, data quality, or analytic integrity by publication status (published vs. unpublished). There was a significant decrease in descriptive clarity for those studies that were published, most likely due to limitations on space imposed by publishers (see Table 7). With this backdrop established, it is time to turn to the findings related to impact on student learning.

Inquiry Science Instructional Impact

The first analyses were conducted to determine if there was an impact on student science content learning and retention as a result of experiencing some level of inquiry science instruction. These analyses combined all study designs, levels of methodological rigor and inquiry saturation, and finding type, that is, understanding of science concepts, retention of facts/vocabulary, etc., to look at impact most broadly defined. A note on the terminology used is warranted here. “Student *content* learning and retention” refers to the combined effect across specific finding types, whereas “understanding science *concepts*” is a specific finding type that was analyzed in isolation in the next section.

Impact of Inquiry Instruction on Student Content Learning and Retention in General. We found that the majority of the studies in the synthesis ($n = 71$, 51%) showed positive impacts of some level of inquiry science instruction on student content learning and retention. Forty-five (33%) studies showed mixed impact of inquiry instruction, 19 (14%) showed no impact, and 3 (2%) showed negative impact (2%) (see Table 8). Because Table 8 combines experimental, quasi-experimental, and non-experimental designs; and qualitative, quantitative, and mixed methods, the designation “positive outcome” means something different to clusters of studies within design types. However, they share the common, broad assessment that students in these studies who received inquiry science instruction had outcomes that were improved either compared with their understanding prior to instruction or compared with the outcomes of students who received different instruction that had a lower saturation of inquiry. Studies in the low methodological rigor category more frequently found positive impact than was the case in the moderate or high rigor categories, though not statistically more than would be expected by chance ($\chi^2(6, N = 138) = 9.09, p = 0.17$).

Recall that in addition to having the main synthesis data set, separate data sets were constructed so that independent analyses could be completed for each finding type: student understanding of science concepts,

Table 7
Linear regressions of publication status (independent variable) onto rigor scores

Rigor Scores	R^2	Unstandardized Beta	F	t	p -Value
Rigor grand mean	0.021	-0.182	2.950	-1.718	0.09
Descriptive clarity composite	0.041	-0.261	5.886	-2.426	0.02
Data quality composite	0.001	-0.001	0.000	-0.008	0.99
Analytic integrity composite	0.023	-0.283	3.146	-1.774	0.08

Note: $n = 138$.

Table 8

Frequency and percent of studies distributed across global learning outcome category by science content area, grade level, and methodological rigor

	Positive Impact (Row %)	Mixed Impact	No Impact	Negative Impact	Total
Science content area					
Physical	42 (51)	32 (39)	7 (8)	2 (2)	83
Life	18 (51)	9 (26)	7 (20)	1 (3)	35
Earth/space	7 (44)	4 (25)	5 (31)	—	16
Physical and life	3 (100)	—	—	—	3
Physical and life and earth/space	1 (100)	—	—	—	1
Grade level					
Elementary	23 (56)	16 (39)	2 (5)	—	41
Middle	22 (46)	15 (31)	10 (21)	1 (2)	48
High	26 (53)	14 (29)	7 (14)	2 (4)	49
Methodological rigor					
Low rigor	27 (66)	8 (20)	4 (10)	2 (5)	41
Moderate rigor	22 (44)	19 (38)	9 (18)	—	50
High rigor	22 (47)	18 (38)	6 (13)	1 (2)	47
Total	71	45	19	3	138
Percent of outcomes	51	33	14	2	

facts, principles or theories; and student retention of their understanding of science concepts, facts, principles or theories. Though 138 studies were included in the synthesis, when these studies were divided into subsets by finding type, the numbers of studies in each became rather small (see Table 9). However, for each finding type, the majority of studies in that subset indicated a positive impact on learning associated with inquiry science instruction. Since the number of studies is fairly small for each of these subsets, further exploration was only warranted for the studies within the largest of these subsets—studies that had findings about the impact of inquiry science instruction on student understanding of science concepts ($n = 104$).

