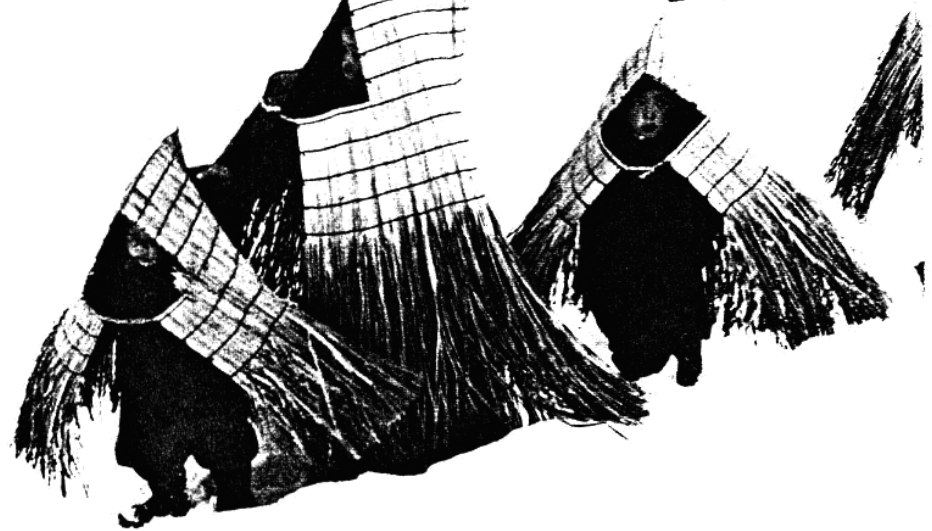


# Architecture and Energy: *Occupants and implications for design*

Koen Steemers  
The Martin Centre for  
Architectural & Urban Studies  
Department of Architecture  
University of Cambridge



# Contents:

History

Climate change

UK energy use

Housing

Offices

Case studies

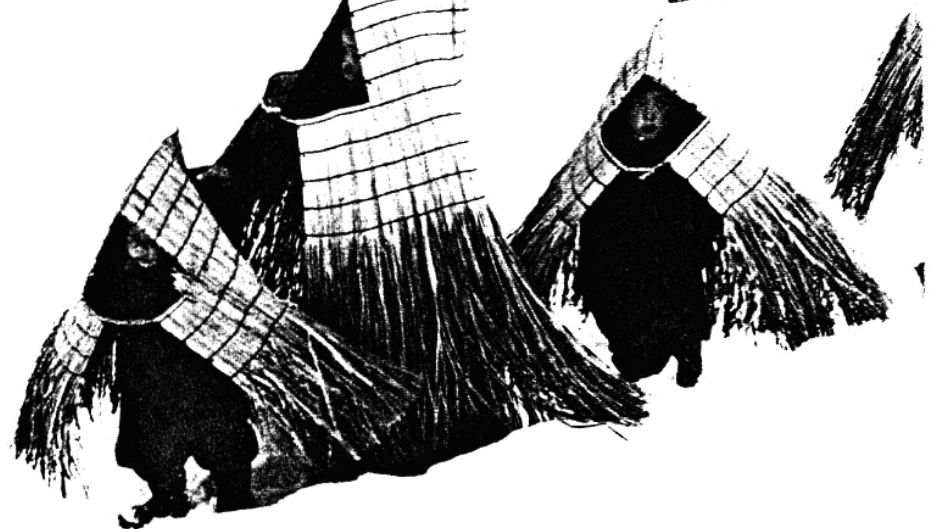
Conclusions

Koen Steemers

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Department of Architecture

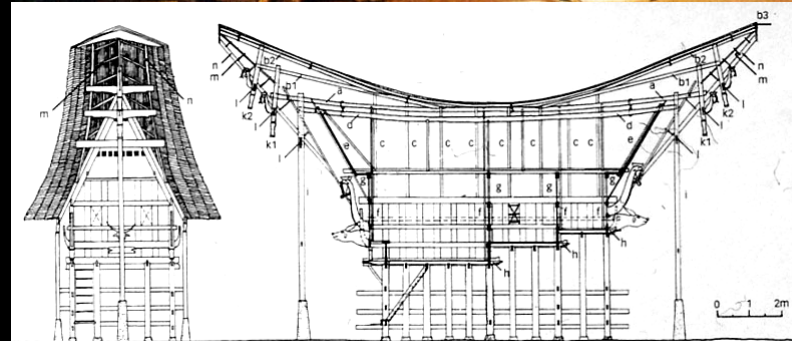
University of Cambridge



# History

The success of human adaptive ability is remarkable. If we include the human skill of the provision of shelter... then it has resulted in the human species occupying climatic extremes wider than almost any other species. This has been achieved by sustainable technologies using little or no fossil energy.

*Nick Baker, "We are all outdoor animals"*

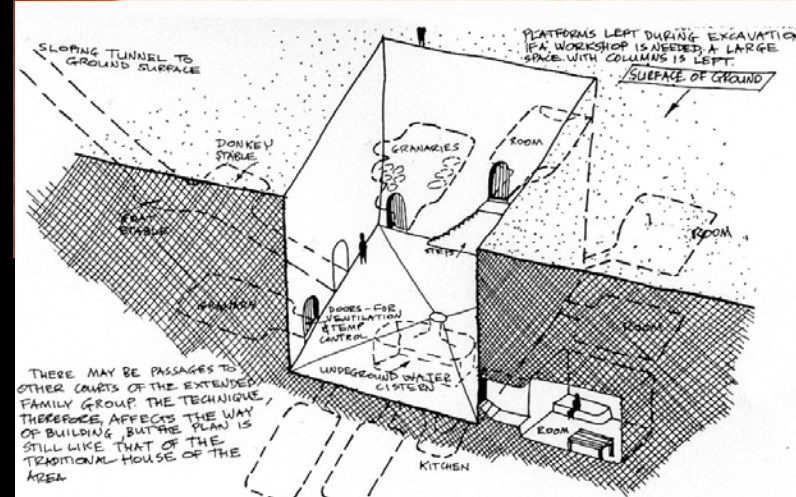




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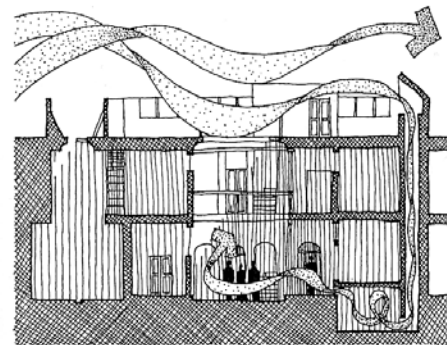




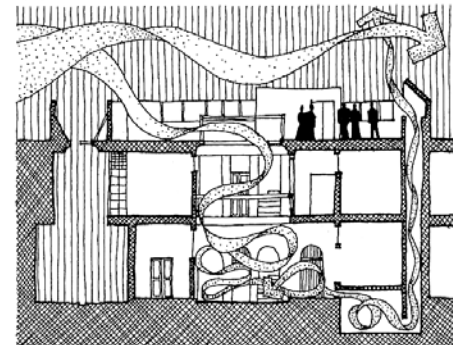
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Iraq House, Summer Day



Iraq House, Summer Night

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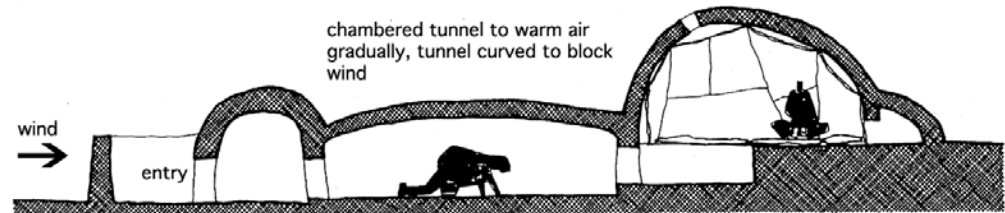
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*Nick Baker, "We are all outdoor animals"*



living floor raised to reduce draughts and benefit from warm air

skins hung from inner surface of ice blocks act as radiant screen, also create insulative air space

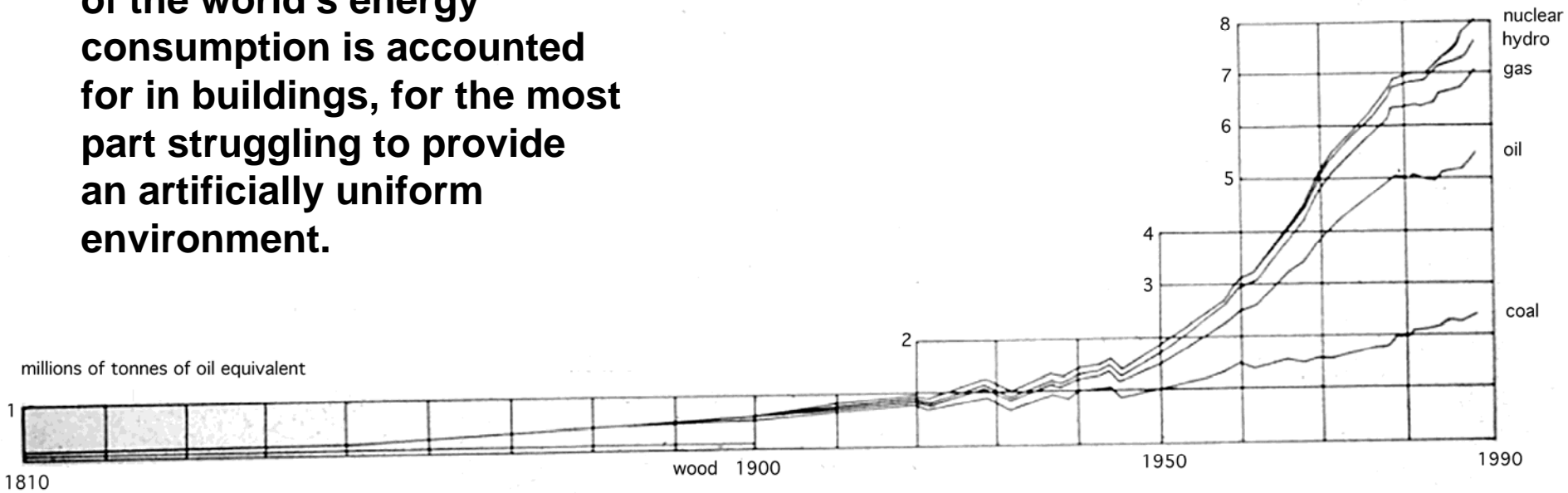


Inuit (Eskimo) Iqloo



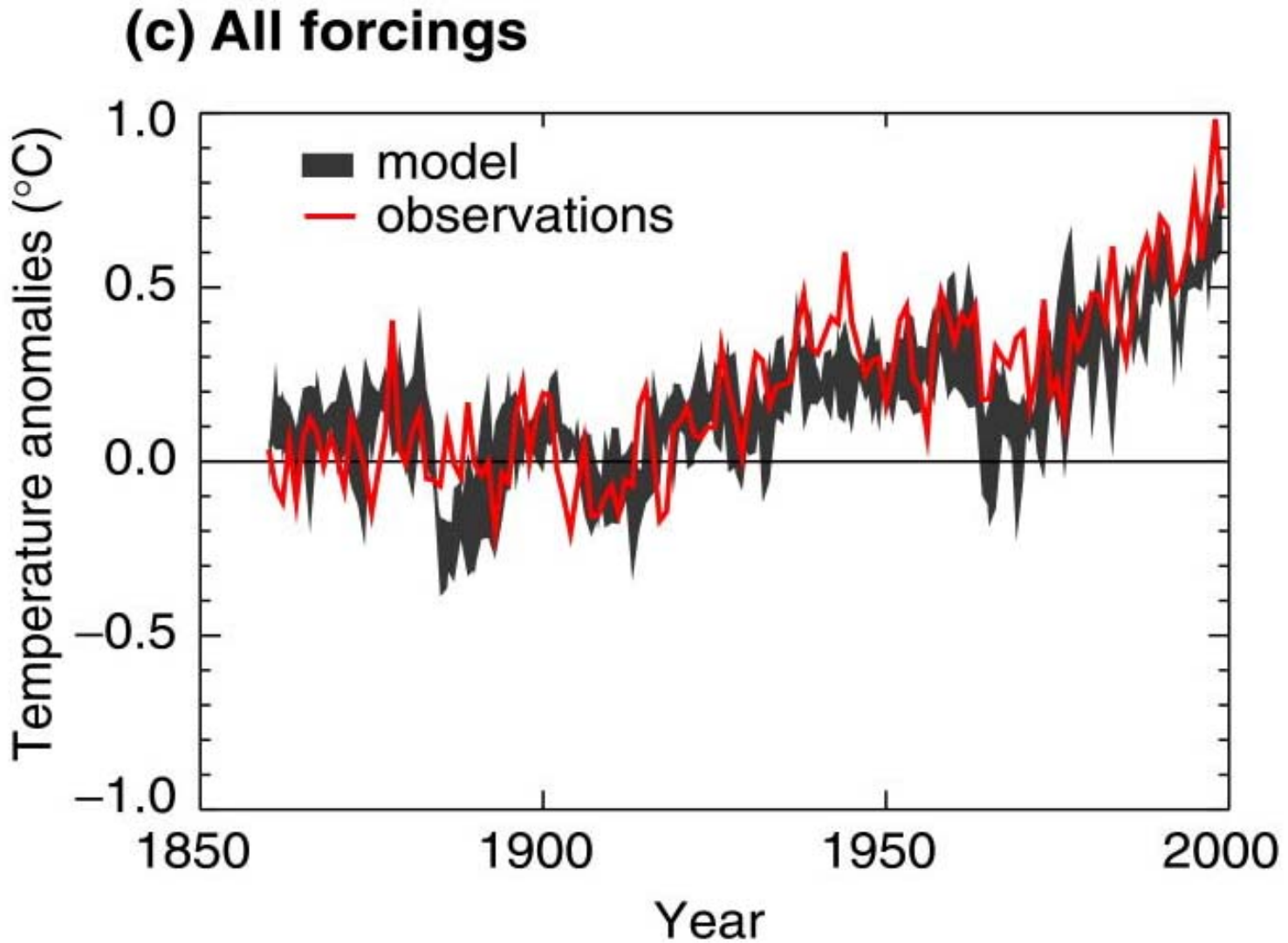
# History

**...This is in contrast with the present situation where 40% of the world's energy consumption is accounted for in buildings, for the most part struggling to provide an artificially uniform environment.**

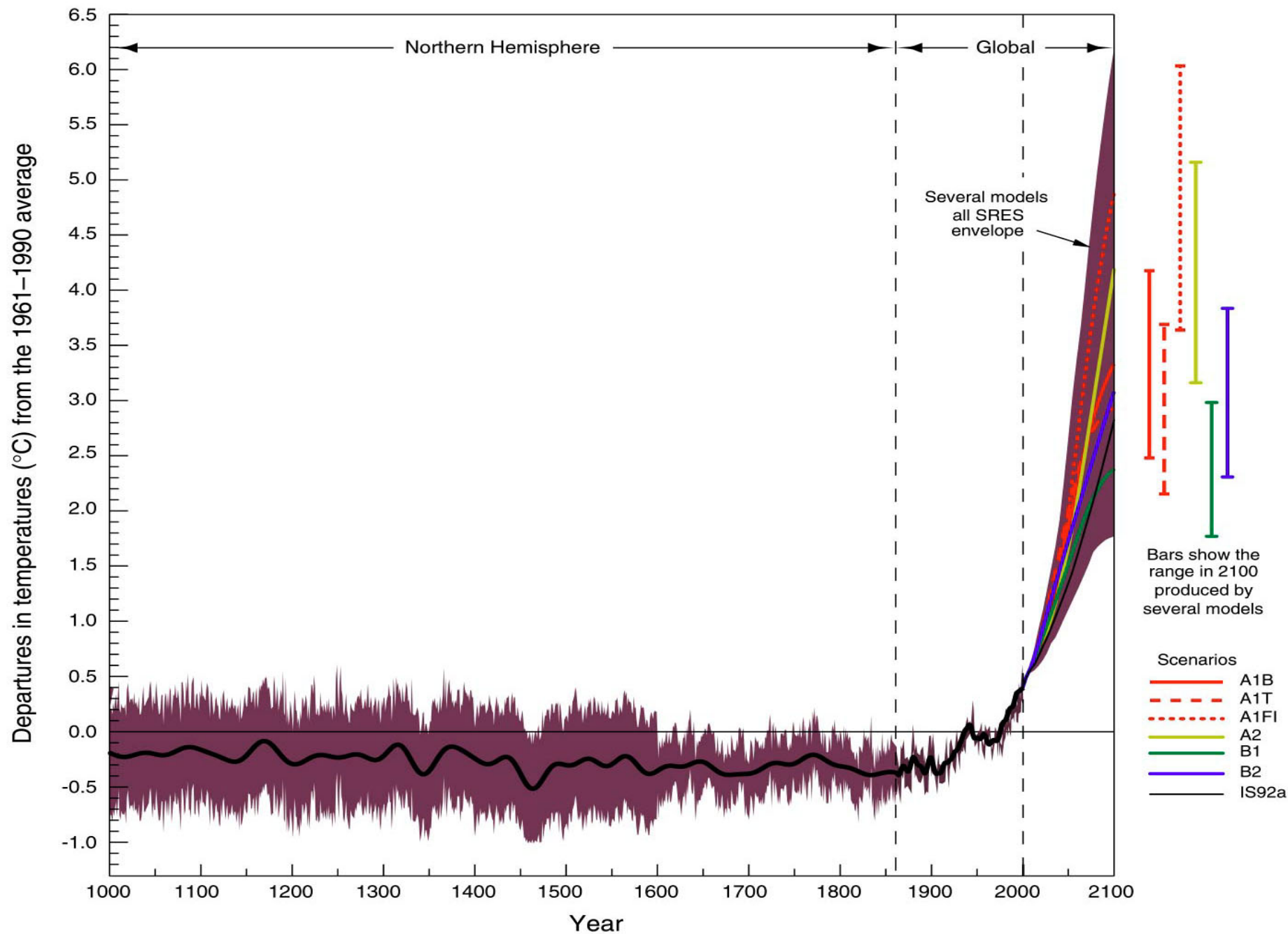


growth in world primary energy demand

# Climate Change

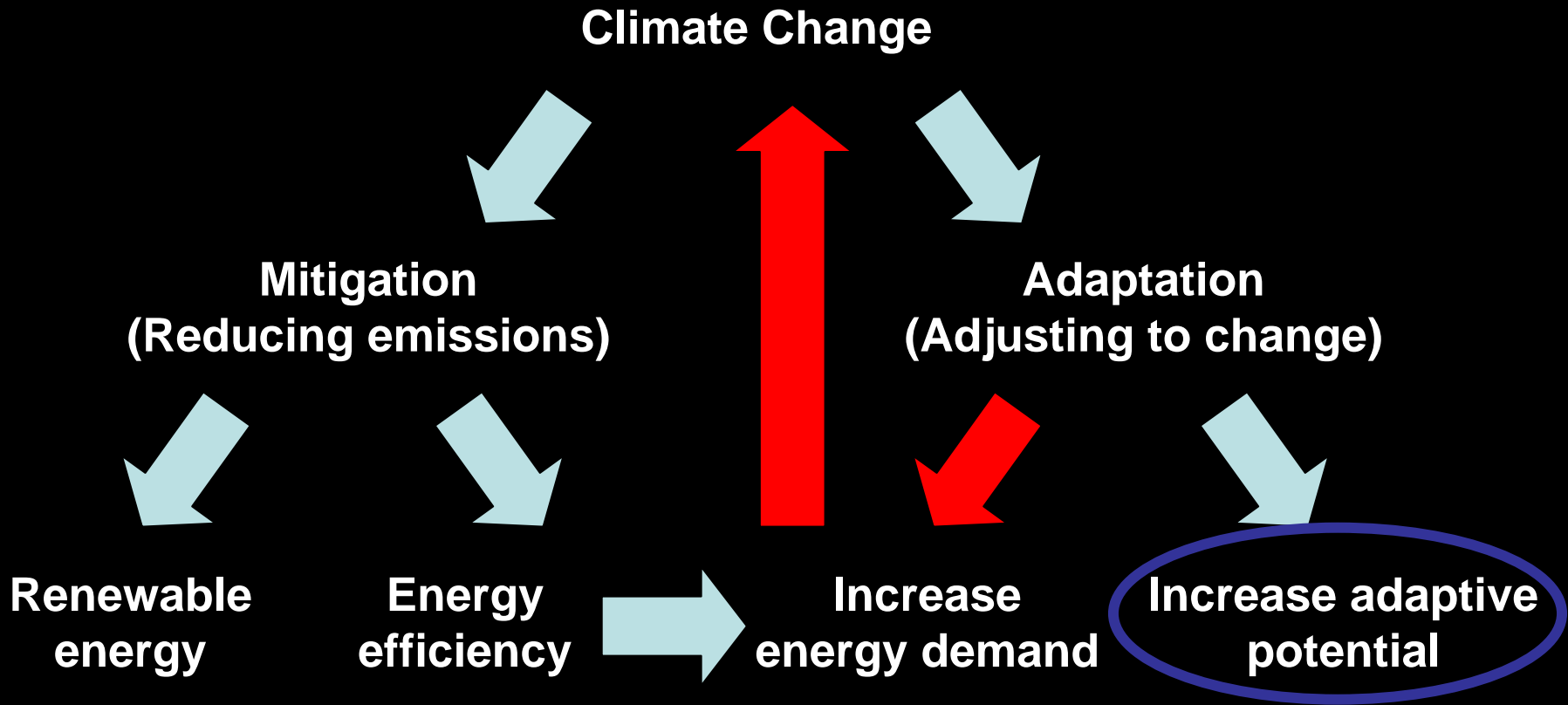


1000 to 1861, N.Hemisphere, proxy data; 1861 to 2000 Global, instrumental; 2000 to 2100, SRES projections

