

Presentation skills

Hands up



What people fear the most

1. Speaking in front of a crowd

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1. Speaking in front of a crowd
2. War and natural disasters
3. Illness
4. Spiders and other bugs
5. Snakes and other reptiles
6. Economic collapse
7. Death

Reflection in pairs

- What do you want to be better at?
- What do you want to learn today?

Get to know each other – Questions on note

- Partner up in pairs
- Greet each other
- Ask the question on the note
- Exchange notes and change partner

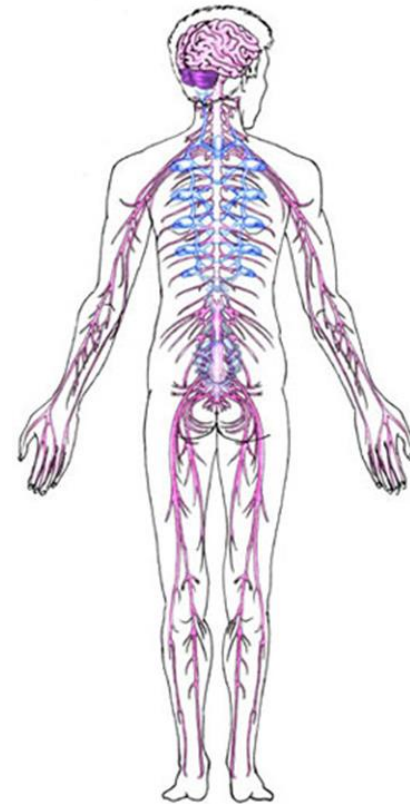
A good presenter

- Name a person you think is a good presenter (male or female)
- Name 3 things he or she does



Nervousness

- Rapid heartbeat
- Sweaty hands
- Dry mouth
- Trembling
- Dizziness
- Blushing



Everyone gets nervous

- Fear of ourselves
- Fear of others
- Fear of content



Be grounded

- Make a group circle (5-7 persons)

Presentation

- Group up
- My name
- What I study
- Where do I come from
- Something nice about my homeplace

What makes you comfortable
in the situation?

Structure

- Main message
 - What I'm going to tell you
 - I tell you
 - What I told you



Breathing



Voice



Presentation

- Opening – get the attention!
- Who am I?
- What I'm going to tell you
- Message: I tell you
- Closure: What I told you and thanks

- 5 minutes preparation

Presentation and feedback

- Group up and give your presentation
- Each person should get at least three positive feedbacks

- How was today?
- What do you want to bring with you?

Good luck!