Impact of Inquiry Instruction Specifically on Student Understanding of Science Concepts. The initial analyses included testing multinomial logistic regression models to determine whether the amount of inquiry (inquiry emphasis) was a predictor of the likelihood of students' achieving a particular response to instruction determined by the authors' research. The dependent variable for these models was the type of effect on learning: positive response to instruction, mixed response, or no response. To meet the data specifications of the regression models (i.e., no cells with "0" frequencies), the three studies with "negative impact" were not included in these models; therefore, the number of studies was 101. *Model A* tested whether the amount of inquiry (inquiry saturation) was a predictor of the likelihood of students' achieving a particular response to instruction. *Model B* tested whether emphasis on any of the elements of inquiry (i.e., active thinking, responsibility for learning, motivation) predicted the likelihood of students' achieving a particular response

Table 9

Frequency and percent of studies by impact on student learning for each finding type

Finding Type	Positive Impact (Row %)	Mixed Impact	No Impact	Negative Impact	Total Number of Studies
Understanding science concepts	54 (52)	34 (33)	13 (13)	3 (3)	104
Understanding science facts	18 (64)	3 (11)	7 (25)	0	28
Understanding science principles and theories	11 (58)	7 (37)	1 (5)	0	19
Retaining science concepts	5 (46)	2 (18)	4 (36)	0	11
Retaining science facts	6 (67)	0	3 (33)	0	9
Retaining science principles and theories	2 (67)	1 (33)	0	0	3

Table 10
 Summary of model fit information from multinomial logistic regression

Model	-2LL (Intercept Only)	-2LL (Intercept + Variables)	df	χ^2	Probability
A	56.319	50.116	8	6.203	0.625
B	122.465	103.826	14	18.639	0.179
C	158.706	135.926	20	22.780	0.300
B ₁	30.291	19.946	4	10.345	0.035
C ₁	28.015	20.116	4	7.899	0.095

Note: $N = 101$.

to instruction. *Model C* tested whether emphasis on any of the components of instruction (i.e., questioning, designing, data, conclusion, communication) predicted the likelihood of students' achieving a particular response to instruction. Methodological rigor was also included in each model. For the independent variables in the models, the standardized z -scores of the variable were converted into categorical variables with the following options: more than half a standard deviation below the mean, within half a standard deviation of the mean, or more than half a standard deviation above the mean.

The findings indicate that the *a priori* models tested did not significantly predict students' response to instruction any better than could be done by chance (see Table 10). This means that when treatments with the most inquiry saturation in these 101 studies were compared across studies, there was no greater likelihood than would be expected by chance that treatments with higher saturation of inquiry would produce positive student learning of science concepts as was hypothesized (Model A). Additionally, when the total inquiry saturation was deconstructed into the elements of inquiry (Model B) or into the components of instruction (Model C), these models did not effectively discriminate among studies. However, in further examination of the likelihood ratio tests for Model B's and Model C's independent variables, it was found that for Model B, instruction that emphasized "active thinking" was a significant predictor [$-2LL = 116.977$; $\chi^2(4, N = 101) = 13.15, p = 0.011$], and for Model C, instruction that emphasized "drawing and thinking about conclusions from data" was a marginally significant predictor [$-2LL = 144.586$; $\chi^2(4, N = 101) = 8.66, p = 0.070$]. Therefore, *post hoc*, parsimonious models were run with these two independent variables represented as Models B₁ and C₁ in Table 10.

Model B₁ indicates that active thinking was a significant predictor of student outcomes [$-2LL = 19.946$; $\chi^2(4, N = 101) = 10.345, p = 0.035$]. In examining the parameter estimates of this model, we see that in studies where instruction was found to *increase students' understanding of science concepts*, the odds that the amount of the active thinking in their instruction was relatively high is seven times the odds of it being relatively low ($\beta = 1.885, p = 0.092$) (see Table 11). In studies where the instruction was found to produce *mixed effects on students' understanding of science concepts*, the odds that the amount of the active thinking in their instruction was relatively high is 19 times the odds of it being relatively low ($\beta = 2.927, p = 0.012$). Additionally, the odds that the amount of the active thinking in their instruction was moderate is five times the odds of it being relatively low ($\beta = 1.540, p = 0.049$).