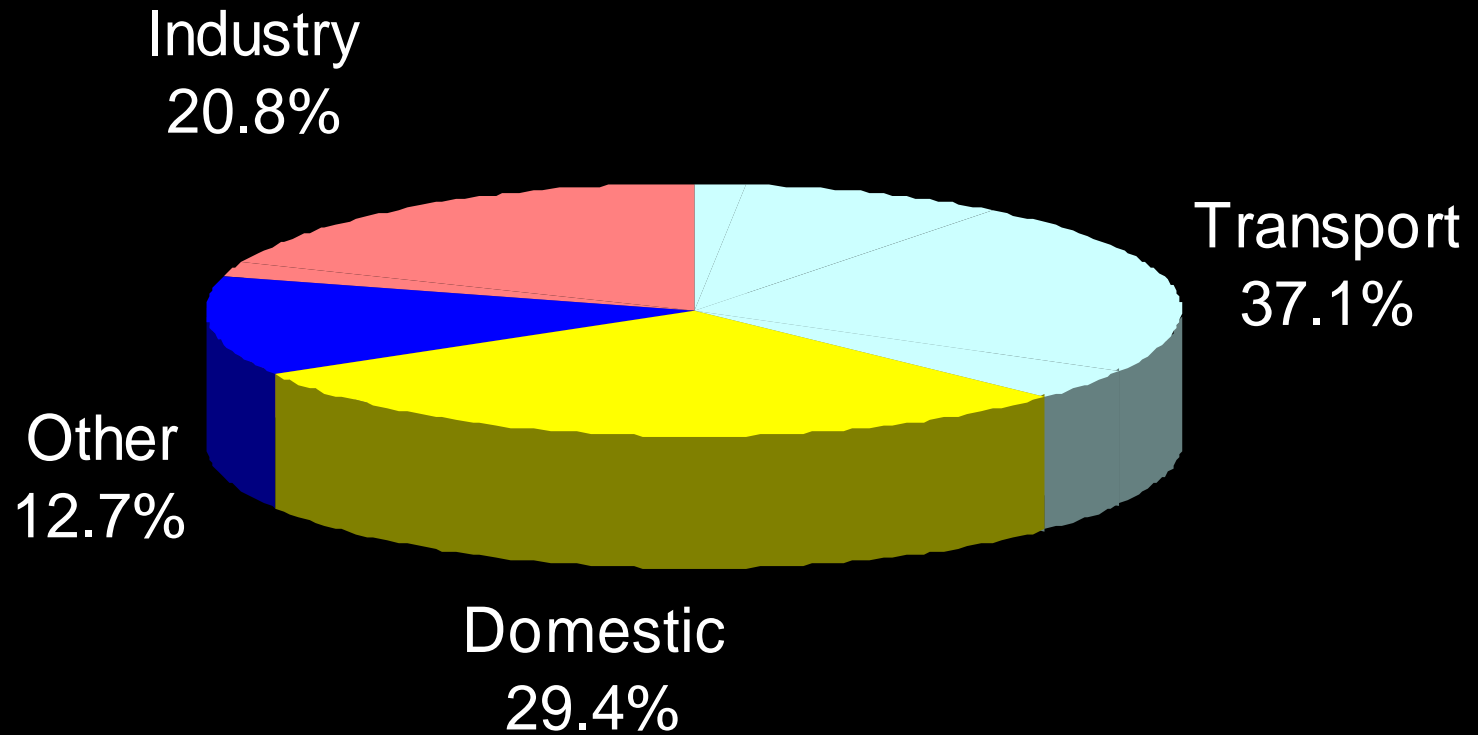




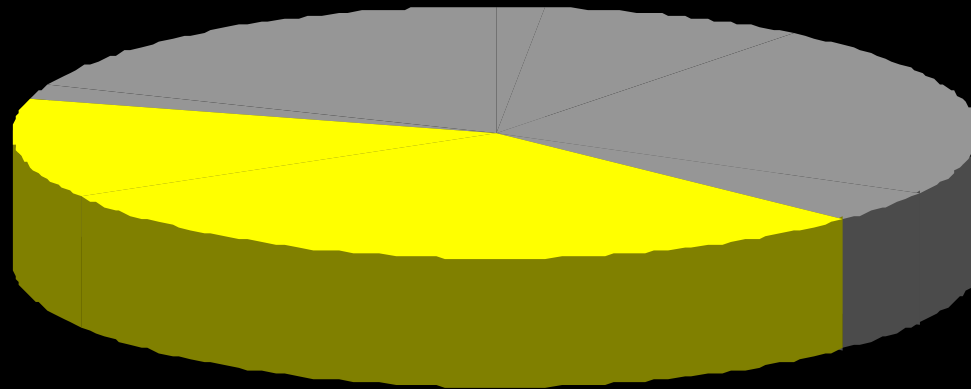
# The building design challenge:



# UK Energy Use



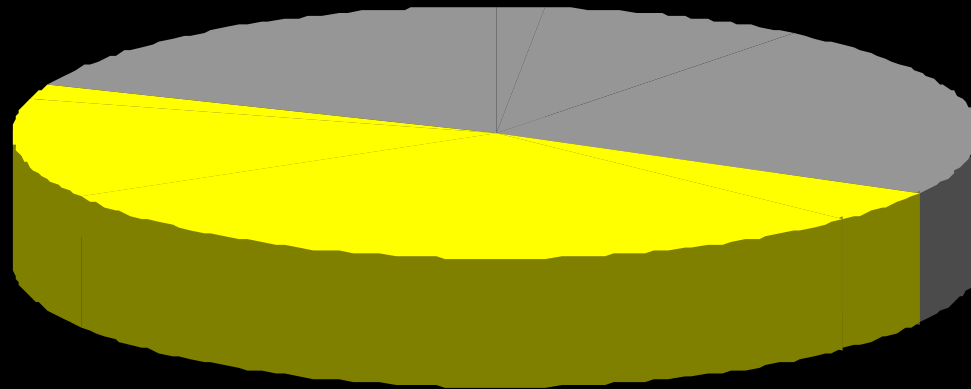
# UK Energy Use



Buildings  
42.3%



# CO<sub>2</sub> Emissions



Buildings  
47%

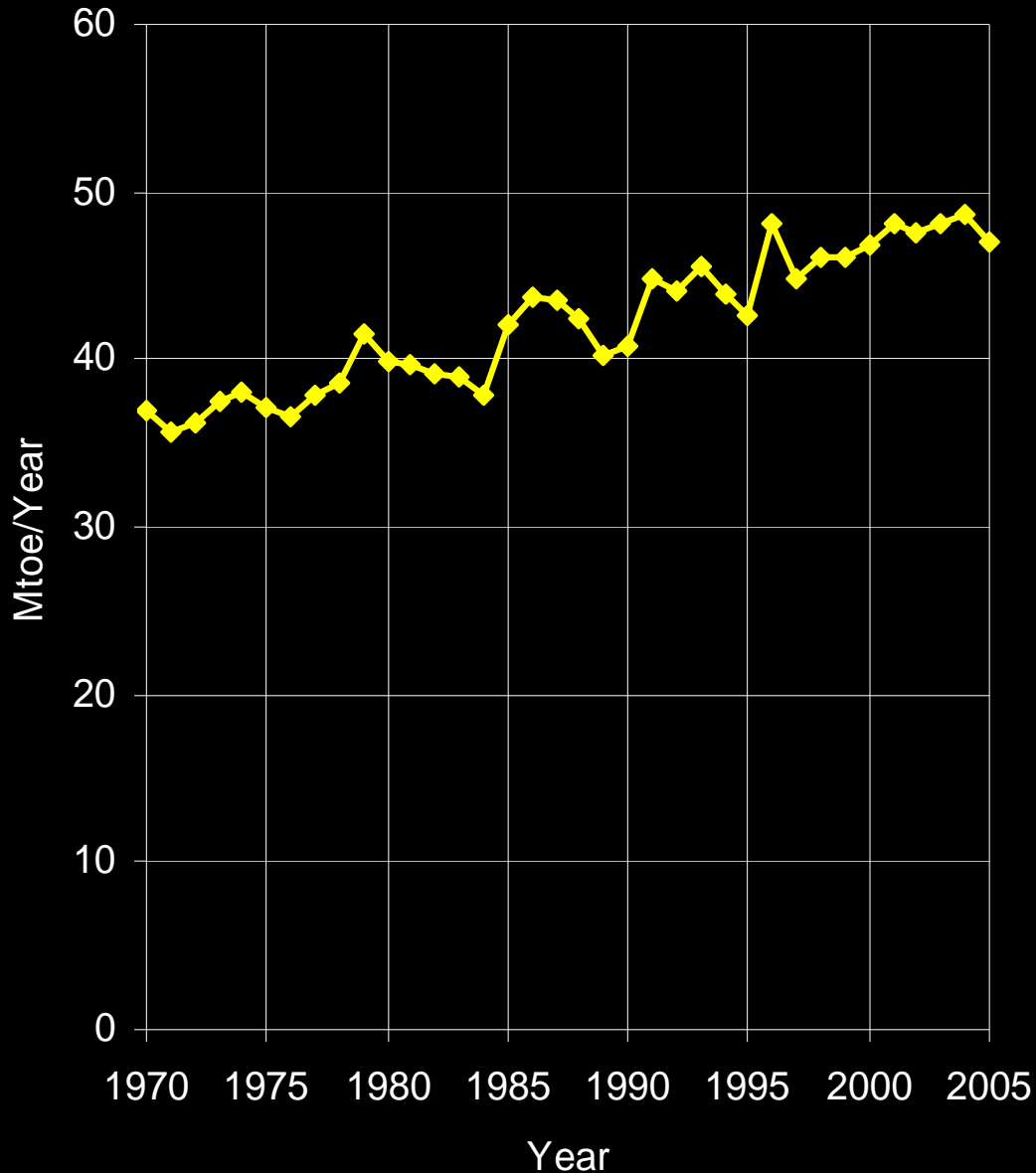
# Domestic buildings



House for the future, Cardiff  
(Jestico + Whiles) – appropriate  
sustainable materials within affordable  
contemporary design, using local materials



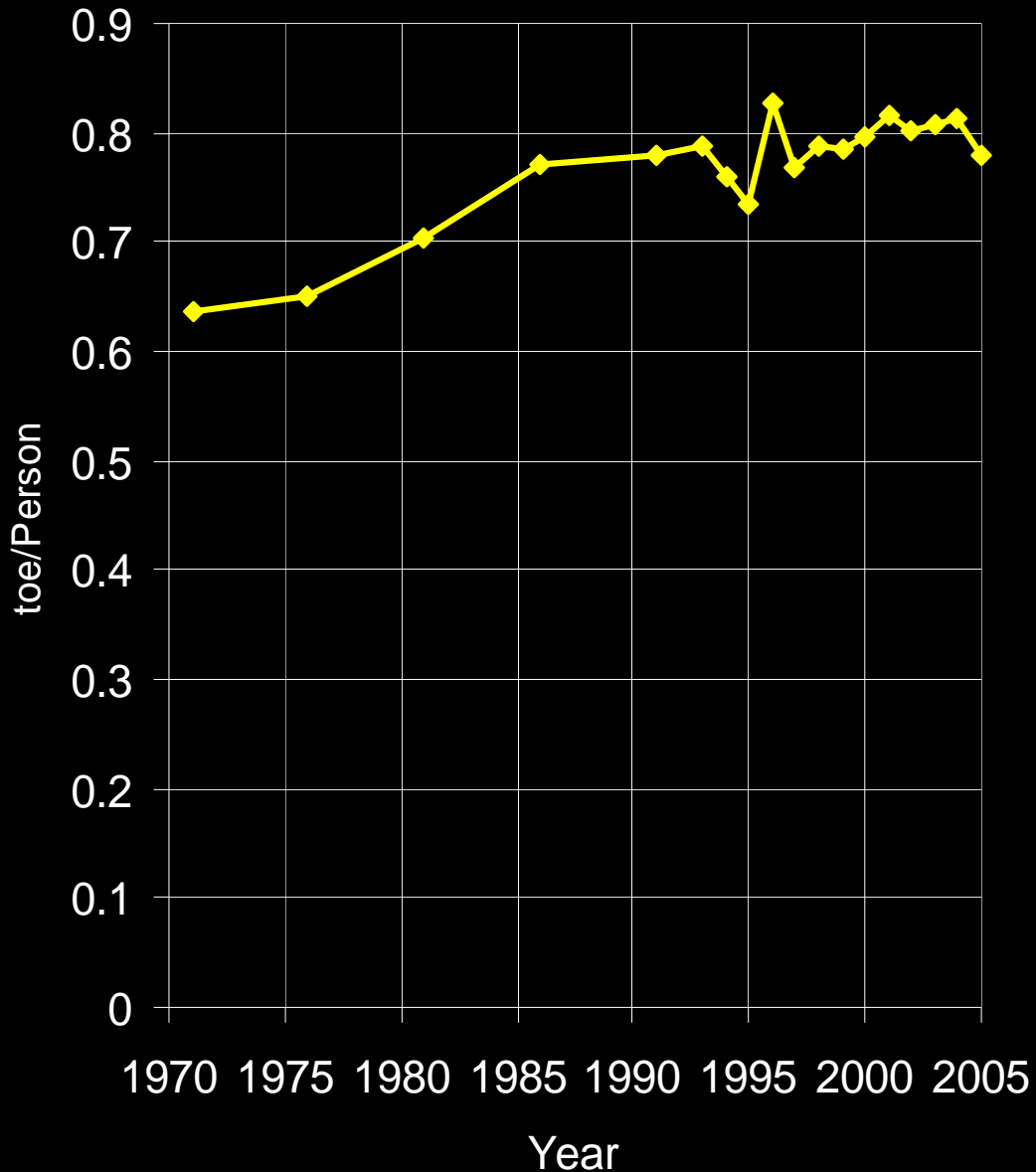
## Domestic Energy (Mtoe)



**Domestic energy demand continues to increase, although the 'dash for gas' has limited the CO<sub>2</sub> emissions.**

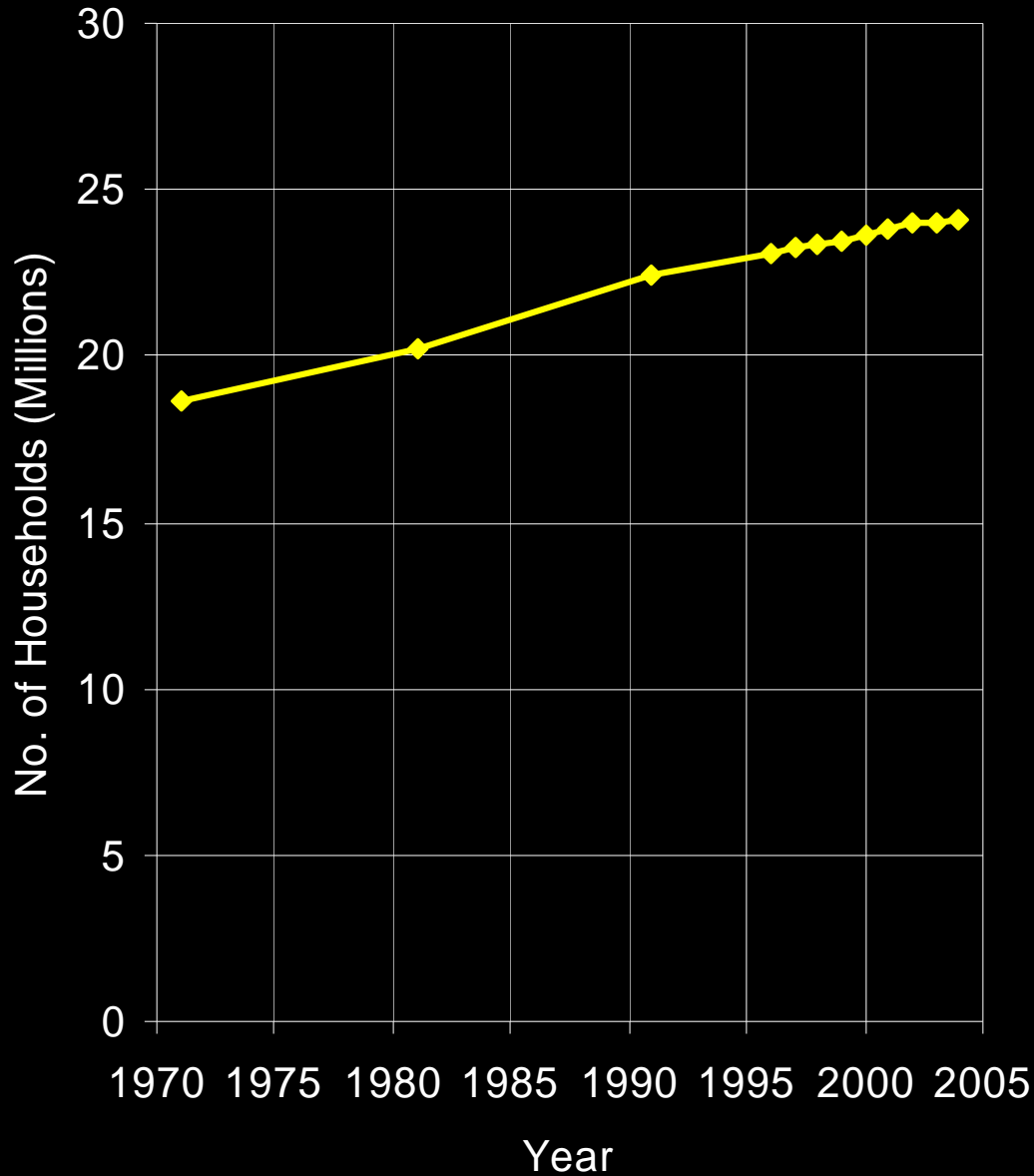


## Energy / Person



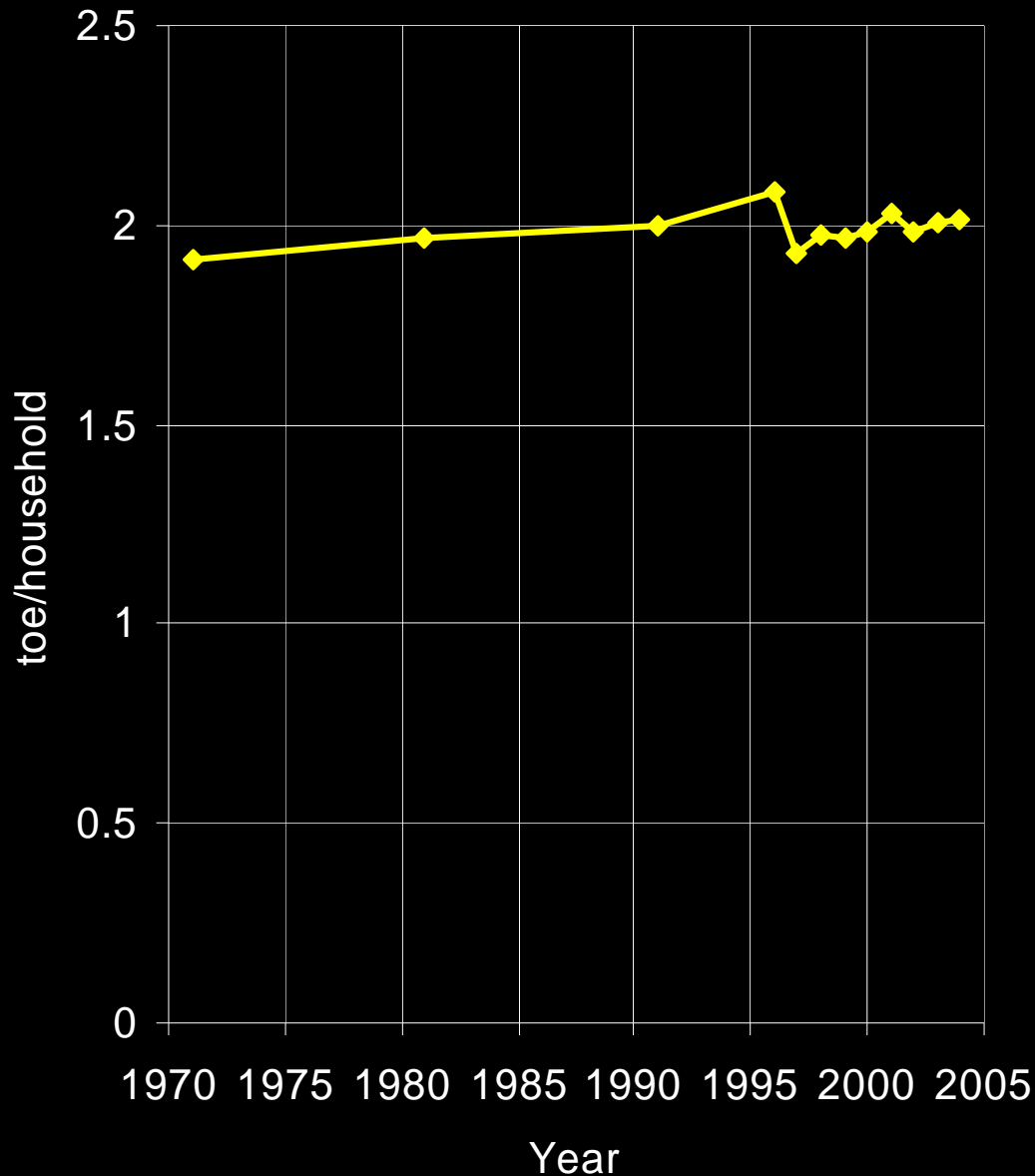
**Energy demand per person also continues to increase (so energy increase is not attributable to population increase).**

## Households



**The number of households is growing due to demographics: Household size has reduced (i.e. number of people per household has reduced).**

## Energy / Household



**Domestic energy demand per household remains flat, despite large increase in energy efficiency.**

Wall insulation:

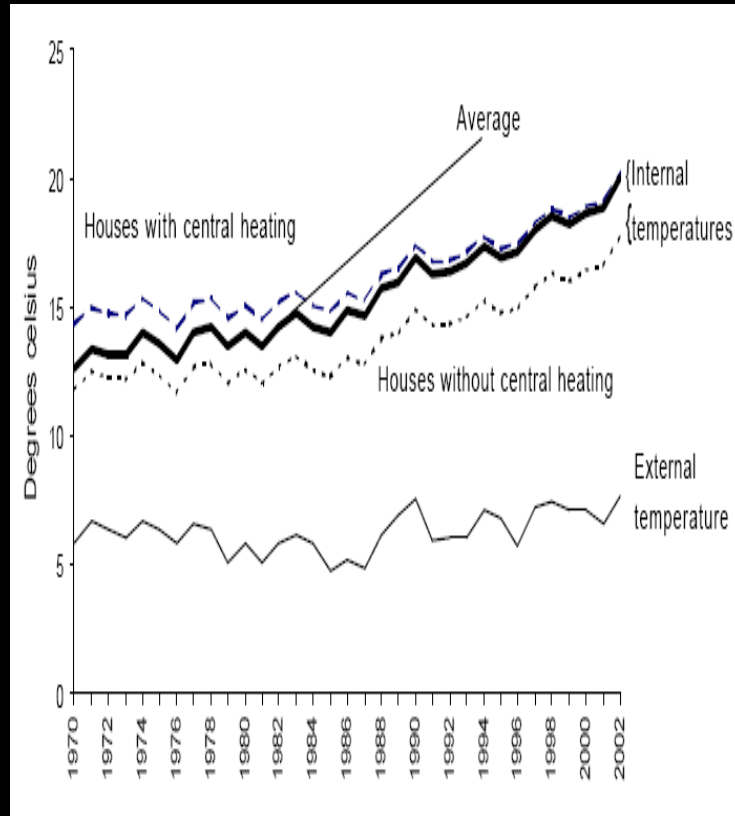
- 2% in 1974
- 37% in 2004

Double glazing:

- 8% in 1974
- 83% in 2004

# Explanations:

1. Increased comfort expectations (average household temperatures have increased from 12 °C in 1970 to 18 °C now)



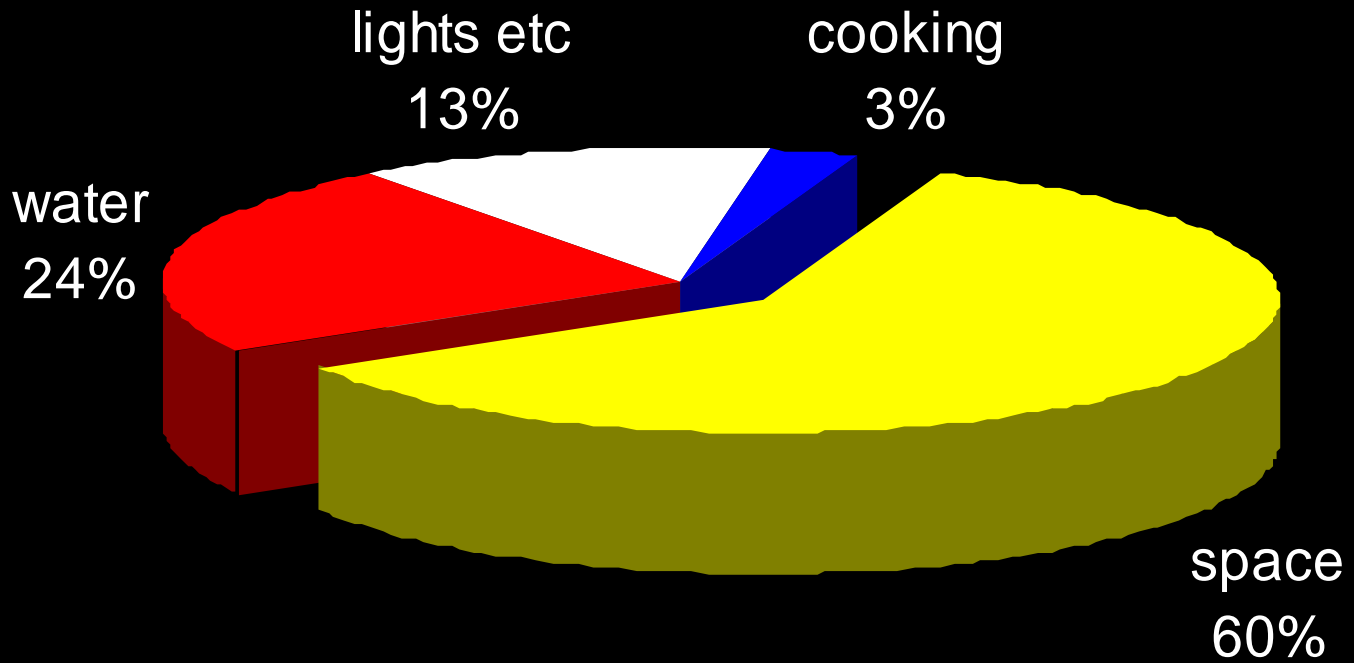
This internal temperature increase of 6 °C equates to more than a doubling of heating energy use

(communication with Lowe, 2007 / SAP, 2005)

## Explanations (cont.):

2. Household size and numbers (i.e. increased sqm / person)
3. Household type (e.g. 52% increase in detached houses since 1971, with greater surface to volume ratio)
4. Disposable income (e.g. 40% increase since 1990) which results in more appliances

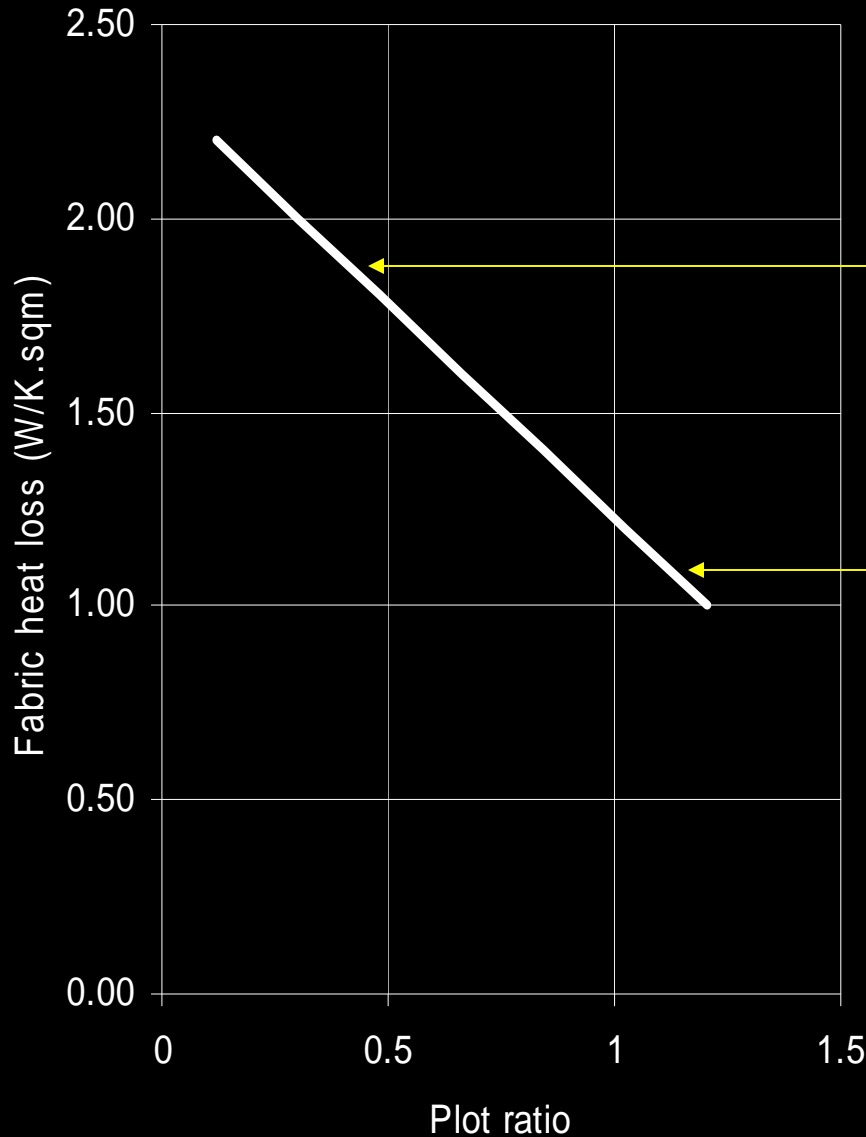




# 1. More compact design



## Density v. heat loss



e.g. Detached house

**40% reduction**

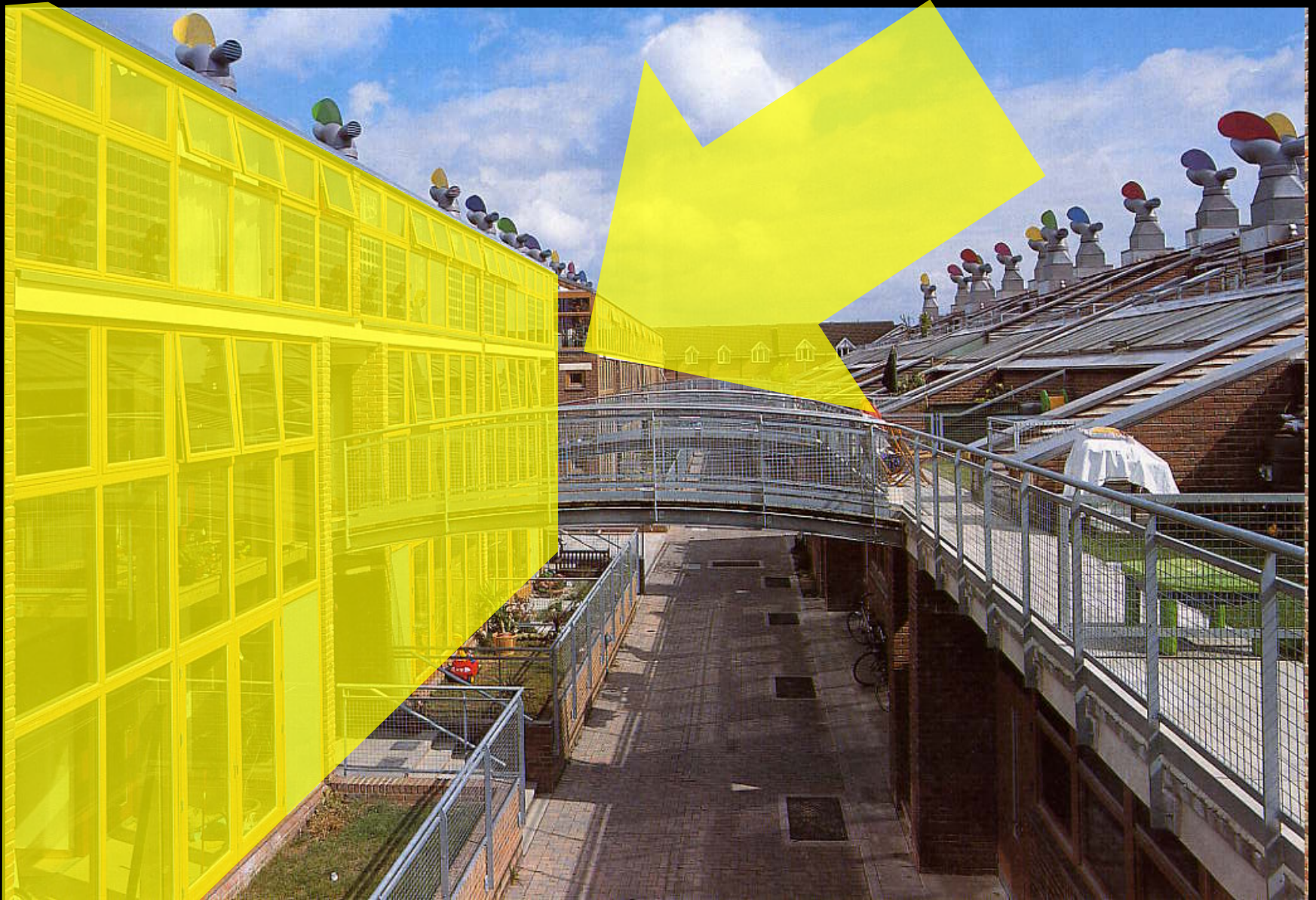
e.g. Apartment

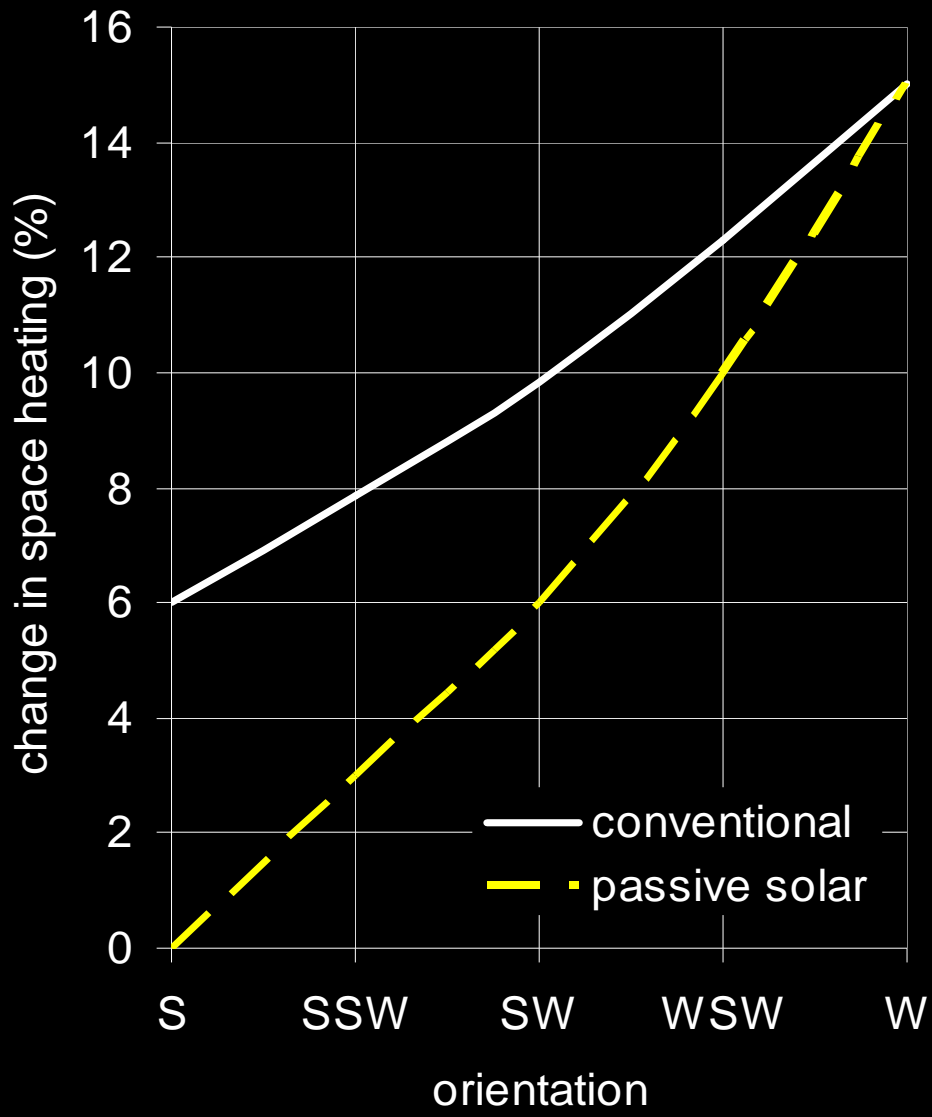
**‘Compact’ housing can save energy (although this difference becomes less significant as insulation levels rise).**

**Compact city = energy efficient city?**



## 2. Design for solar gain



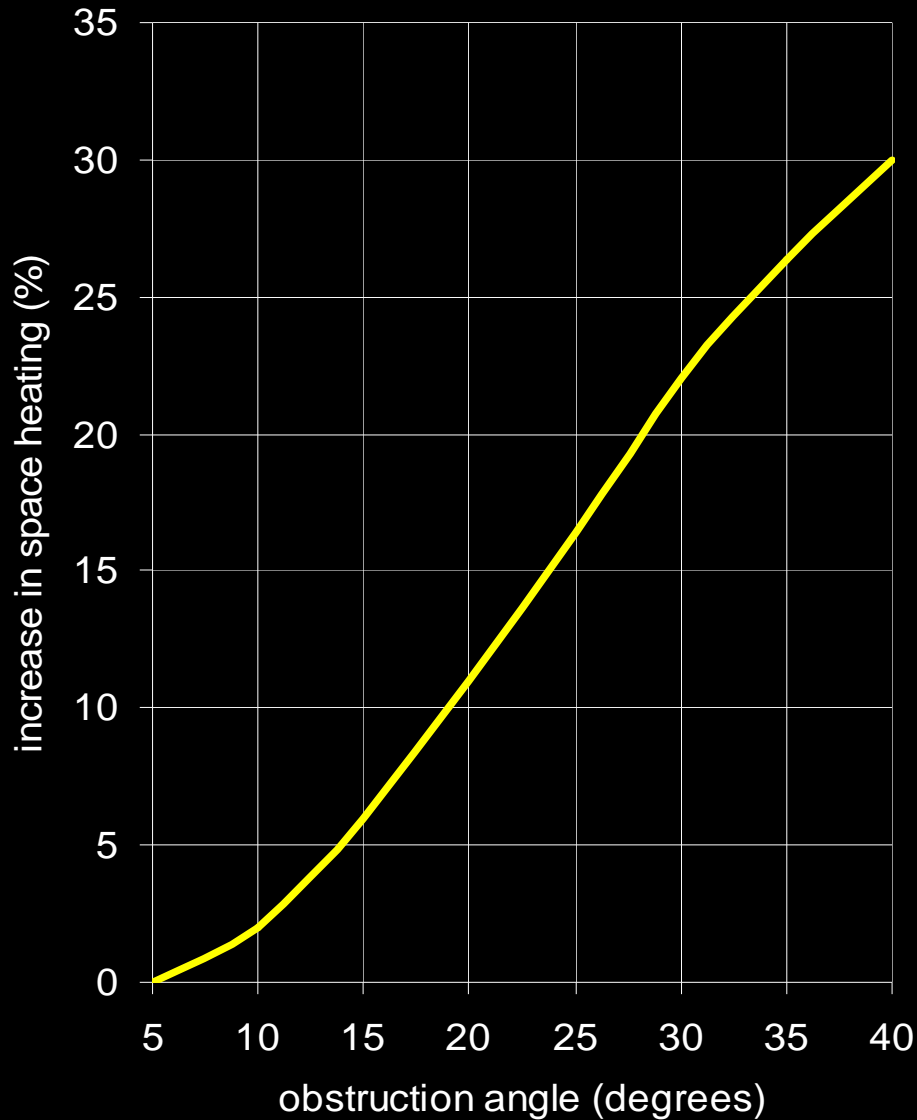


**Solar orientation reduces energy, but this option is reduced in an urban environment.**



### 3. Increase access to sun and light



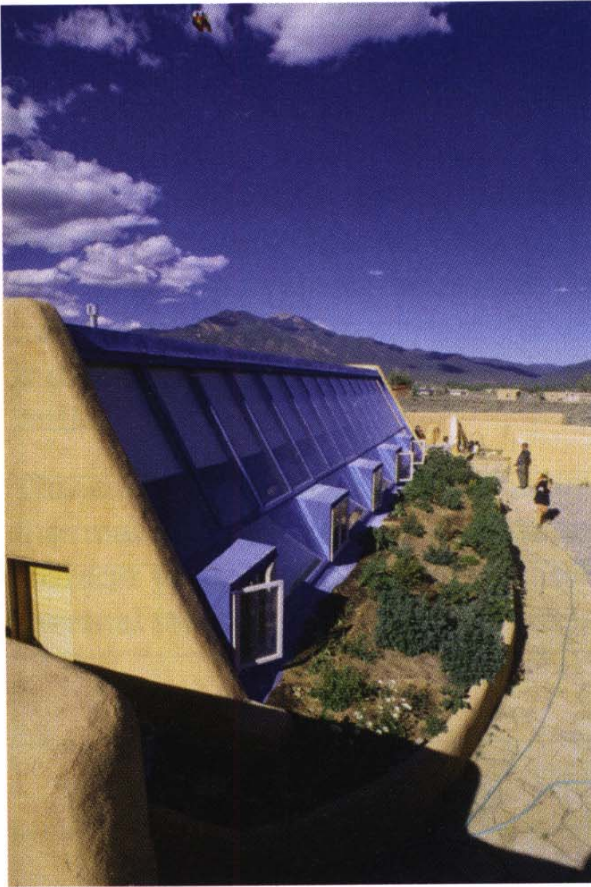
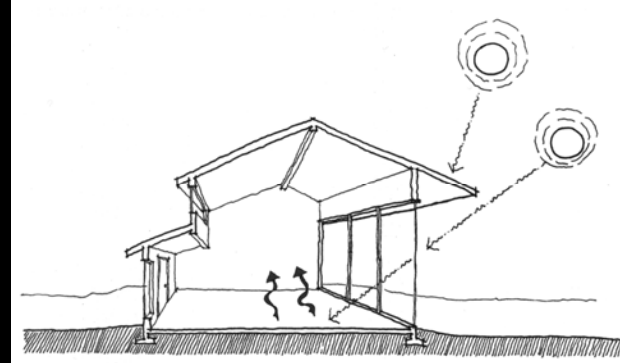