Table 11
 Summary of parameter estimates from multinomial logistic regression for model B₁

Effect on Student Understanding Science Concepts ^a	Level of Active Thinking ^b	β	Std. Error	df	Sig.	Exp(β)
Positive	High	1.885	1.120	1	0.092	6.588
	Moderate	0.995	0.691	1	0.150	2.706
Mixed	High	2.927	1.168	1	0.012	18.667
	Moderate	1.540	0.783	1	0.049	4.667

^a"No response" = reference group.

^b"Low" = reference group.

Table 12
 Summary of parameter estimates from multinomial logistic regression for model C_1

Effect on Student Understanding Science Concepts ^a	Level of Drawing Conclusions ^b	β	Std. Error	df	Sig.	Exp(β)
Positive	High	1.560	1.114	1	0.161	4.760
	Moderate	-0.397	0.683	1	0.560	0.672
Mixed	High	2.351	1.144	1	0.040	10.500
	Moderate	0.231	0.744	1	0.756	1.260

^a“No response” = reference group.

^b“Low” = reference group.

Model C_1 indicates that drawing and thinking about conclusions from data were still only a marginally significant predictor of student outcomes [$-2LL = 20.116$; $\chi^2(4, N = 101) = 7.899, p = 0.095$]. The parameter estimates indicate that only in studies that produced *mixed effects on students' understanding of science concepts*, the odds that emphasis on drawing and thinking about conclusions from data were relatively high, 11 times the odds of it being relatively low ($\beta = 2.351, p = 0.040$) (see Table 12).

The analyses thus far have focused on comparisons across studies of the treatments that have the highest amount of inquiry emphasis in the instruction for each study. However, within the subset of 104 studies, there were 42 studies that had multiple treatment groups within the same study. These studies provided an opportunity for investigating whether researchers found differences in student conceptual understanding (i.e., *student understanding of science concepts*) when instructional treatments were directly compared in a given research study. This set of studies also provided more nuanced information in the form of statistical significance tests conducted as part of the analysis by the original authors. For example, the student learning outcomes could be categorized as follows: (1) students in the treatment with higher amounts of inquiry saturation did statistically significantly better than those in treatments with lower amounts of inquiry; (2) the two (or more) treatments in the study had the same inquiry saturation, and all groups did statistically significantly better on the post-test than the pre-test; (3) findings were mixed regarding the effect of inquiry saturation on student learning; (4) there was no statistically significant difference found in student conceptual learning even when there was one treatment with more inquiry saturation than the other treatments in the study; and (5) the treatment with higher inquiry saturation did statistically worse than the treatment with lower inquiry saturation.

Within these 42 comparative studies, 34 (81%) were in the moderate or high methodological rigor standardized categories and 8 were in the low rigor category. There were 23 (55%) studies in which students in the treatment with higher amounts of inquiry saturation did statistically significantly better than those in treatments with lower amounts of inquiry saturation, and 4 (10%) studies where the 2 (or more) treatments in the study had the same inquiry saturation; all groups did statistically significantly better on the post-test than the pre-test. The remaining studies were distributed as follows: five (12%) of the studies had findings that were inconclusive regarding the effect of inquiry saturation on student learning; 9 (21%) studies had no statistically significant difference in student conceptual learning even when there was one treatment with more inquiry saturation than the other treatments in the study; and 1 (2%) study found that the treatment with higher inquiry saturation did statistically worse than the treatment with lower inquiry saturation.

Further exploration of the 34 moderate to high rigor category studies indicated that 19 (56%) demonstrated a statistically significant increase in student conceptual understanding for instruction with higher amounts of inquiry saturation compared with instruction with lower amounts of inquiry (see Table 13). Eight studies (23%) showed no statistically significant difference in student understanding of science concepts even when there was one treatment with more inquiry saturation than the other treatments in the study. The distribution of studies in Table 13 was significantly different than expected by chance ($\chi^2(12, N = 34) = 23.79, p = 0.022$). In looking at the independent variables across these 34 studies, some commonalities among the instructional interventions most closely aligned with aspects of the inquiry framework are worth noting.

Table 13

Frequency and percent of moderate to high methodological rigor studies by impact on student conceptual learning across different types of inquiry instruction

Instructional Independent Variable	Category A ^a (row %)	Category B ^b	Category C ^c	Category D ^d	Total Number of Studies
Active engagement with phenomena	5 (83)	0	0	1 (17)	6
Student responsibility for learning	6 (67)	0	0	3 (33)	9
Computer assisted instruction	4 (80)	0	1 (20)	0	5
Computer simulations in instruction	4 (50)	1 (12)	0	3 (38)	8
Use of text in instruction	0	2 (33)	3 (50)	1 (17)	6
Total	19 (56)	3 (9)	4 (12)	8 (23)	34

^aInstructional treatments with higher inquiry saturation produced significantly better student conceptual learning than treatments with lower inquiry saturation.

^bInstructional treatments with equal inquiry saturation both produced significant post-test improvement on learning.

^cFindings were mixed regarding the effect of inquiry saturation on student learning.

^dNo statistically significant difference found in student conceptual learning even when there was one treatment with more inquiry saturation than the other treatments in the study.

Effect of Active Engagement with Phenomena. Hands-on or active engagement with science phenomena is considered a key aspect of inquiry-based science instruction. Therefore, it is helpful to look at the six comparative studies in this synthesis that isolated this kind of practice and compared it with other types of instruction such as readings, worksheets, teacher demonstrations, video, as well as hands-on manipulation with and without instructional conversation (Bay, Staver, Bryan, & Hale, 1990, 1992; Butts, Hofman, & Anderson, 1993; Dalton, Morocco, Tivnan, & Mead, 1997; Ertepinar & Geban, 1996; Mastropieri et al., 1998; McDavitt, 1994). Five of the six studies showed a statistically significant improvement in student conceptual learning from instruction that had hands-on activities with more inquiry saturation when compared with treatments with less emphasis on inquiry-based practices. Dalton et al. (1997) directly compared two hands-on curricula to determine if it was the manipulation of materials or the conceptual change principles embedded in the curricula that made the difference in student learning of physics concepts. They found that the hands-on activities alone were not sufficient for conceptual change. Students also needed an opportunity to process for meaning through class discussion of the reasons behind what they observed in their independent design activities. The students with learning disabilities in this study demonstrated less conceptual growth than their peers when measured on a written assessment for conceptual understanding, but performed comparably to their low- and average-achievement peers on a diagram test, indicating the need to carefully consider the influence of testing modality on the determination of students' conceptual knowledge growth.

One study (Bay et al., 1990, 1992) in this subset found no significant difference between direct instruction (teacher demonstration and worksheets) and discovery instruction (active engagement with physical science phenomena and experimentation) on students' understanding of concepts related to controlling variables in experiments immediately following the instruction. However, in a 2-week follow-up assessment, the retention of concepts related to controlling variables in experiments was better for students who received the discovery teaching (higher inquiry saturation). Additionally, the learning-disabled students who received discovery teaching outperformed their learning-disabled peers who received direct instruction in the 2-week performance-based assessment of their ability to generalize their learning. Overall, there seems to be consistent evidence from this subset of studies that hands-on experience with science phenomena is important for student conceptual learning, especially when coupled with teacher-guided hypothesis testing and debate.