**Obstructions increase energy demand (due to reduced sunlight and daylight). Urban density increases obstructions.**

**The thermal advantages of urban compaction can be offset by the disadvantages.**



## 4. Design thermally robust passive buildings

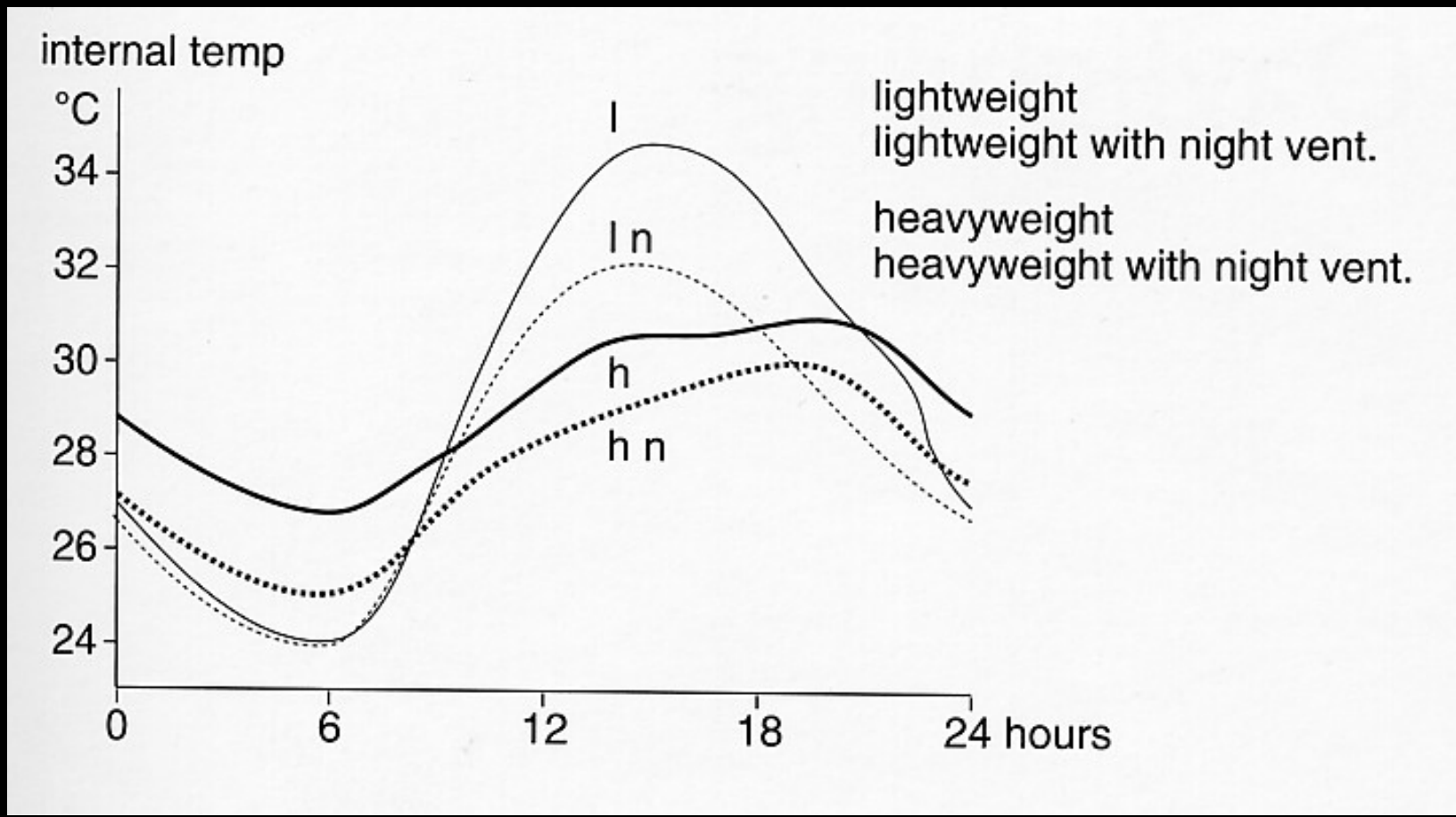


**4.125** Classic example of solar apertures, solar control, and thermal mass in the Shaw residence in Taos, New Mexico.





# 4. Design thermally robust passive buildings





# 4. Design thermally robust passive buildings

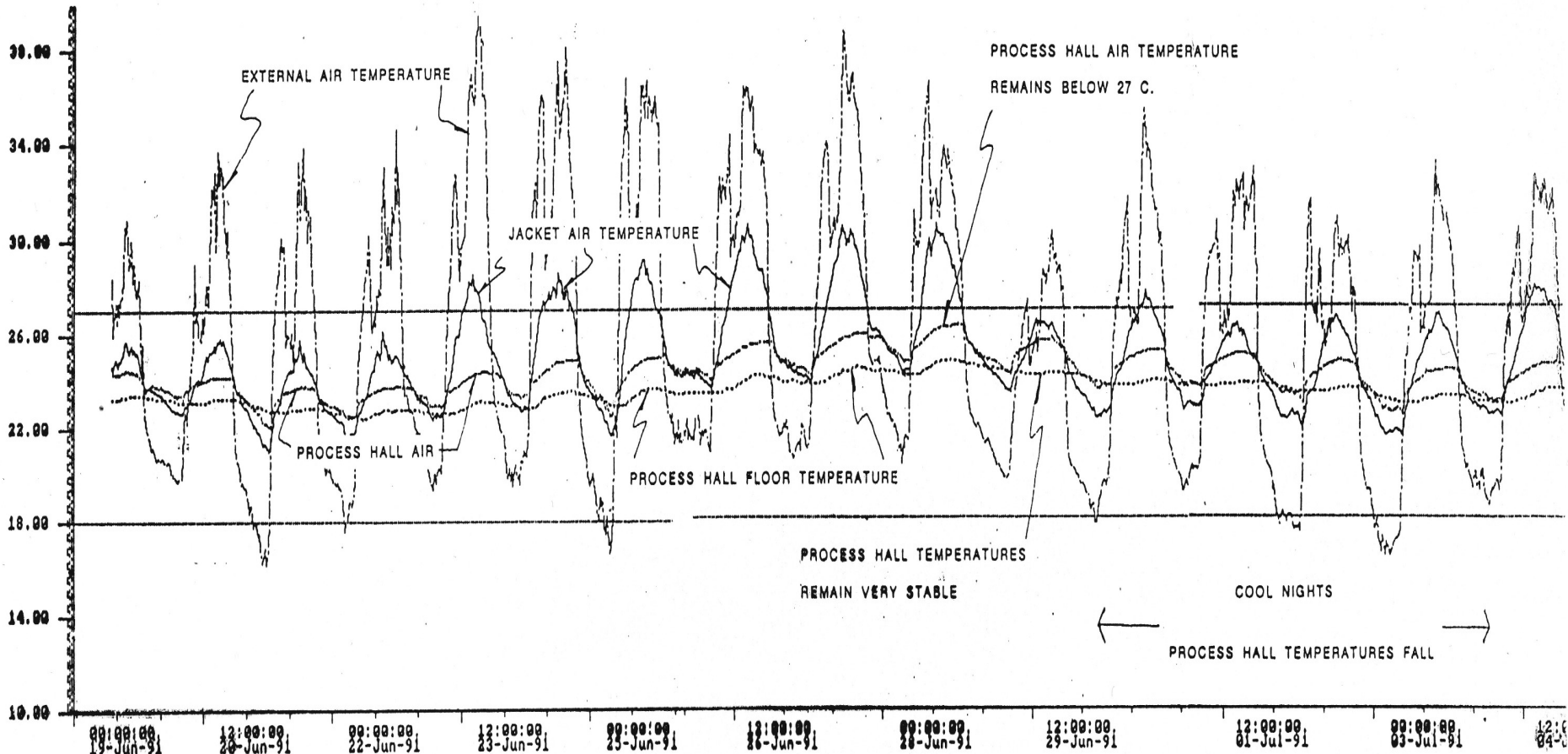
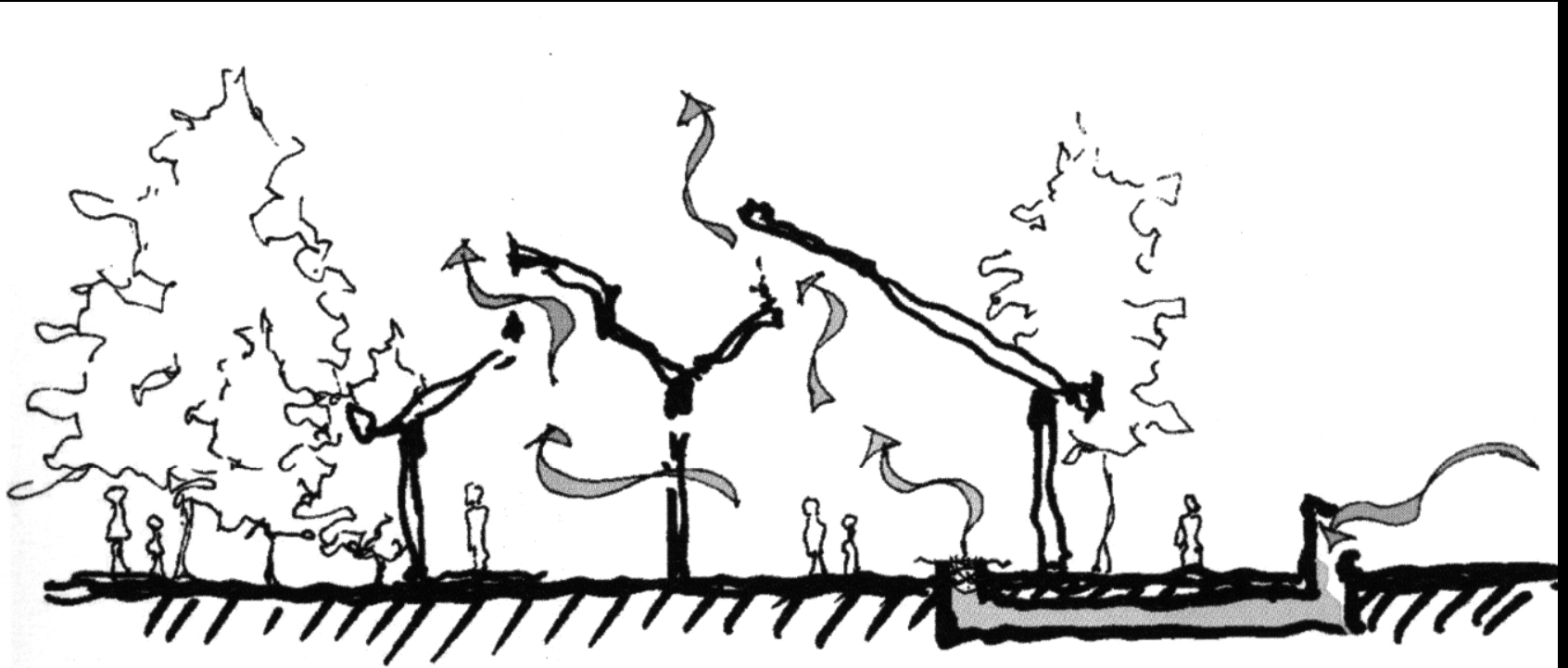


Fig. 3 RECORDED TEMPERATURES 19 JUNE - 11 JULY PROCESS BUILDING SFC BREWERY MALTA

## 4. Design thermally robust passive buildings – earth ducts



**4.186** Schematic diagram showing an open loop cooling tube configuration, assisted by stack effect ventilation. The length of the cooling tube is greatly understated in this sketch.

KATE BECKLEY

# 4. Design thermally robust passive buildings – PCM



e.g. **Dupont (UK) Ltd**

“A thermal mass panel with energy saving and temperature control properties has been launched by DuPont Building Innovations. Energain is a lightweight panel of 5mm thickness, composed of a 'phase change material' made from paraffin in a DuPont copolymer at a 60-40% ratio and laminated on either side in an aluminium sheet. Panels are supplied in 1.2m by 1.2m dimensions. An aluminium tape is required to seal joins between panels and repair abrasions.

It works by employing the capability of the phase change material to absorb and release heat. The compound has a melt point of 22°C, at which stage it begins to absorb heat from the room and to store it. When the internal temperature drops back to 18°C, it re-solidifies and releases heat back into the room.

It has been designed to be installed behind the plasterboard lining on the interior walls and ceilings of lightweight structures such as timber, steel or aluminium framed buildings. ”

# 4. Design thermally robust passive buildings – advantages v disadvantages

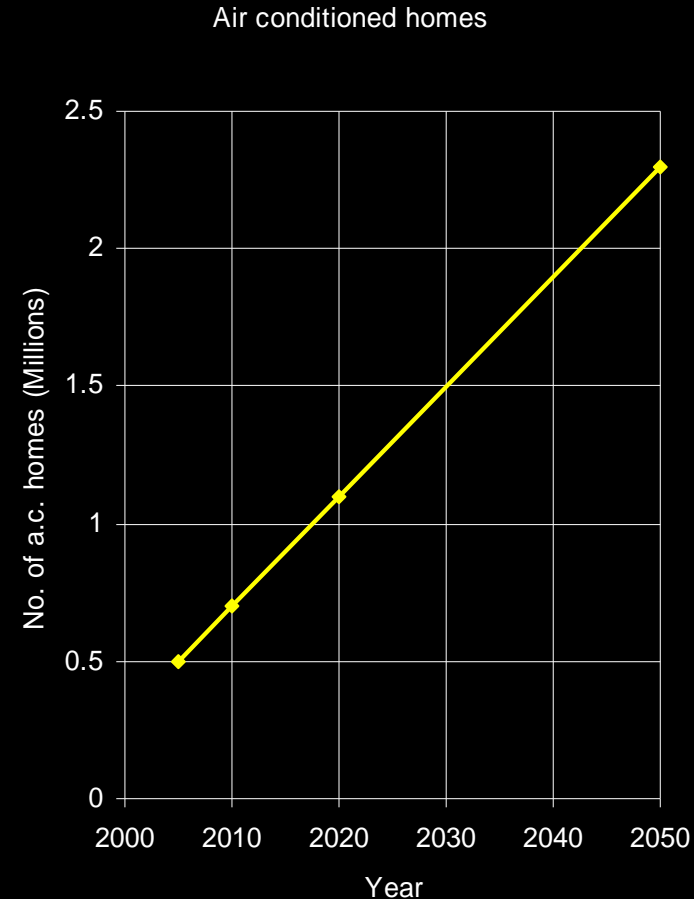
	Advantages	Disadvantages
Heavy weight	Stable and more comfortable temperatures	Slow response – reacts slowly to heating input
	Potential to increase useful solar gain to reduce energy demand	Potential increase in embodied and running energy
	Robust – thermally, acoustically, physically	Slower to build and less adaptable – cost implications?
Light weight	Quick response - energy used only when occupied	Risk of overheating increased (increase in a.c.)
	Potential for low embodied energy	Less robust (physically, to CC effects, shorter life?)
	Rapid, flexible, offsite construction	Fast-response heating required



# 5. Avoid or limit air conditioning

Domestic air conditioning is expected to increase, and can double the electricity consumption, due to:

- Hot periods as climate change affects UK
- Heat island effect in urban areas
- Noise and pollution in urban areas
- Rising expectations (air conditioned cars (50%), offices and hotels)
- More advertising and lower prices of air conditioning units



**B&Q**

You are here: Home Heating & Cooling Cooling Climate Control Air Conditioners

### Airforce Easy Fit Split Box Climate Control 17,000 BTU




Only £649.00

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**“The favourable weather conditions during the summer of 2003 boosted air conditioning sales in the lower end of the market” (Alvaro, Modern Building Services, 2004)**

**“We need to start removing our industry’s obsession with domestic air conditioning and act responsibly by looking at what is needed rather than simply trying to drive up sales” (Daw, MBS, 2007)**

# Domestic a.c. won't happen in the UK?

In the USA in 1951, virtually no homes had air conditioning

In the USA in 2001, 76% of homes had some form of air conditioning

In the UK in 1951, virtually no homes had central heating

In the UK in 2001, 85% of homes had some form of central heating

In 2005 the percentage of homes in the UK with air conditioning is thought to be around 2%...

# Adaptable design

*“Most higher organisms engage in an active process of seeking variability if not found in the immediate surrounding”*

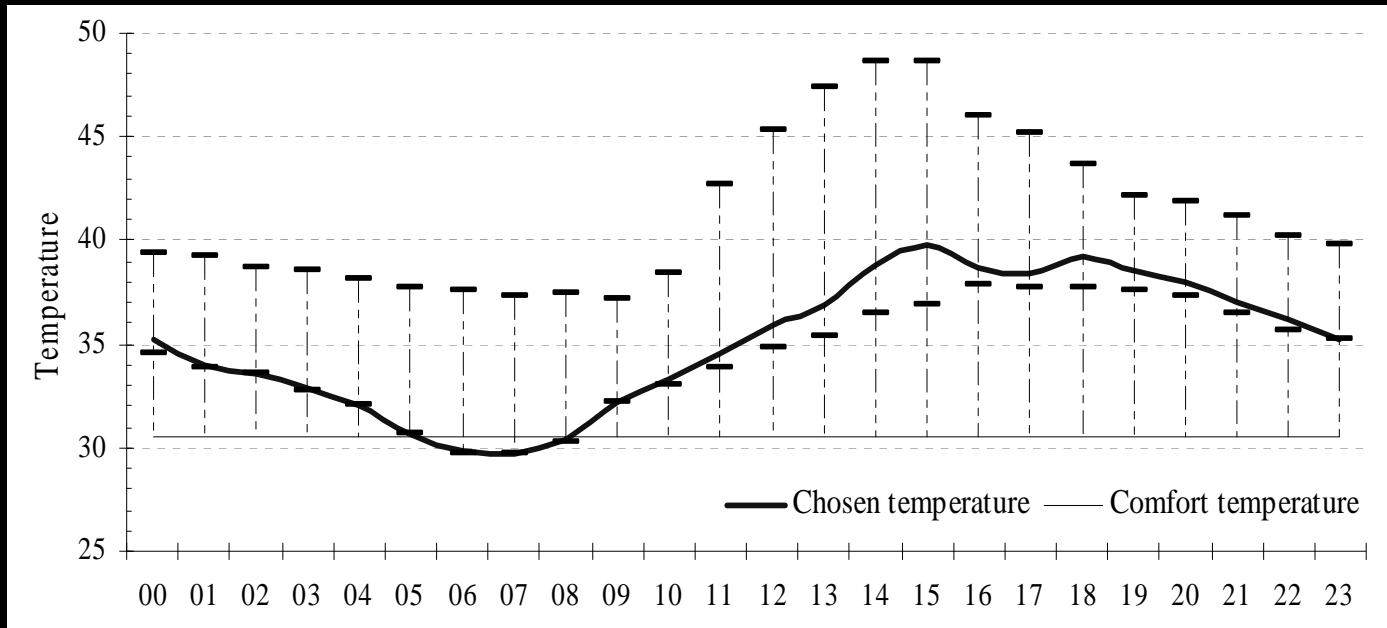
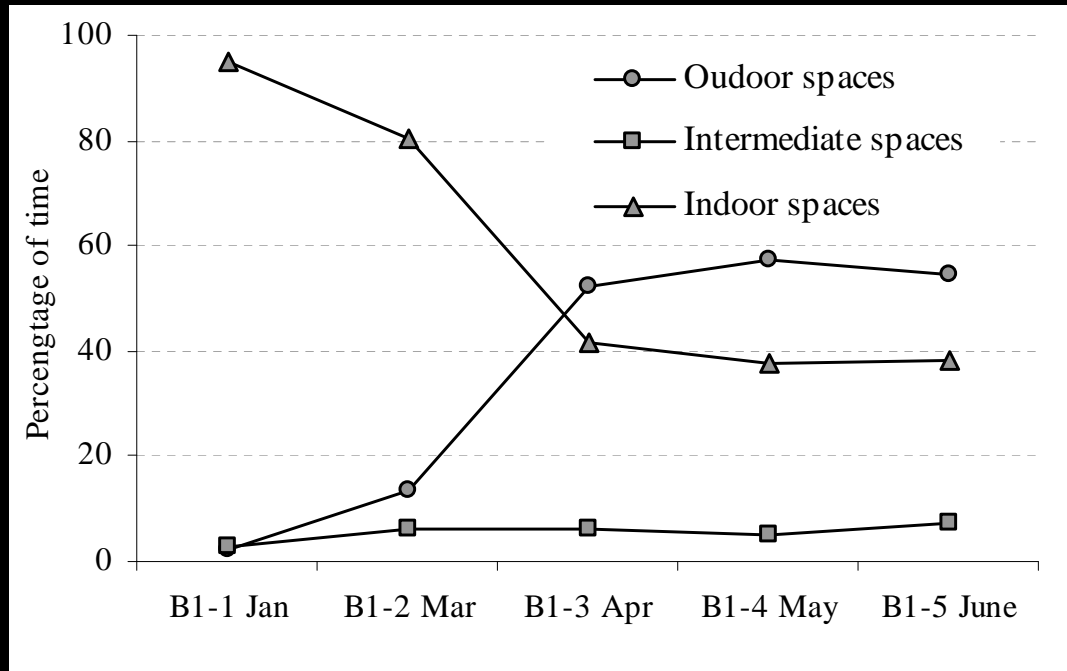
*Parr*

*“In any situational context, the individual attempts to organise his physical environment so that it maximises his freedom of choice”*

*Proshansky, Ittelson and Rivlin*



# Spatial adaptation

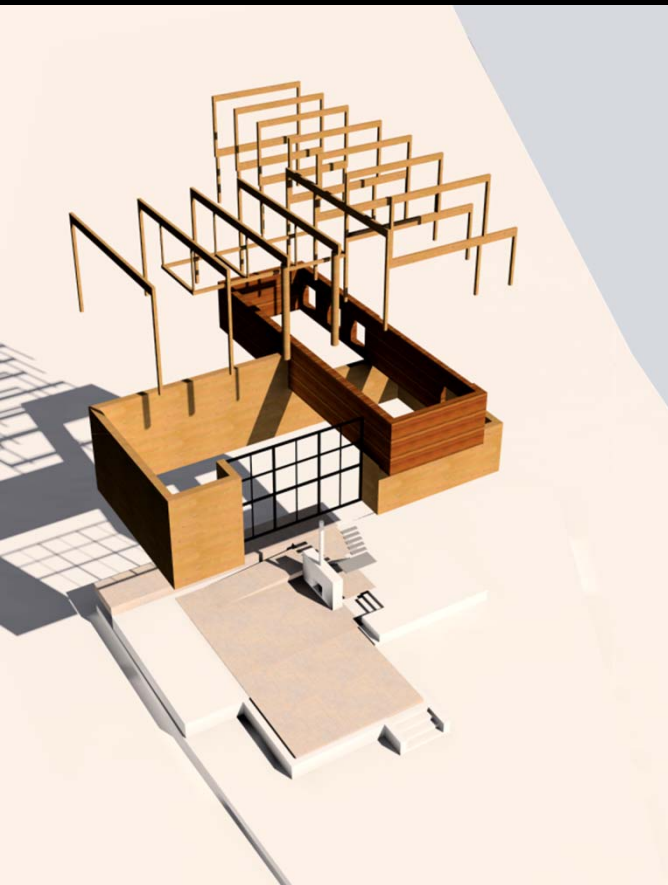




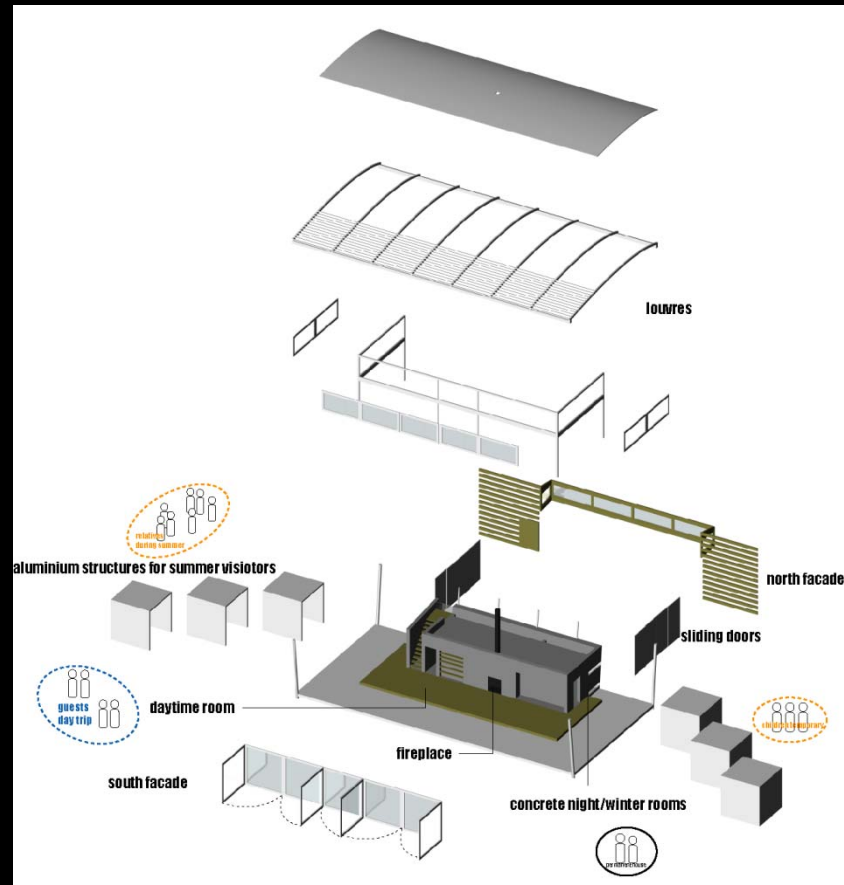
## Adaptive comfort

The range and accumulation of adaptive opportunities available significantly improves physiological comfort.

	<b>base case</b>	<b>adapted case</b>
air temp	30.5	28.0
rad temp	30.5	28.0
air speed	0.1	0.2
clo	0.5	0.4
met	1.2	1.1
<b>Discomfort (PPD)</b>	<b>68.4%</b>	<b>17.5%</b>



Denmark



Japan









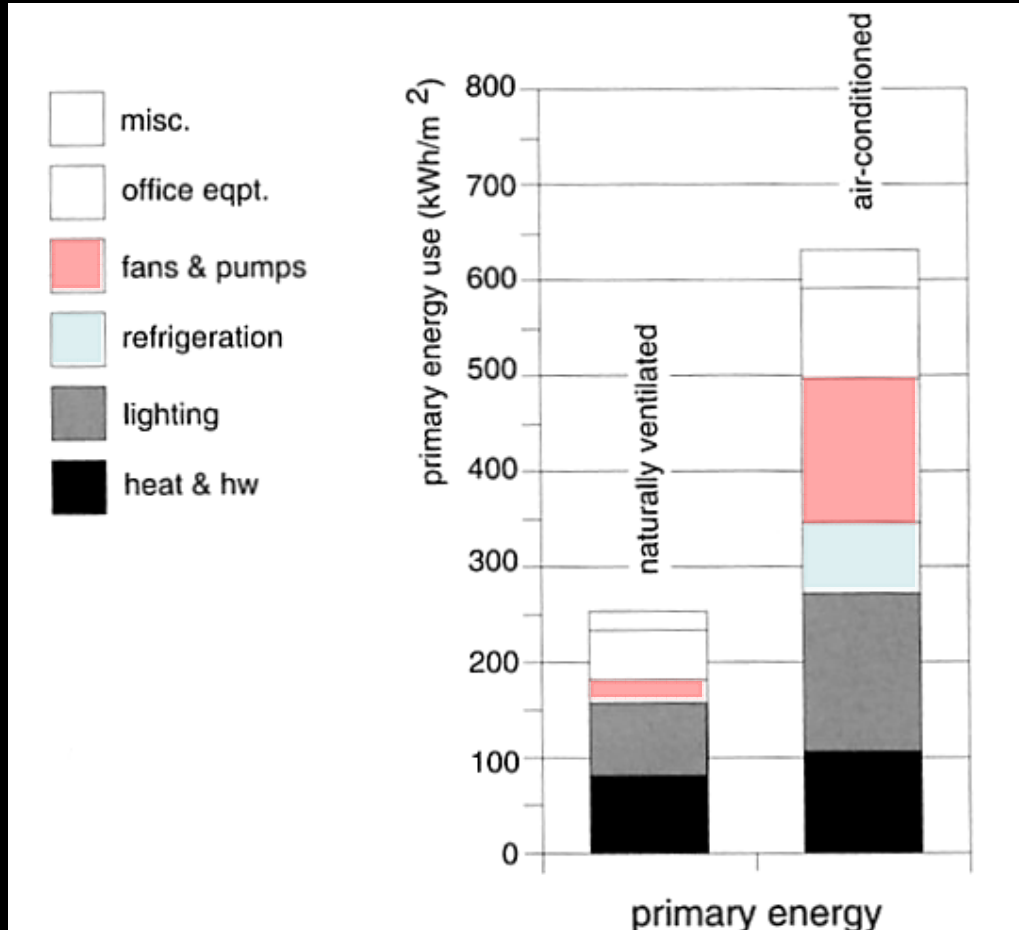




# Office buildings

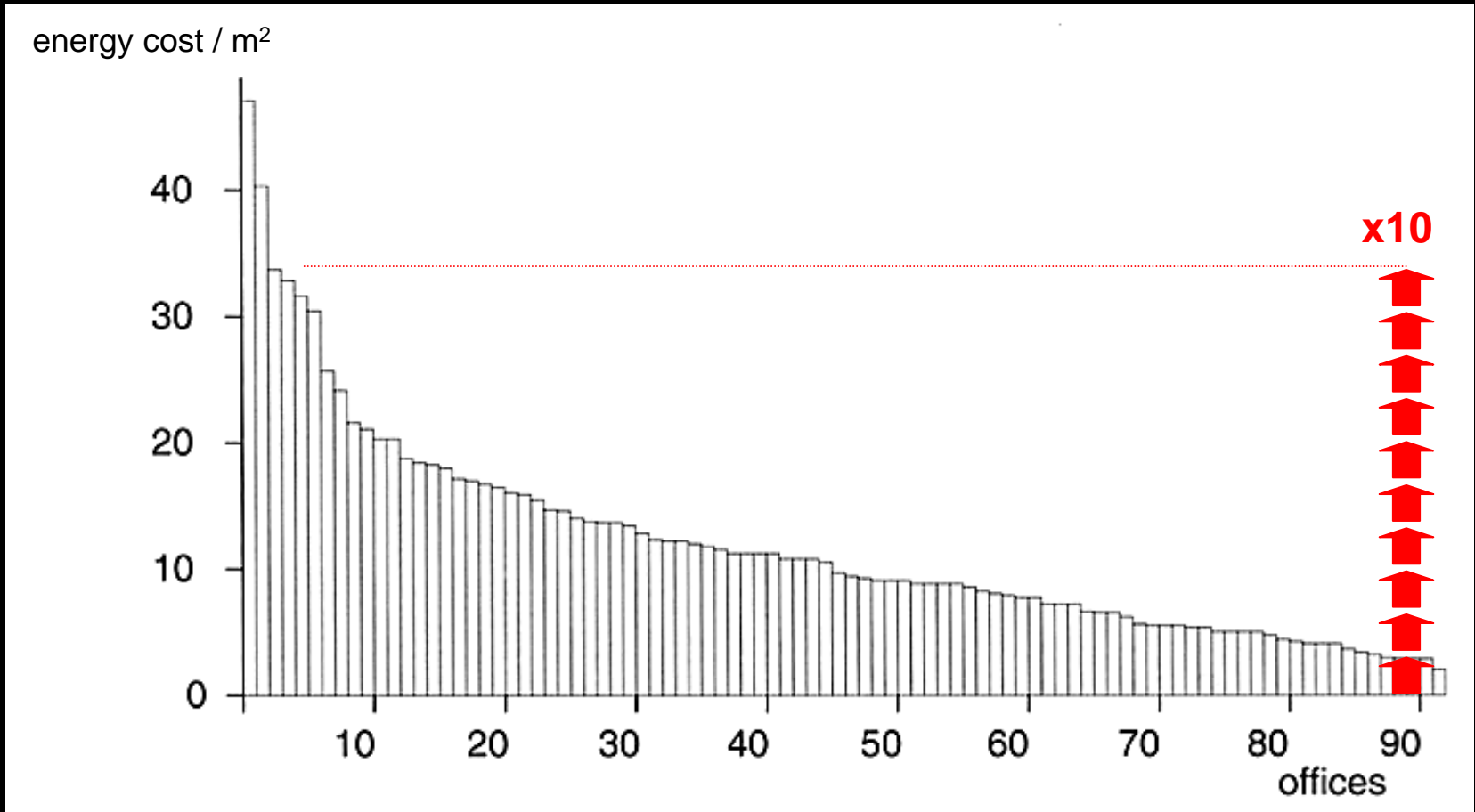


# Non-Domestic Energy Use





# Non-Domestic Energy Use



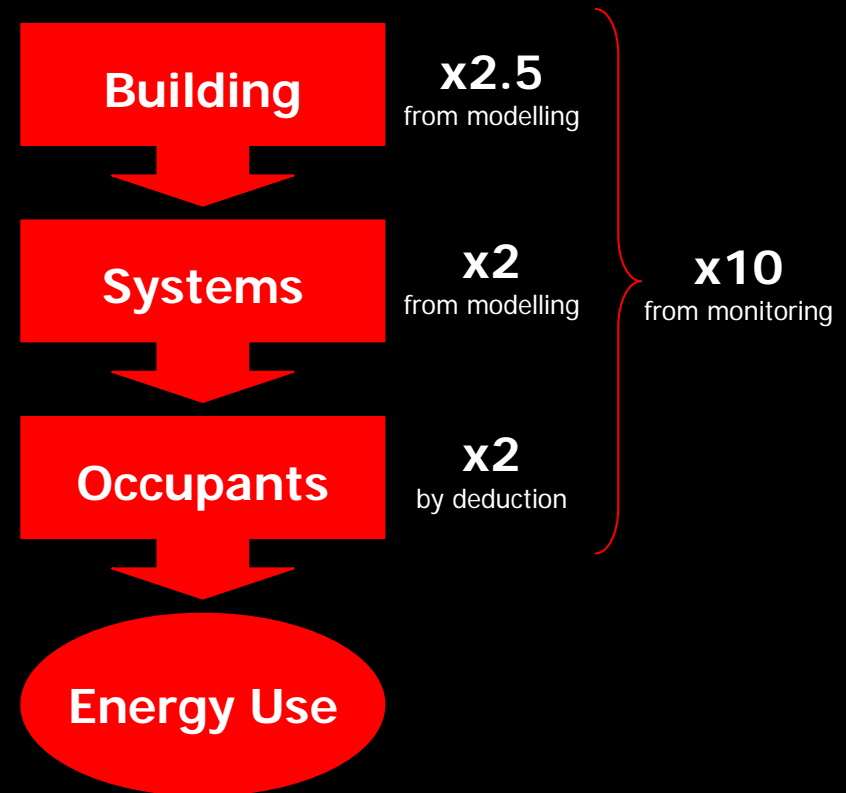
# Key energy factors

## Factors affecting energy use:

Building design  
(long term: 30-60 yrs)

Services and systems  
(med. term: 7-25 yrs)

Occupants / commissioning /  
building managers  
(short term: 1-10 yrs)



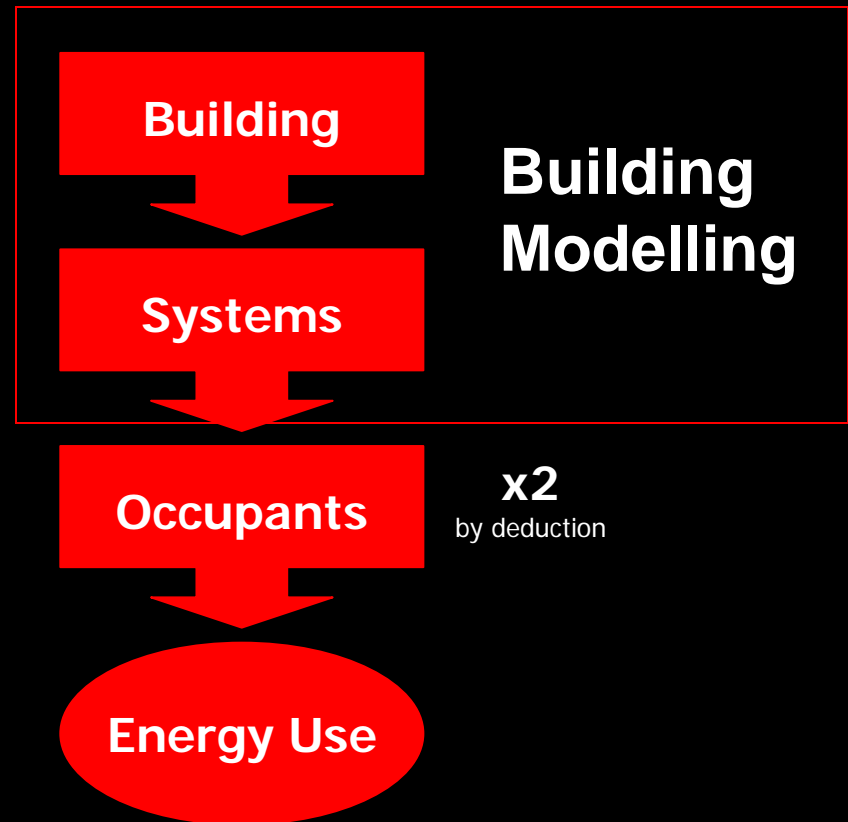
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**“Two-to-one discrepancy between measured and predicted performance of a low energy office” –**

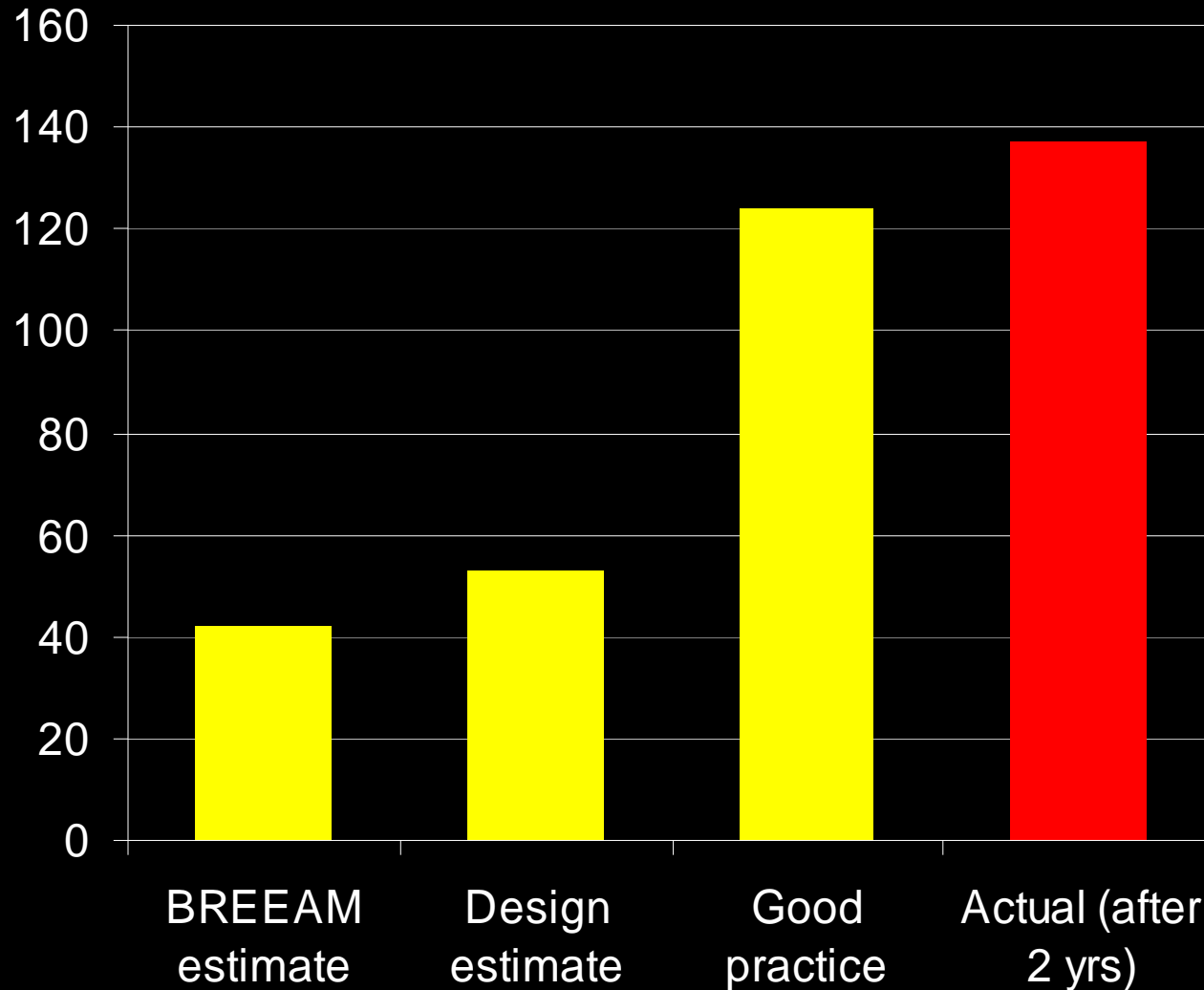
Norford et al., 1994

*(unanticipated tenant energy consumption contributes the largest proportion of the two-fold energy increase)*

**“Energy performance of non-domestic buildings: Closing the credibility gap” –** Bordass et al., 2004

*(a widespread problem is incorrect assumptions about use and poor control systems with poor user interface)*

## Carbon emissions (kg/sqm)



**Emissions from an environmental award winning office**

# Design principles

**Exclusive**

**Selective**

Exploit benefits from adaptive occupant interaction with the climate (selective design).

Limit negative effects of interaction with climate (exclusive design).