Effect of Level of Student Responsibility for Learning. Another key aspect of inquiry-based science instruction is the level of student- versus teacher-direction of the learning process. In our inquiry-based science conceptual framework (see Table 1), we termed this "student responsibility for learning," but the specific manifestation of how this has been studied was quite varied. There were nine studies with

comparative designs that looked at some contrasting aspects of student responsibility for learning. Of these, six studies found a statistically significant increase in student conceptual learning when there was more student responsibility in the instruction (and higher inquiry saturation) compared with instruction where there was more teacher-directed learning goals and activities (lower inquiry saturation) (Chang & Barufaldi, 1997, 1999; Chang & Mao, 1998; Lumpe & Staver, 1995; Marinopoulos & Stavridou, 2002; Smith, Maclin, Grosslight, & Davis, 1997). Two of these studies specifically demonstrated that collaborative work with peers increased conceptual learning compared with working independently (Lumpe & Staver, 1995; Marinopoulos & Stavridou, 2002). There were also three studies that did not find a statistically significant effect of increased student directedness in the instruction on conceptual learning (Dana, 2001; Myers, 1988; Sinclair, 1994; Yager, Myers, Blunck, & McComas, 1992). However, all of these studies noted issues with teacher effects, confounding the intervention treatments under investigation (i.e., poor implementation of the instructional conditions that could have contributed to the nature of the findings).

Research Limitations

The analytic approach that was undertaken in this synthesis was atypical—traditional effect sizes were not calculated, nor were analyses based exclusively on qualitative themes typical to meta-syntheses. The mixed-method approach was an explicit decision on the investigators' part, to allow for between-study concurrent analysis of the widest range of studies relevant to the research question being investigated. However, the inclusion of such a wide range of study types required the development of new mixed-method research tools to extract the data for the synthesis that necessarily focused on the independent variables relevant to answering the synthesis research question. This meant that our instruments were sometimes insensitive to capturing meaningful differences in the original research, such as treatment group differences on various permutations of real-time graphing or effects of varying the number of students in work groups. Efforts were made to point this out in the analysis of comparative studies, but the broad-based nature of this synthesis precludes drawing conclusions about specific types of interventions and teaching strategies.

Researchers interested in specific types of instructional interventions would need to do more tailored literature searches or syntheses. One such study was completed since this synthesis by Schroeder, Scott, Tolson, Huang, and Lee (2007). They investigated through traditional meta-analytic techniques the effect of different teaching methodologies on student achievement. Their results concur with what was found here, that inquiry strategies demonstrated a statistically significant positive influence when compared with the traditional teaching methods used in instruction of the control groups. They defined inquiry strategies as “Teachers use student-centered instruction that is less step-by-step and teacher-directed than traditional instruction; students answer scientific research questions by analyzing data (e.g., using guided or facilitated inquiry activities, laboratory inquiries)” (p. 1446). They noted that though they had eight teaching strategy categories; these categories were not discrete and often overlapped.

A second limitation relates to methodological rigor. Overall, 30% of the studies included in our synthesis were rated as having relatively low methodological rigor, 36% moderate rigor, and 34% high rigor relative to the overall distribution of average-rigor scores of the studies in this synthesis. The issues regarding methodological rigor of the studies in this synthesis could raise concerns about the trustworthiness of the findings that these studies generated; however, in the statistical models looking at the relationship between inquiry saturation and student outcomes, methodological rigor was not a significant predictor. Yet, to err on the side of caution, the qualitative analysis of findings of the comparative studies was constrained to those studies with moderate or high relative rigor.

Though this work focused on content learning—conceptual understanding in particular—there were many other dependent variables investigated in this sample of studies, for example, science process skills, understanding of the scientific process, science attitudes, participation in instruction, science career choices, and school attendance. Due to the inherent limitations of any grant, further analyses of these different types of findings were not possible within this current synthesis, but would greatly add to the collective understanding of the full effect of inquiry instruction on students.

Summary and Discussion

Fifty-one percent of the 138 studies in the synthesis showed positive impacts of some level of inquiry science instruction on student content learning and retention. In looking more specifically at the 101 studies of student science conceptual understanding, we found that there was no statistically significant association between amount of inquiry saturation and increased student science conceptual learning. However, subsequent model refinement indicated that the amount of active thinking, and emphasis on drawing conclusions from data, were in some instances significant predictors of the increased likelihood of student understanding of science content. In the 42 comparative studies, more than half found that students in treatments with higher amounts of inquiry saturation (especially hands-on engagement with science phenomena and emphasis on student responsibility for learning) did statistically significantly better than those in treatments with lower amounts of inquiry.