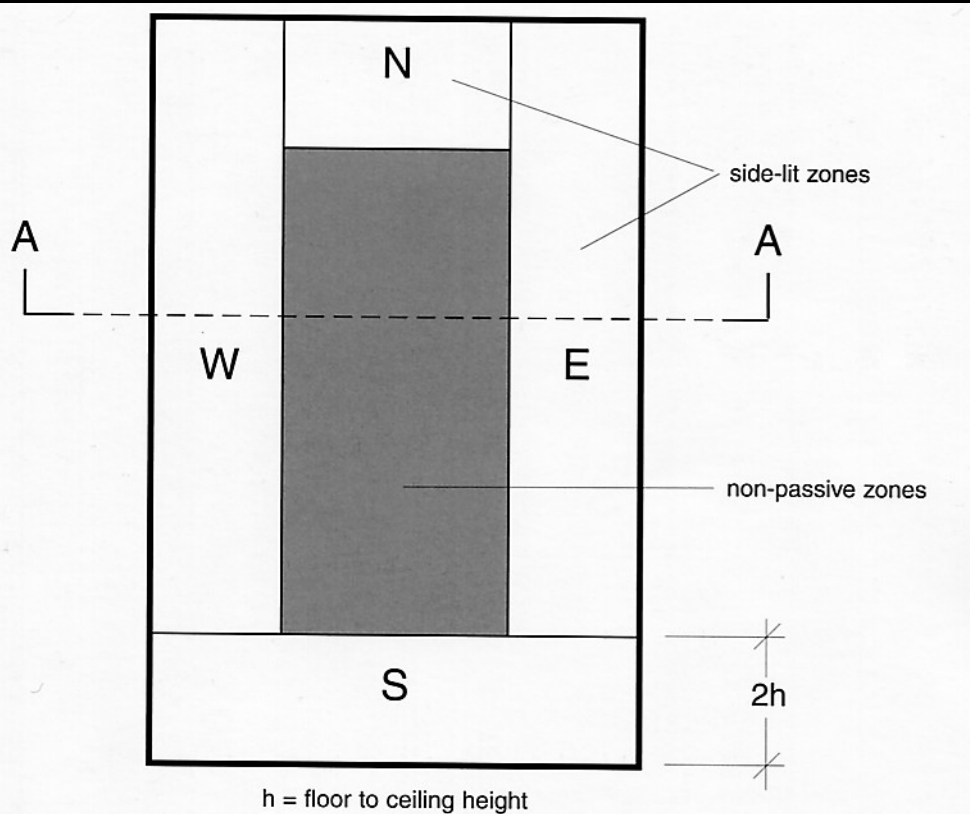




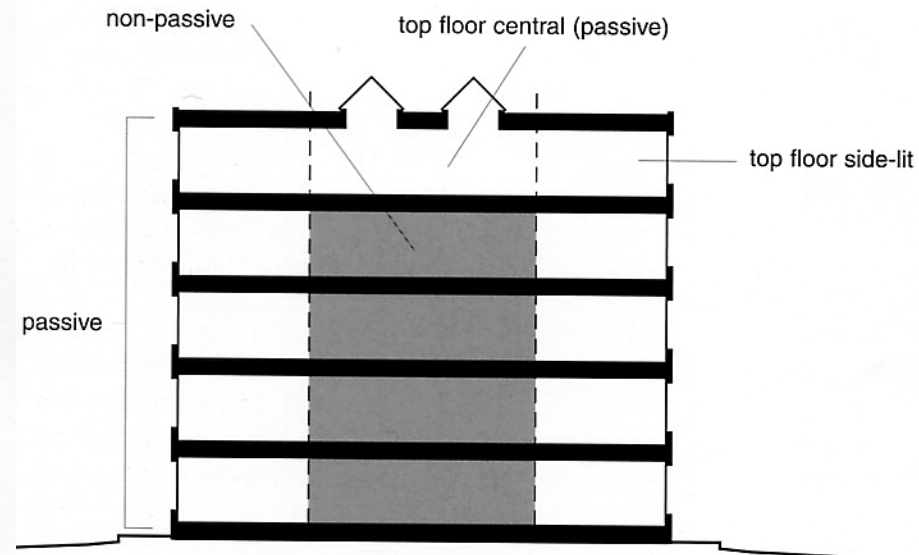
# Building form

## Potentially passive zones

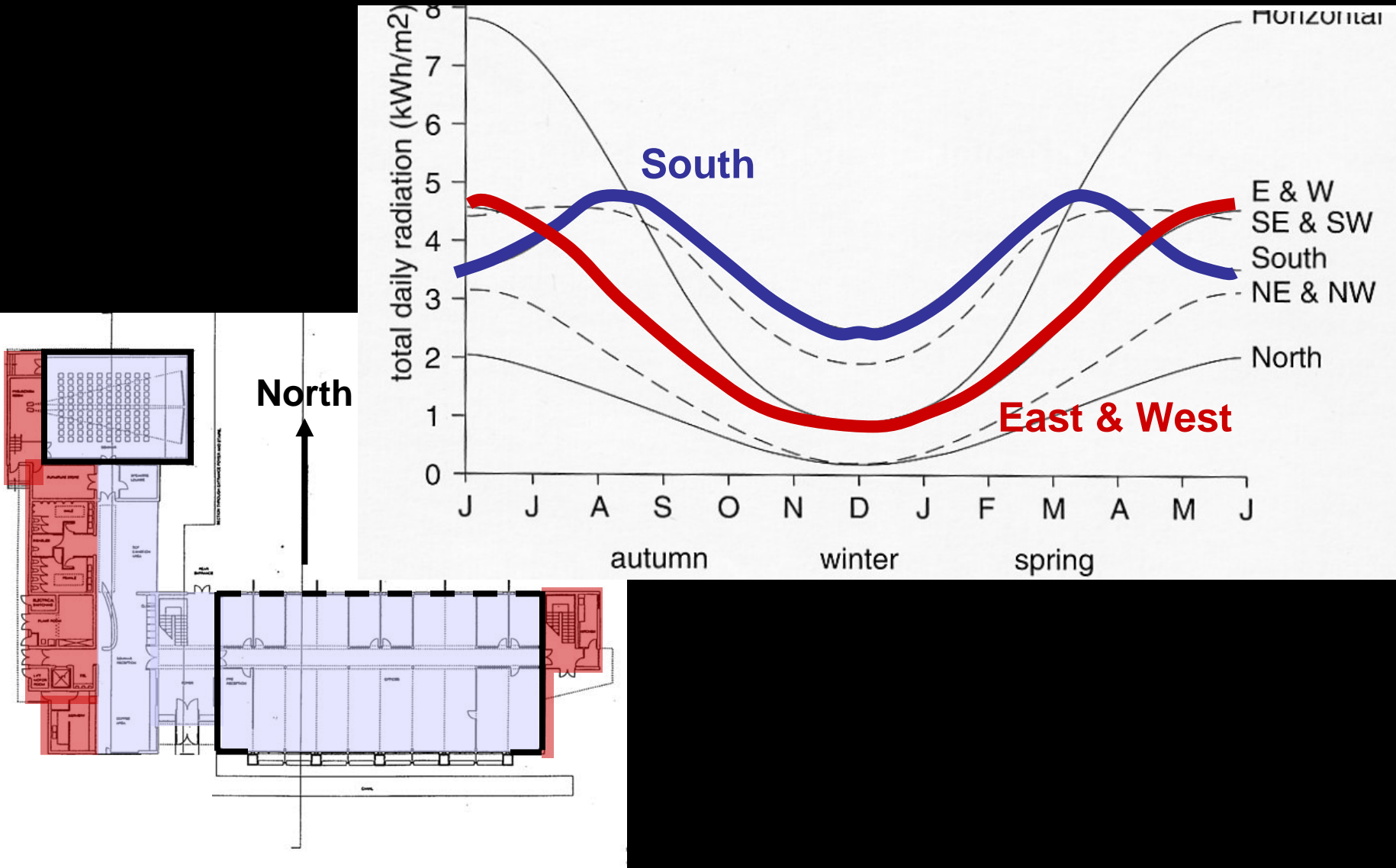
Plan



## Section

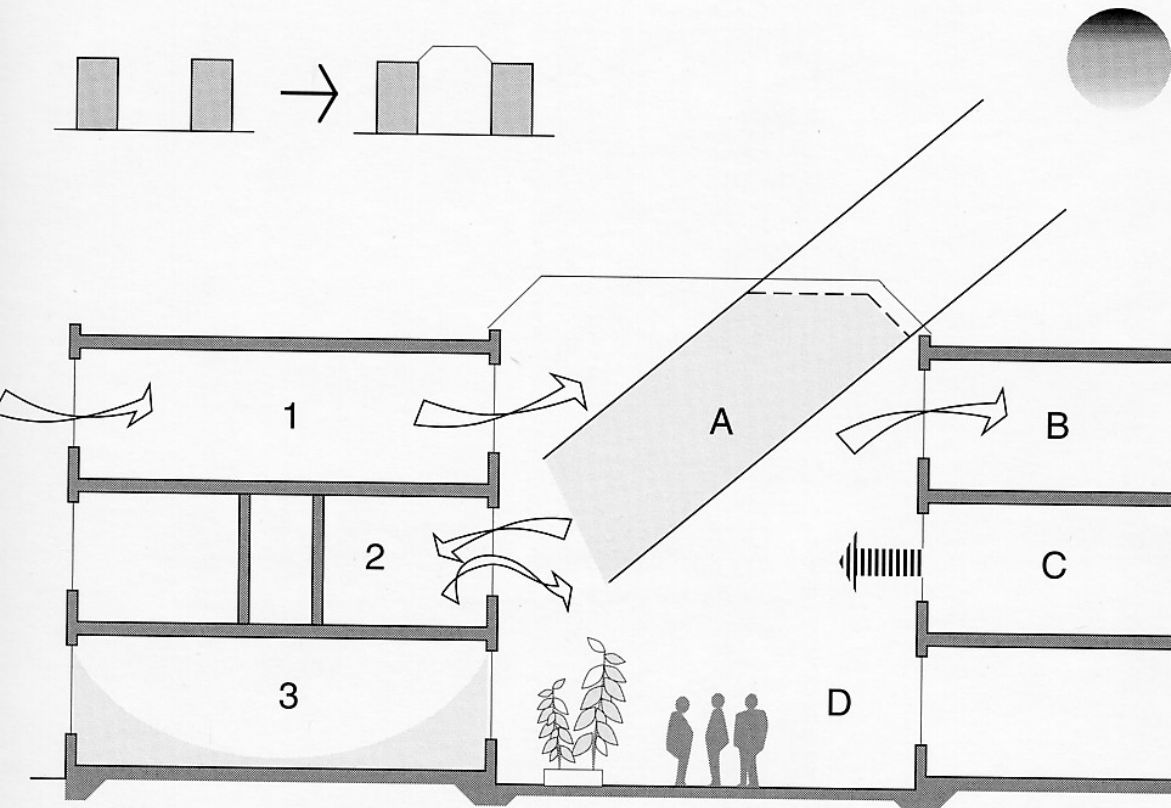


# Building form: orientation



# Building form: atria

Energy benefits of atria:  
Thermal, lighting & ventilation potential

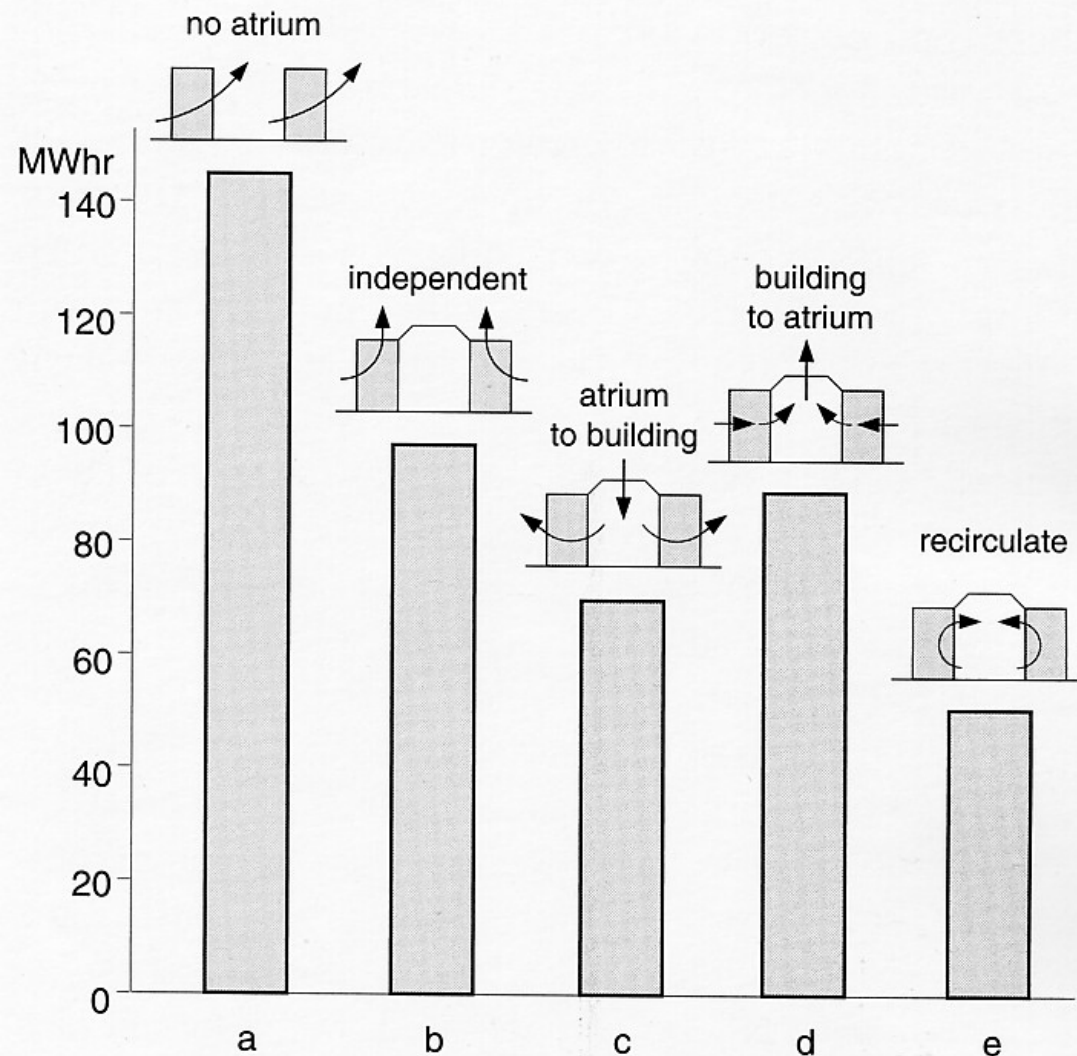


- 1 cross ventilation
- 2 single-sided ventilation
- 3 daylight

- A sun in winter, shade in summer
- B pre-heated ventilation
- C reduced conduction loss
- D useful space










# Building form: atria

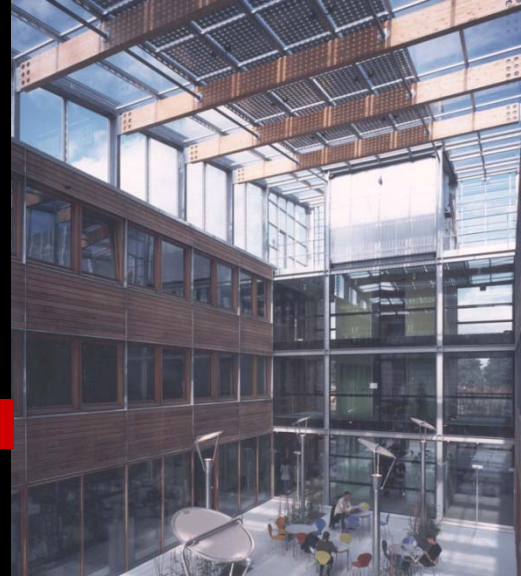


Thermal benefits  
from ventilation  
strategies

# Building form: atria

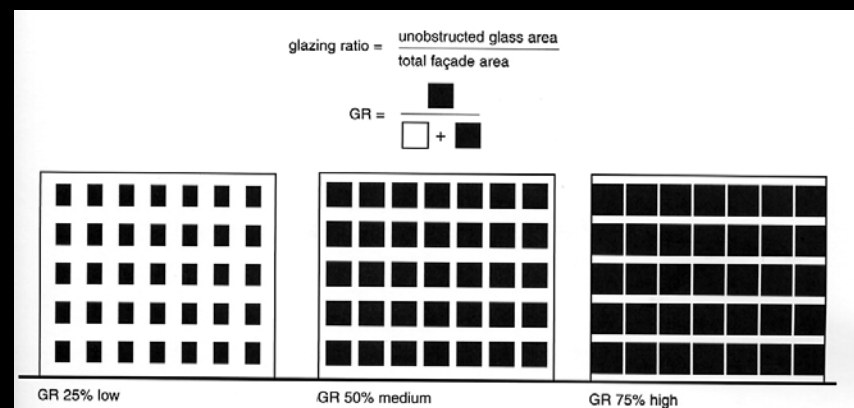
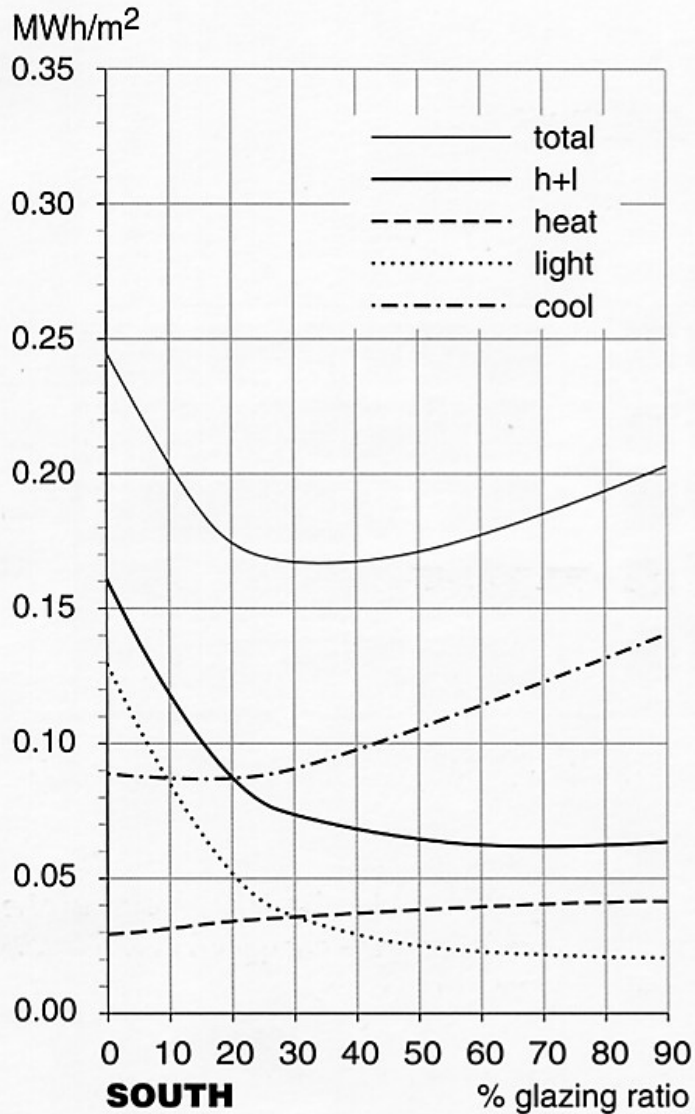
Thermal savings related to form and ventilation mode

config. type \ vent mode	a		b		c		d	
	x1	x2	x1	x2	x1	x2	x1	x2
1 	0.52	0.60	0.58	0.63	0.54	0.57	1.02	1.12
2 	0.55	0.71	0.70	0.84	0.59	0.71	1.02	1.24
3 	0.41	0.53	0.51	0.62	0.48	0.58	0.83	1.02
4 	0.36	0.49	0.53	0.69	0.42	0.53	0.84	1.10
5 	0.35	0.46	0.46	0.64	0.38	0.50	0.56	0.80
6 	0.57	0.83	0.75	1.03	0.61	0.85	0.93	1.30
7 	0.47	0.63	0.58	0.74	0.54	0.70	0.83	1.03



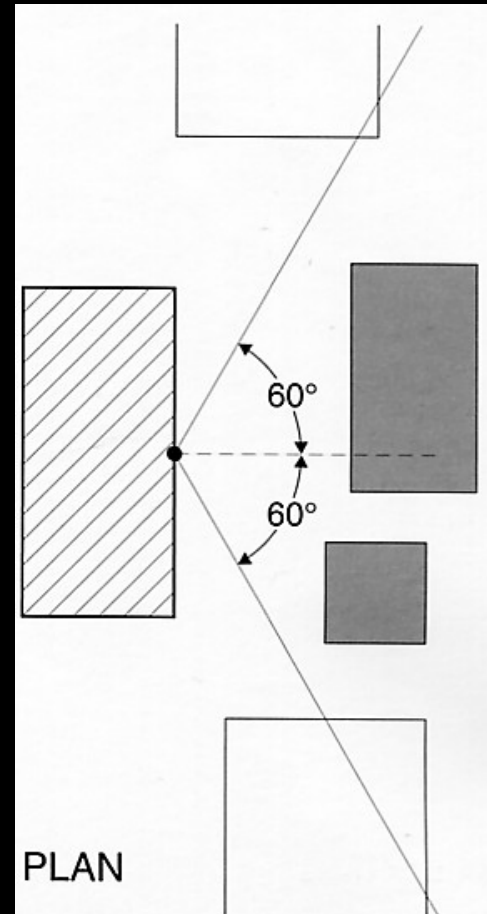
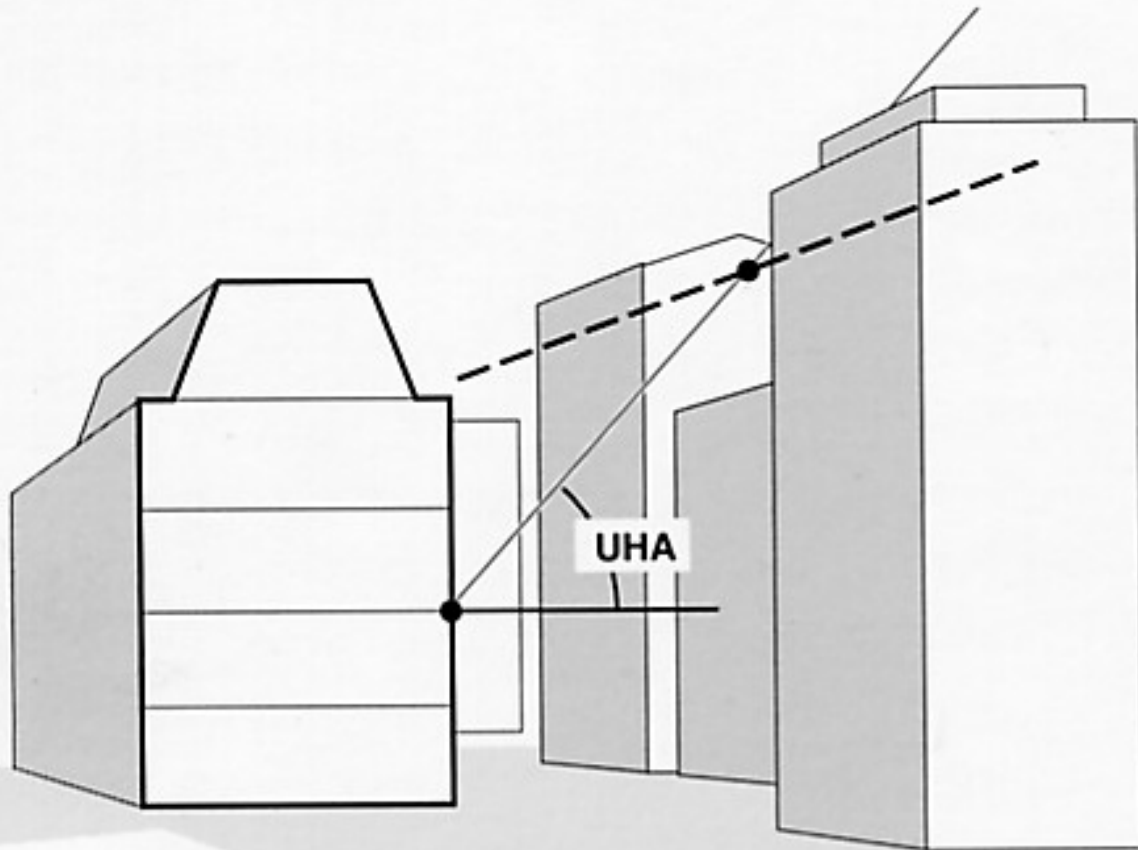


# Façade design



# Façade design

## Obstructions



# Façade design

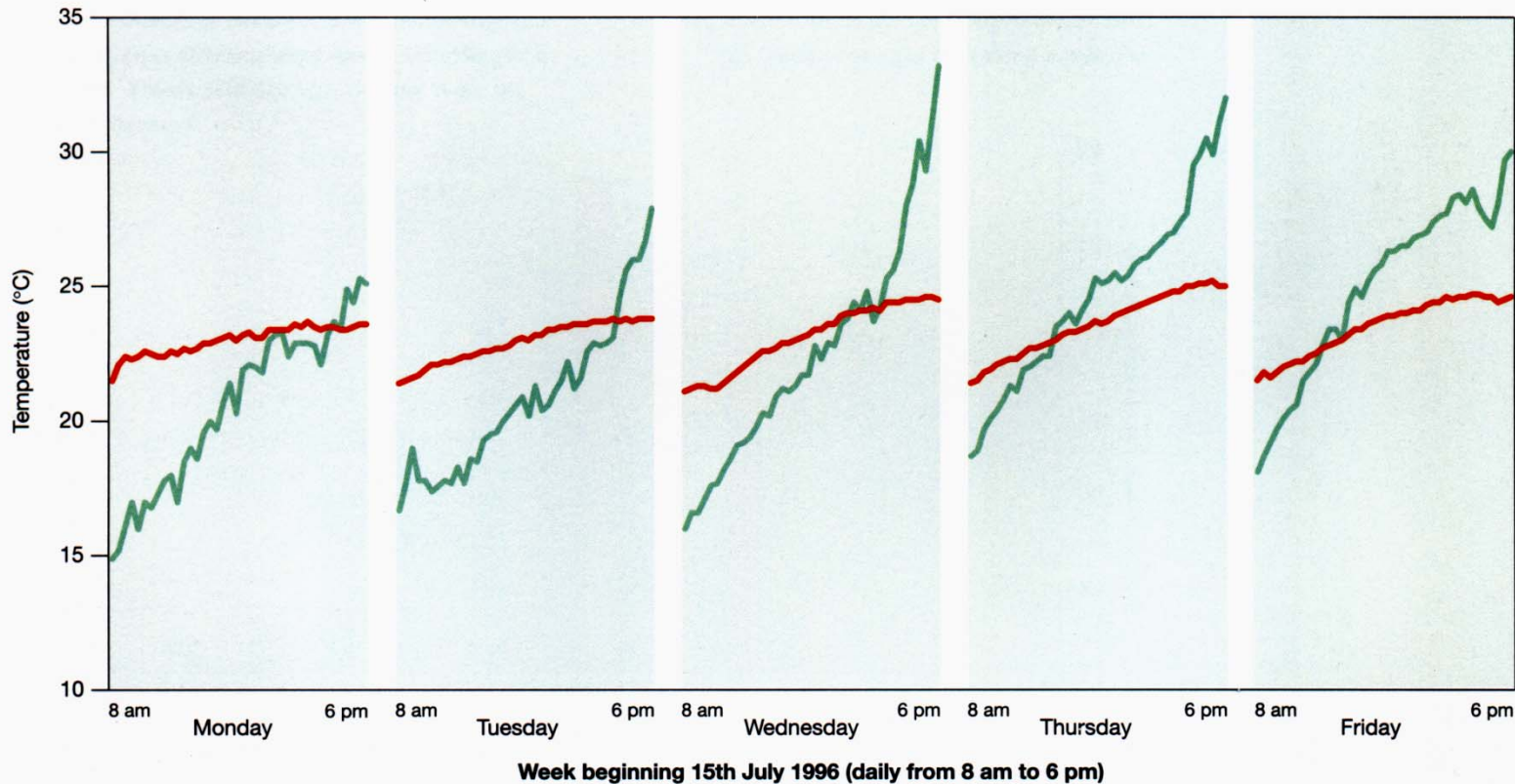


orientation	UHA deg.	glazing ratio %	correction factors		
			heating	cooling	lighting
south	15 - 45	20	1.4	1.01	1.5
		40	1.9	0.93	1.5
		60	2.0	0.89	1.7
		80	2.3	0.86	1.5
	> 45	20	1.3	0.99	2.1
		40	1.9	0.81	2.3
		60	2.2	0.70	2.6
		80	2.8	0.62	2.2
east / west	15 - 45	20	1.1	1.01	1.4
		40	1.1	0.93	1.5
		60	1.2	0.89	1.7
		80	1.2	0.86	1.6
	> 45	20	1.0	1.02	2.0
		40	1.0	0.88	2.5
		60	1.2	0.78	2.6
		80	1.3	0.71	2.3
north	15 - 45	20	0.9	1.04	1.4
		40	1.0	0.97	1.5
		60	1.0	0.94	1.5
		80	1.0	0.91	1.6
	> 45	20	0.9	1.09	2.0
		40	0.8	0.97	2.4
		60	1.0	0.89	2.4
		80	1.0	0.84	2.4



# Thermal mass

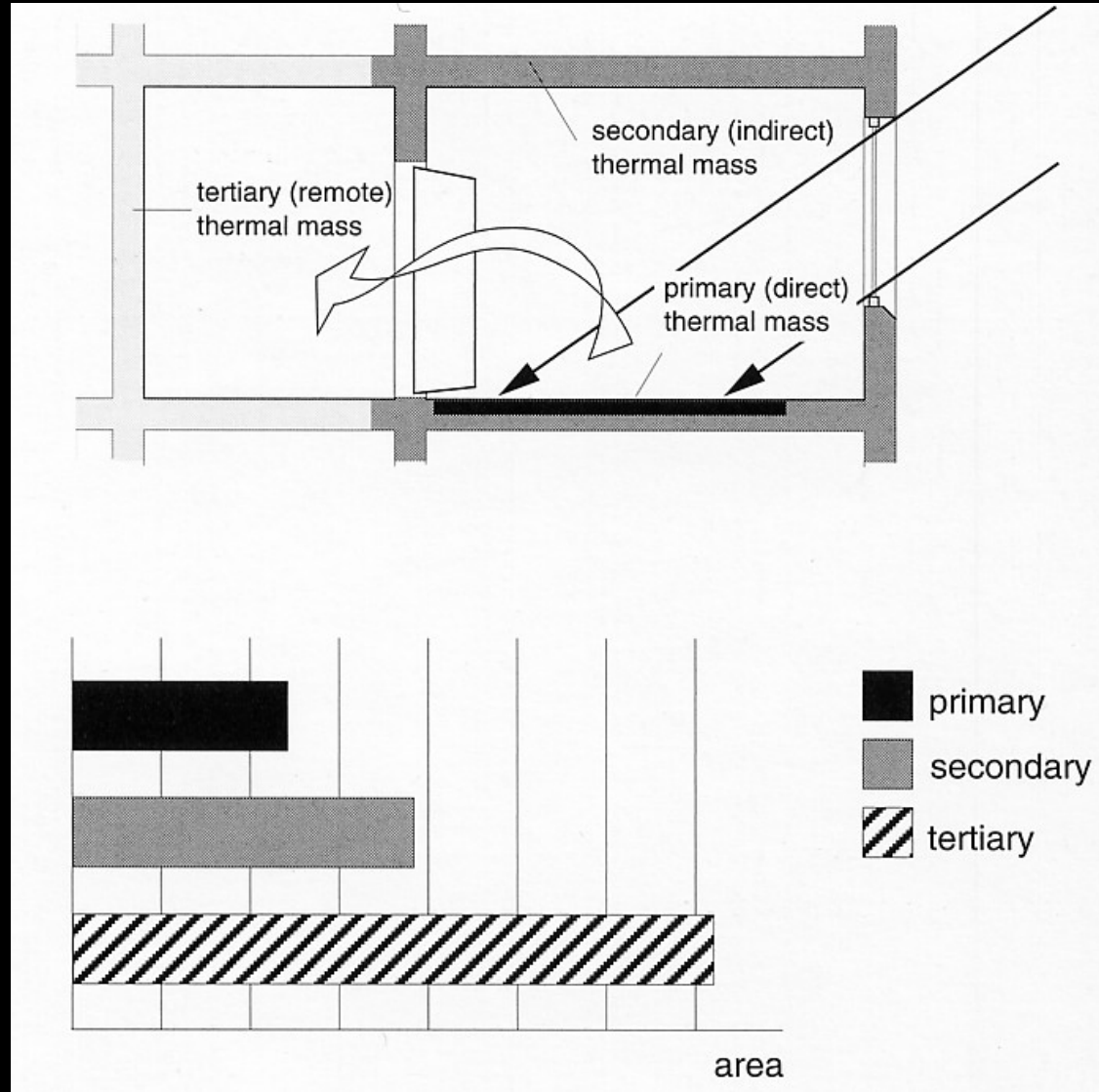
Thermal mass as  
passive cooling



Week beginning 15th July 1996 (daily from 8 am to 6 pm)

# Thermal mass

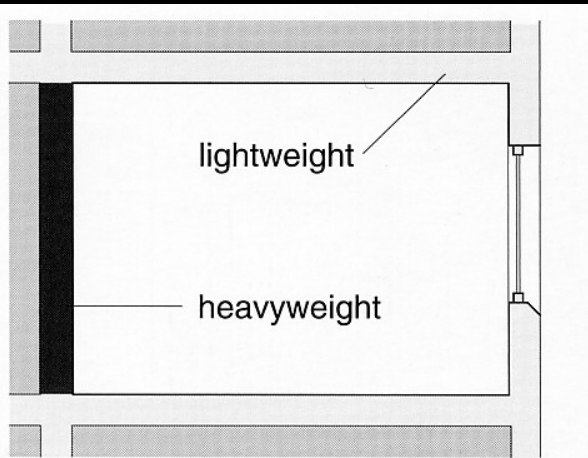
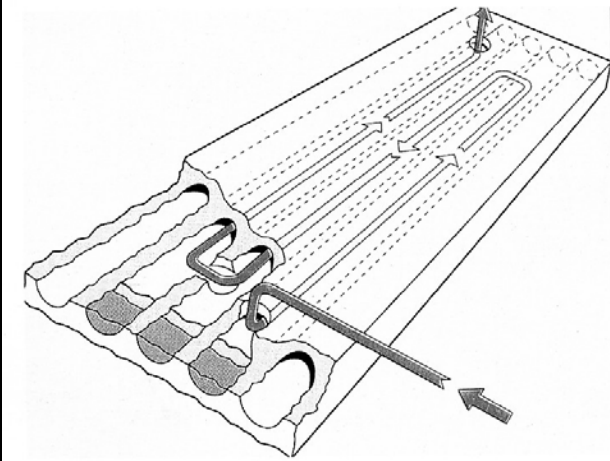
Location and relative effectiveness of thermal mass



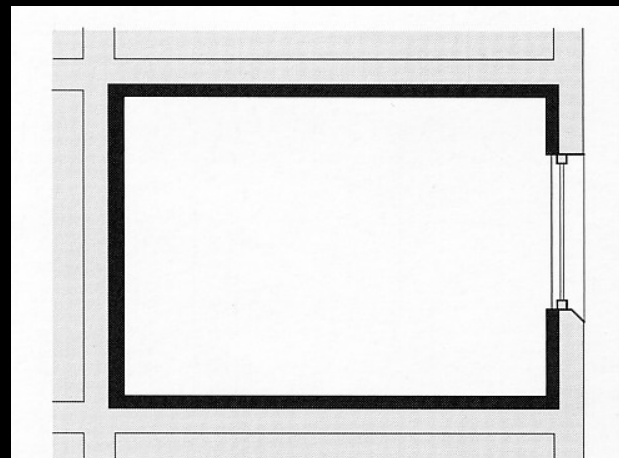


# Thermal mass

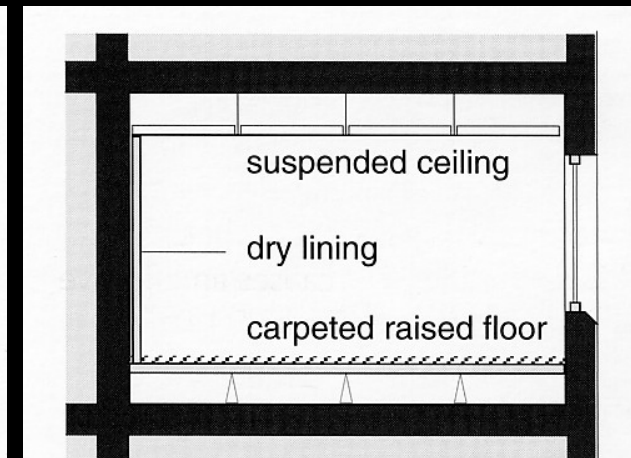
Distribution and  
access to thermal  
mass



(a) *Concentrated thermal mass*



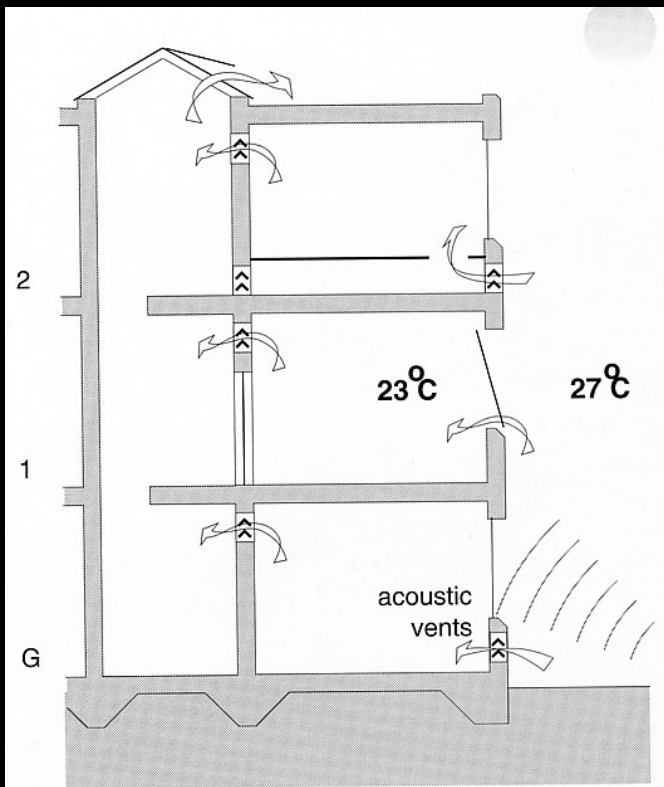
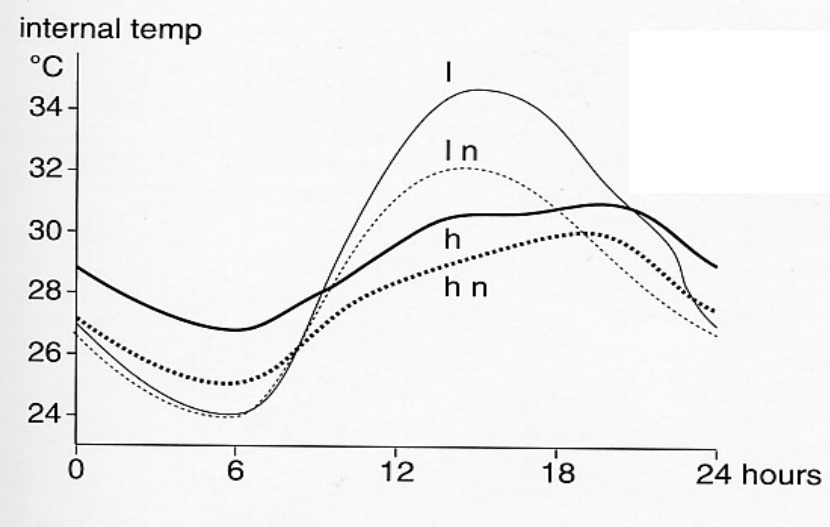
(b) *Most effective thermal mass*



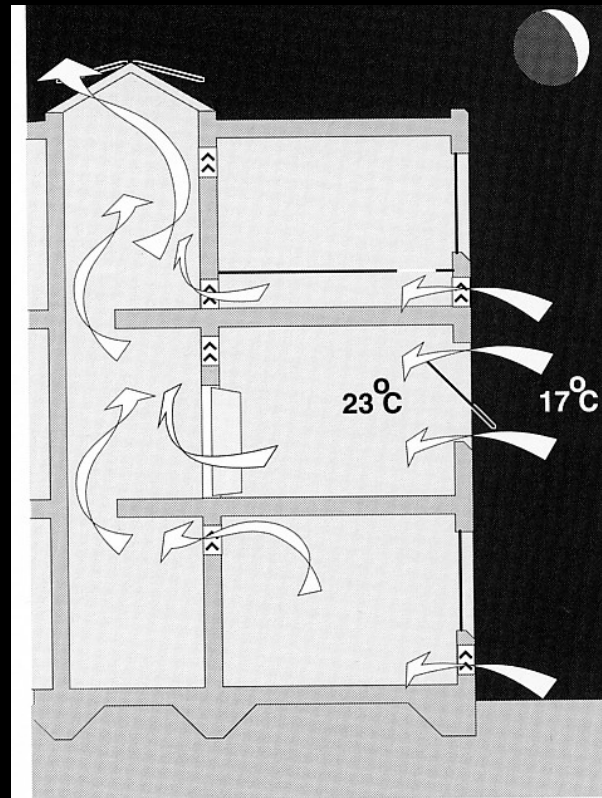
(c) *Least effective thermal mass*

# Thermal mass

## Thermal mass and night purging ventilation strategy

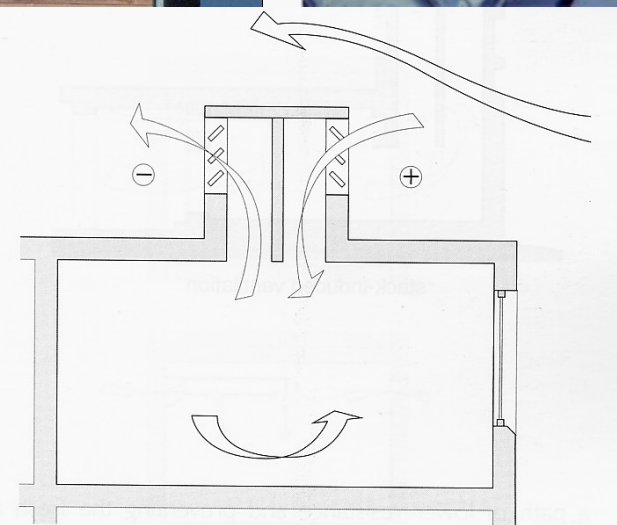
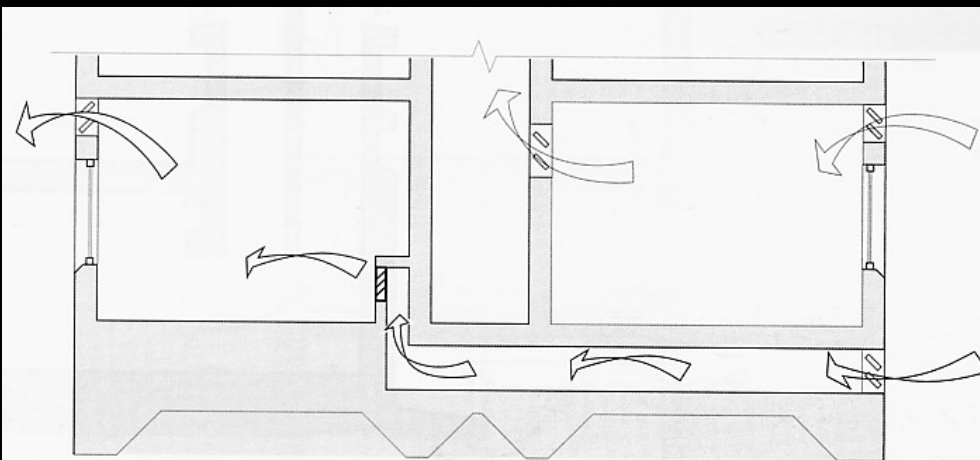


Minimum ventilation



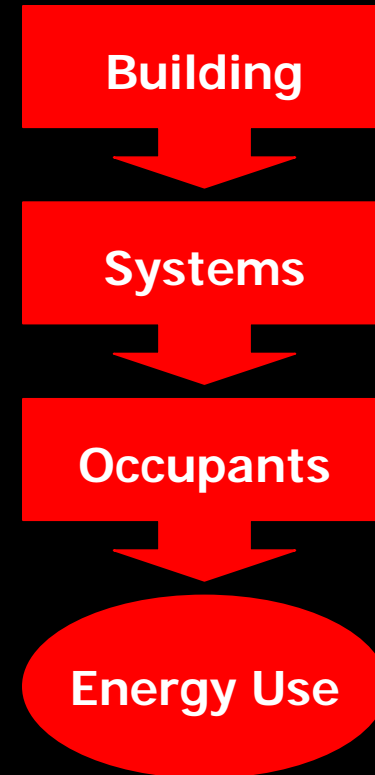
Maximum ventilation

# Natural ventilation



# Interacting design parameters

Local climate  
Building form  
Orientation  
Façade design  
Obstructions  
Ventilation strategies  
Construction / mass  
Occupancy  
Controls  
Systems  
Renewables

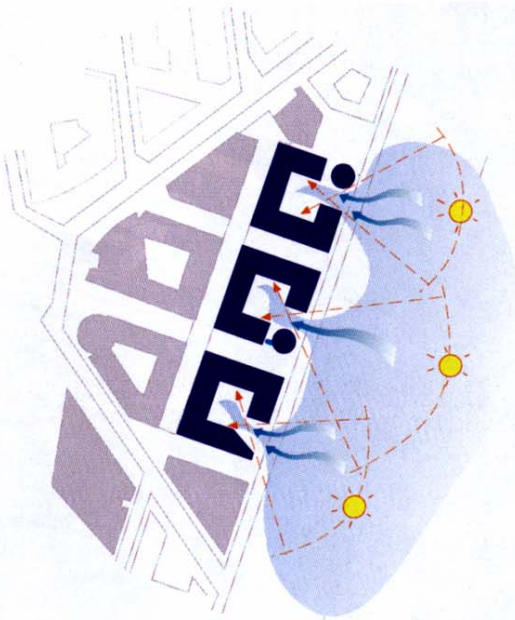


# Case study examples

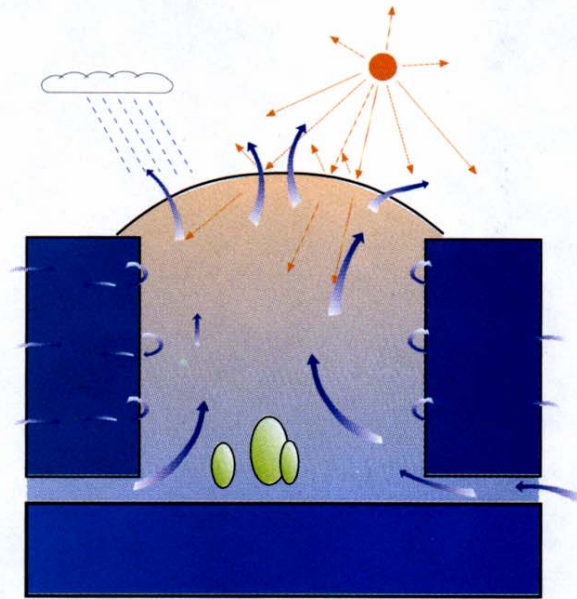




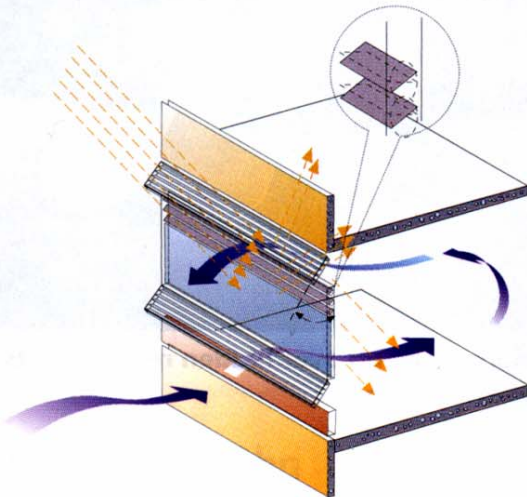
**Potsdamer Platz, Berlin**  
**Richard Rogers Partnership**



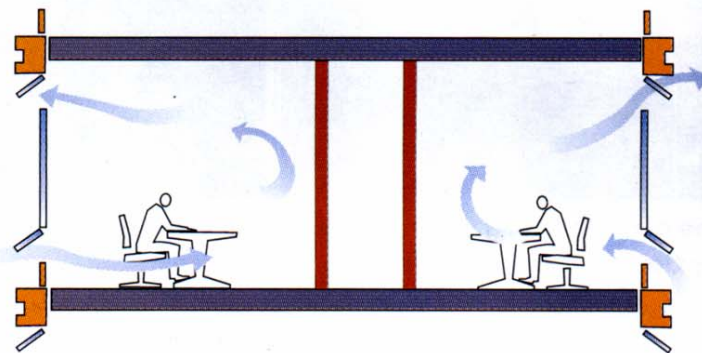
**1) U-shaped courtyards catch the sun, and the buildings have been cut away to admit light.**