The evidence of effects of inquiry-based instruction from this synthesis is not overwhelmingly positive, but there is a clear and consistent trend indicating that instruction within the investigation cycle (i.e., generating questions, designing experiments, collecting data, drawing conclusion, and communicating findings), which has some emphasis on student active thinking or responsibility for learning, has been associated with improved student content learning, especially learning scientific concepts. This overall finding indicates that having students actively think about and participate in the investigation process increases their science conceptual learning. Additionally, hands-on experiences with scientific or natural phenomena also were found to be associated with increased conceptual learning. Both of these findings are consistent with what constructivist learning theories would predict—active construction of knowledge is necessary for understanding; in this case, the active construction takes place through the investigation cycle, and the knowledge is science concepts.

The implications of these findings are somewhat at odds with current educational policy, which encourages coverage of a large number of scientific concepts to be tested at various stages in a child's educational experience. Since the assessments used by states largely test knowledge or recall of discrete science facts, concepts, and theories, teachers are constrained by the need for wide topical coverage within an already crowded daily schedule. They often resort to using less demanding (both for them and students) teaching strategies, such as call-and-respond formative assessment, which focuses on factual level information, and verification labs rather than investigations that have some opportunities for student responsibility and decision-making integrated. Ironically, the findings from this synthesis indicate that teaching strategies that actively engage students in the learning process through scientific investigations are more likely to increase conceptual understanding than are strategies that rely on more passive techniques.

We did not find, however, that overall high levels of inquiry saturation in instruction were associated with more positive learning outcomes for students. The only learning associations we found with the amount of inquiry saturation were modest. However, future research may be able to further explore these associations both in terms of conceptual learning as well as other kinds of student outcomes that were not addressed in this synthesis.

Throughout the project, the research team was very conscious of the potential positive bias that we may bring to this study. Therefore, we relied heavily on developing coding protocols that drew from specific, auditable evidence from the studies, rather than relying on vague definitions and coding schemes that required a great deal of inference. This conceptual work was necessary in order to operationalize both the dependent and independent variables for this study, one of which was “inquiry-based instruction.” This term has come to mean many different things, and future research is needed in order to further operationalize this prevalent construct. One way in which this term should be further clarified is by distinguishing it from constructivist teaching practices, which can be applied across disciplinary boundaries, such as questioning strategies that encourage active student thinking and knowledge construction. In the current inquiry framework, we have embedded these practices within the investigation cycle, which is how we defined inquiry-based practice. However, further work should be done to determine when these practices occur outside the investigative context and how they compare to the student learning that takes place within the investigation context. This kind of work could significantly help practitioners with limited time and resources determine when to

increase the emphasis on active thinking or responsibility for learning (decision-making) in their science teaching.

In addition, to allow for comparability across studies of science education interventions, other key research tools are needed to quantify how much of these components of instruction are present. The Inquiry Science Instruction Conceptual Framework was one attempt to undertake this need for conducting syntheses. Additional instrument development has been undertaken at EDC to provide a tool to capture and quantify instruction in the classroom via the Inquiry Science Instruction Observation Protocol (ISIOP). This will allow for the collection of comparable data in the primary research conducted in schools, thus enabling easier cross-site and cross-study comparison of specific aspects of science instructional practices.

As is always the case with research, this synthesis raises more questions than it answers. However, it has articulated those questions more precisely and generated researchable hypotheses about the amount of inquiry saturation and its distribution that can now be tested. Moreover, it has challenged the qualitative and quantitative paradigms equally to consider what it means to do research of high quality that recognizes a commonly shared set of high standards and responsibilities. Lastly, this synthesis has initiated a process for enabling these two paradigms to inform each other so that together they can influence policy more productively by providing a knowledge base that has integrity by virtue of its rigor and diversity of perspectives.

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