**2) The enclosed atrium is naturally ventilated all year round and heated in winter.**

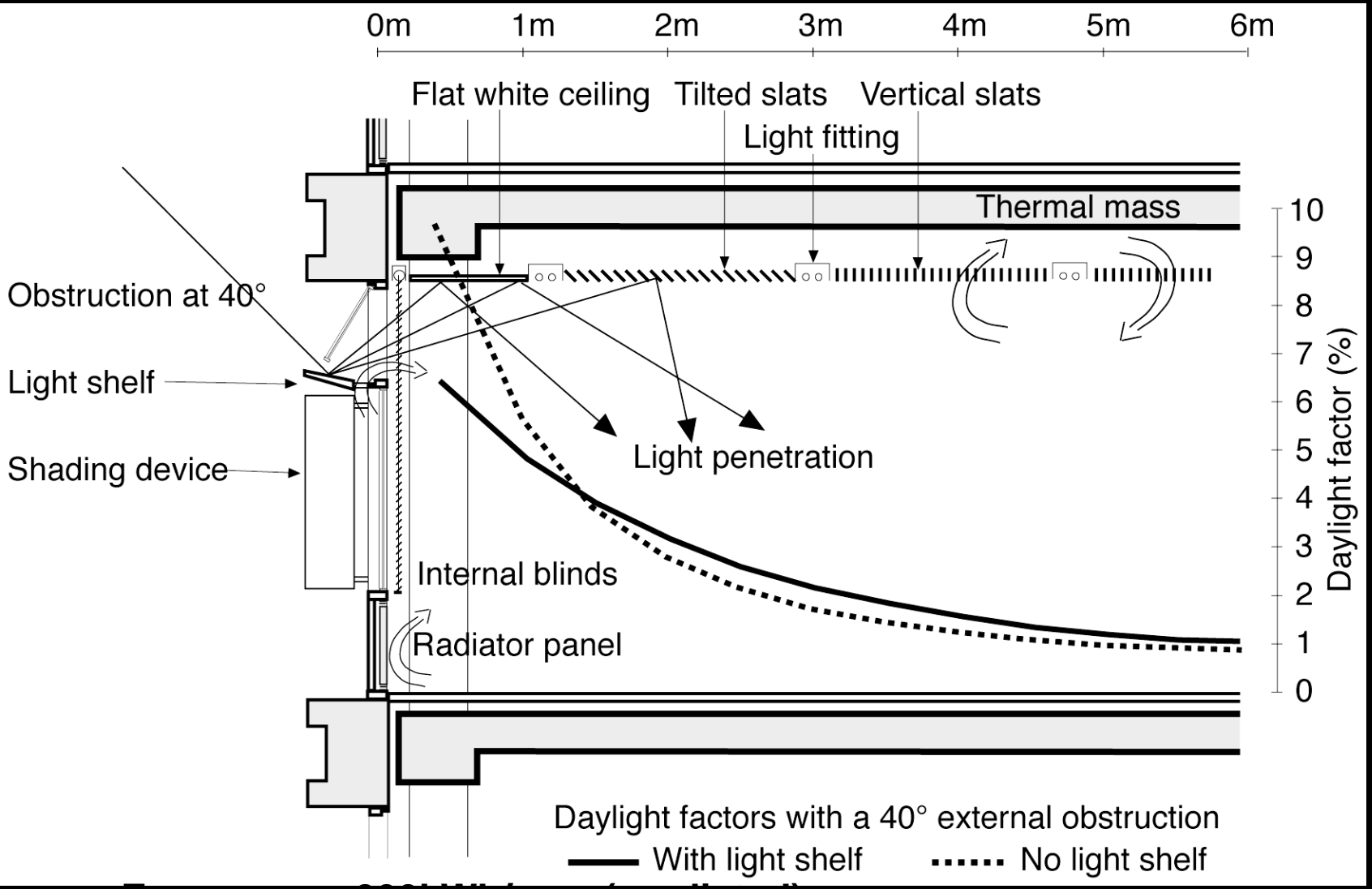


**3) Each facade bay in the high-performance building envelope is designed in response to its particular microclimate.**



**4) 100% naturally ventilated interiors are made possible by fresh air circulating naturally around the offices.**

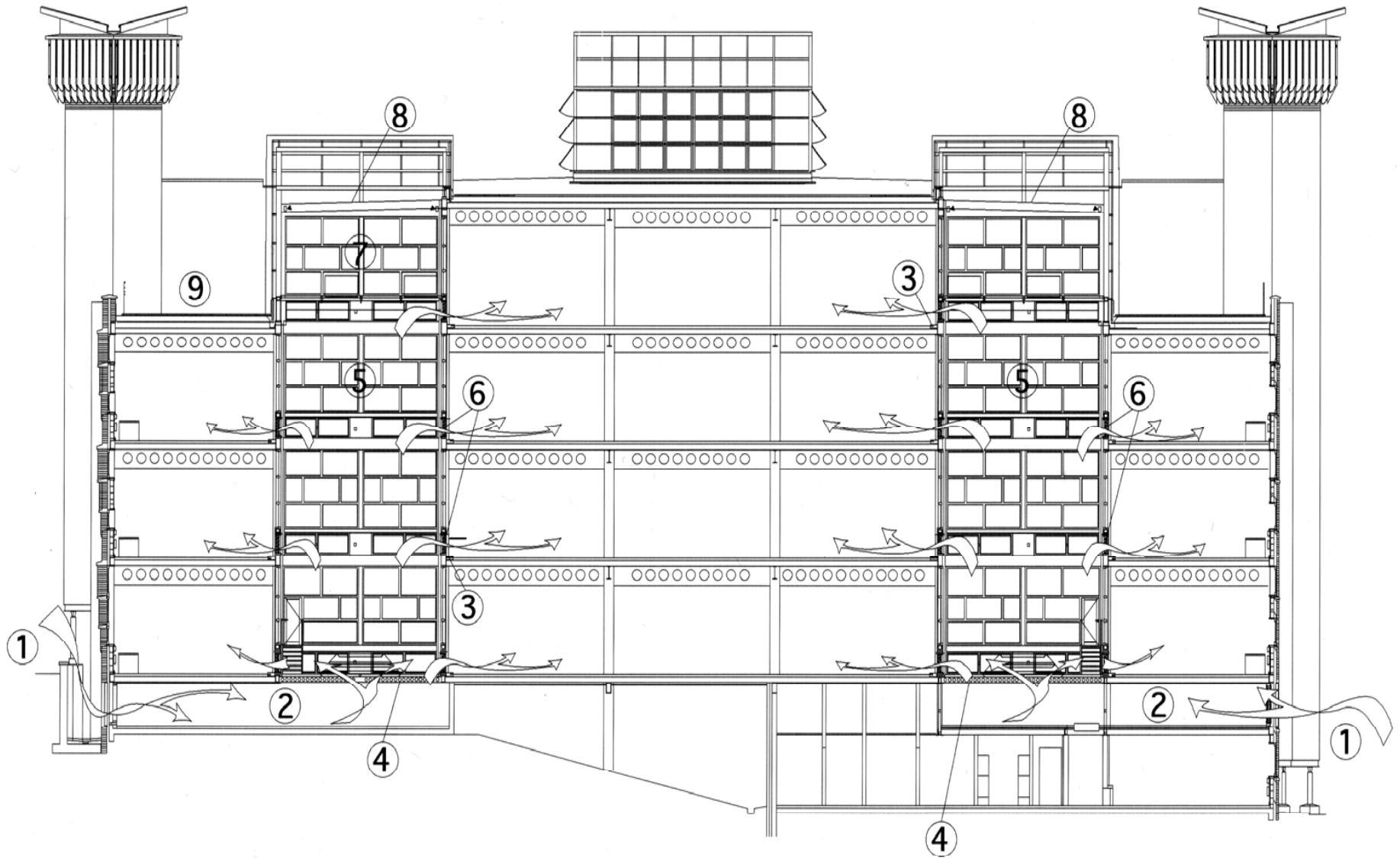


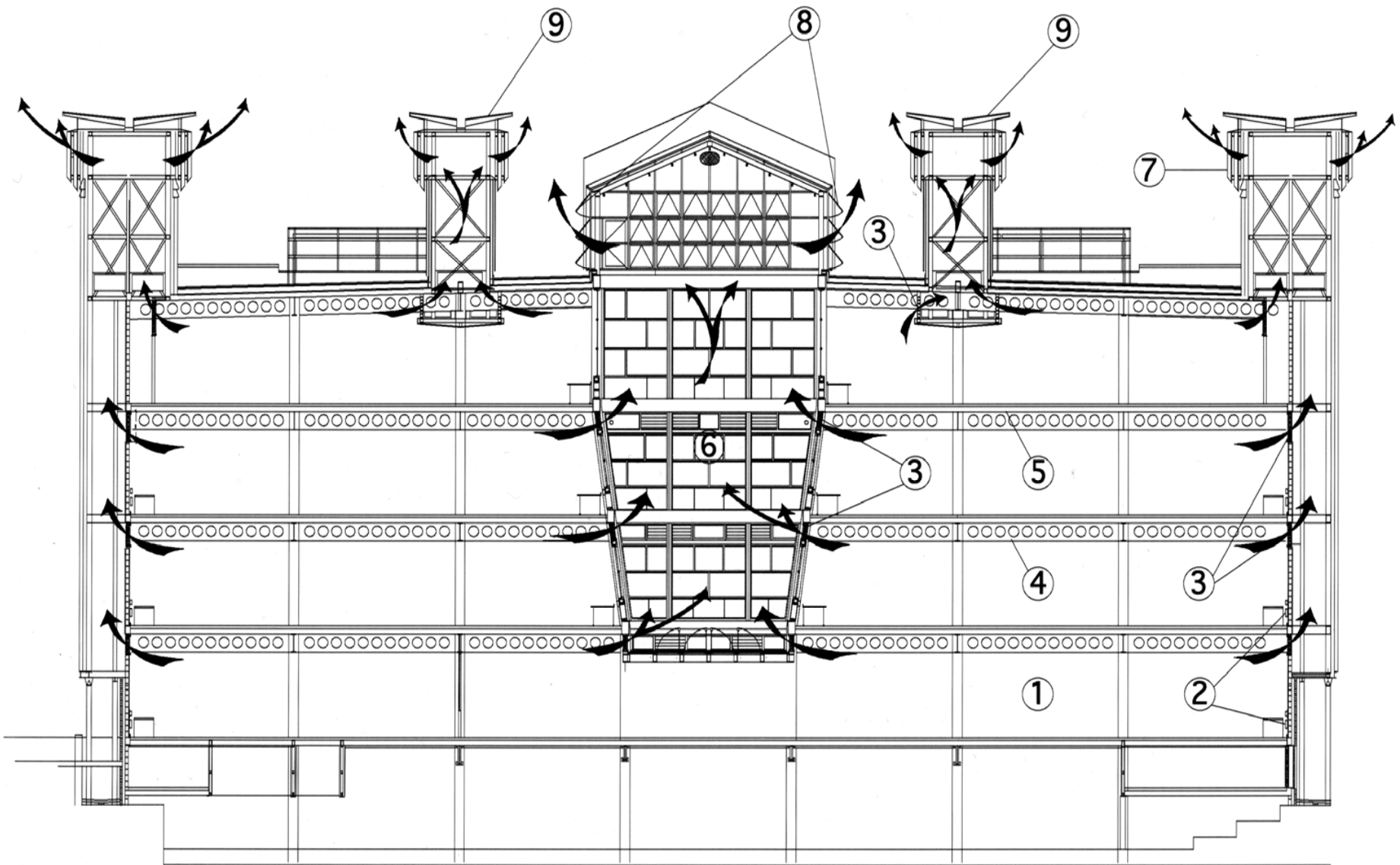






**Lancaster Library, UK**  
**Alan Short Associates**



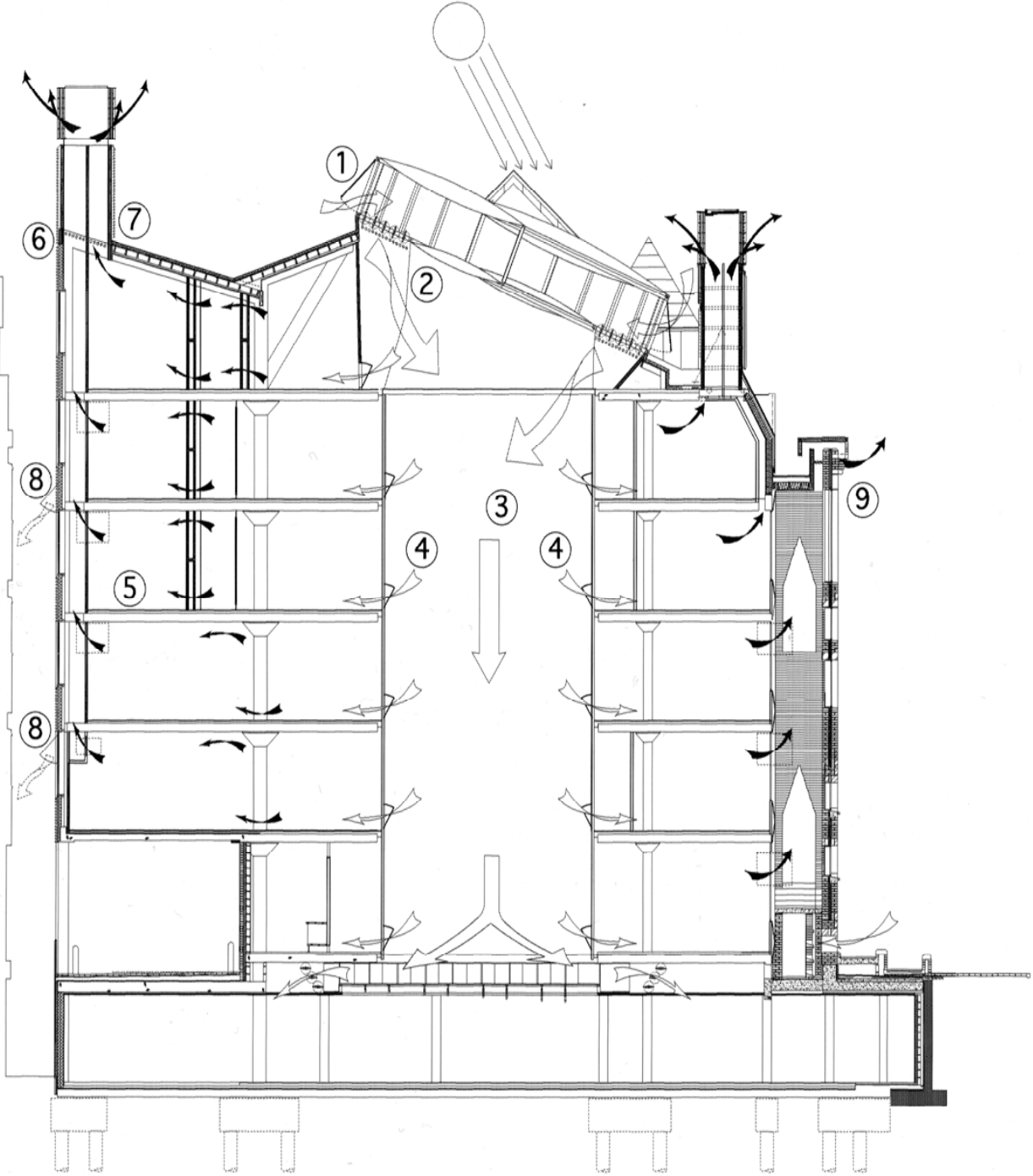






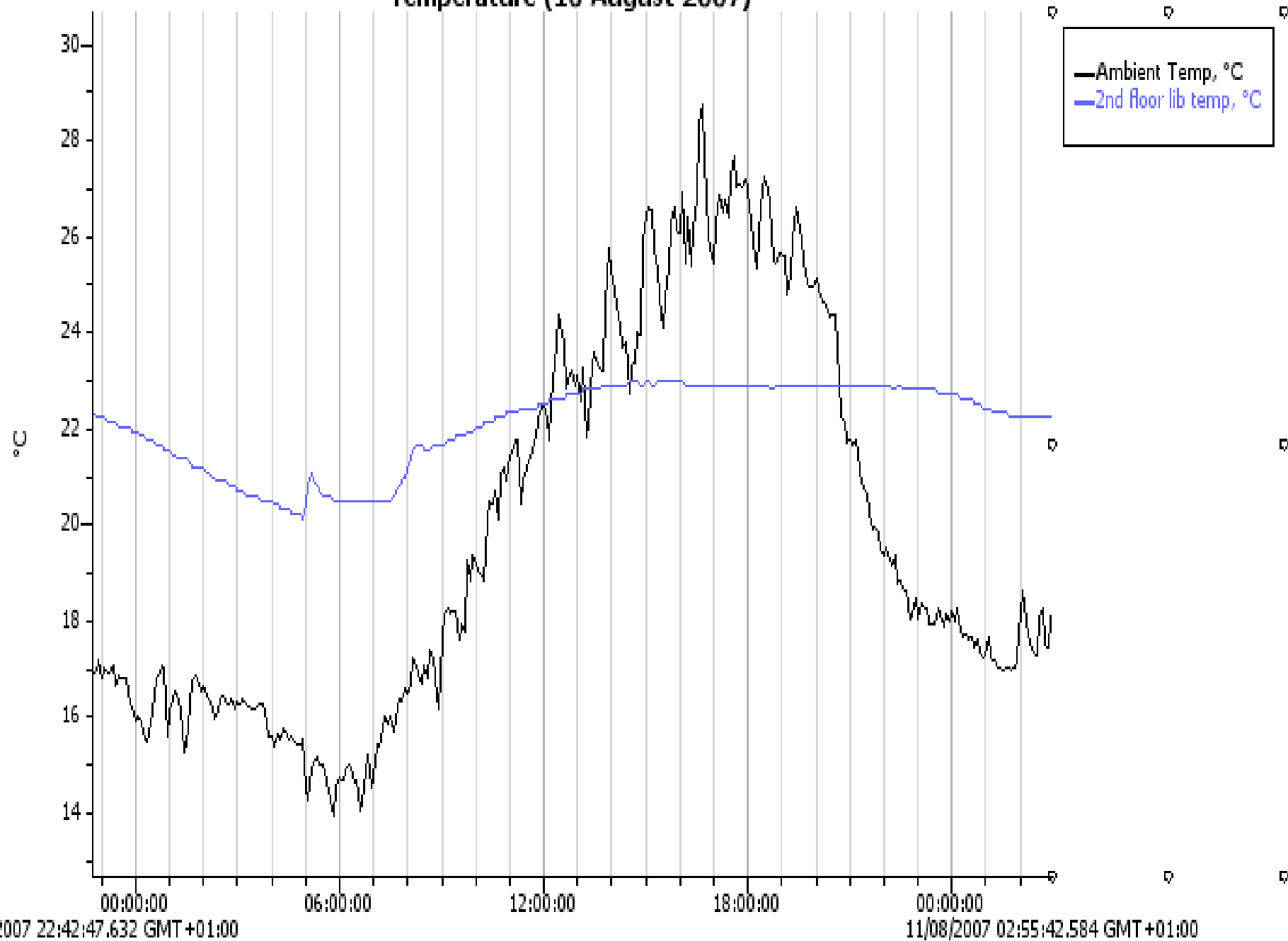
**SSEES Building, London**  
**Alan Short Associates**







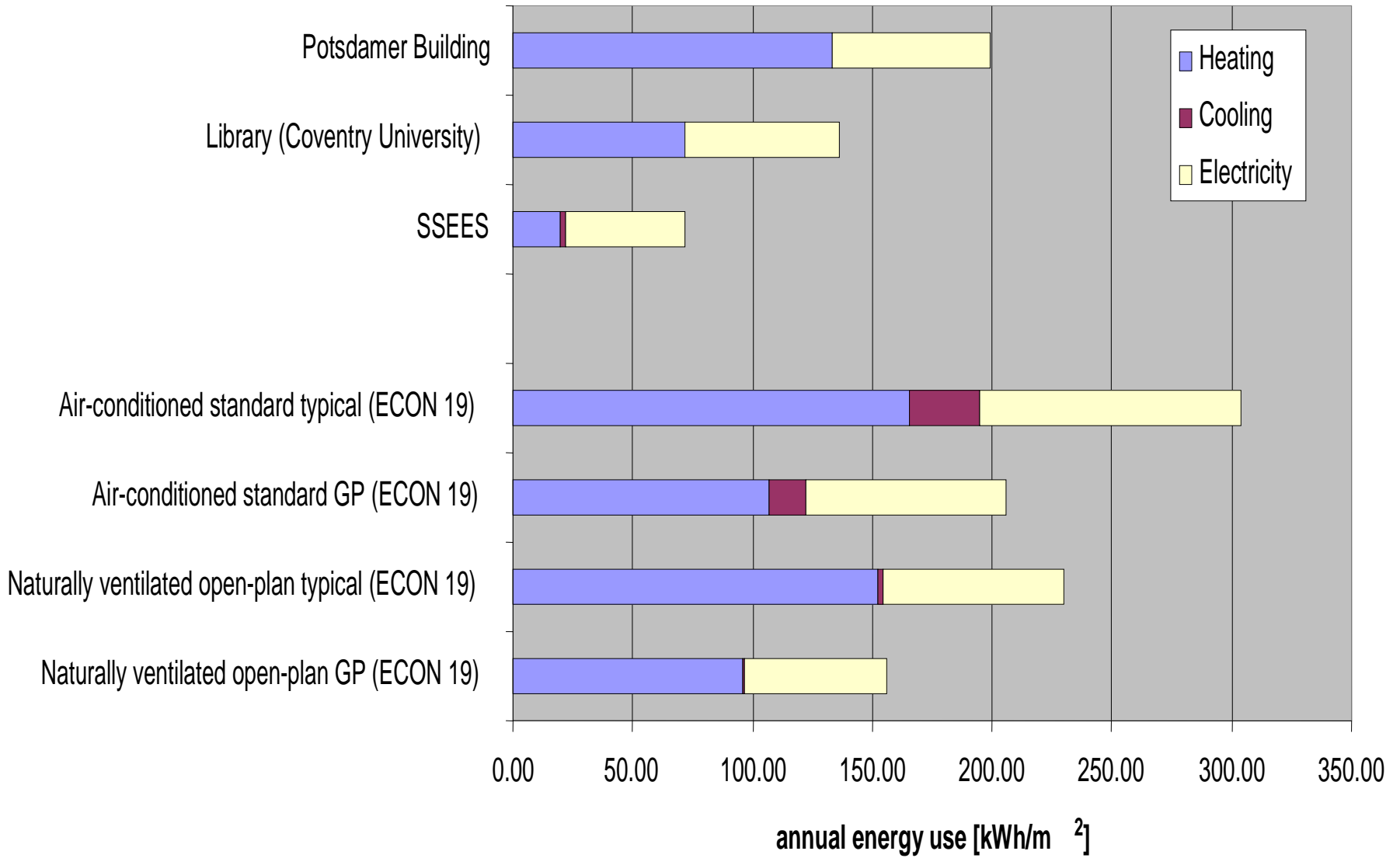
# Temperature (10 August 2007)



09/08/2007 22:42:47.632 GMT +01:00

11/08/2007 02:55:42.584 GMT +01:00

2004





# Lessons from history, practice and research:

1. The technical principles are well understood.
2. Exemplar projects are available and have been studied.
3. Improvements are slow to have an impact due to the existing stock.
4. The technical potential will not be achieved if designs are not robust and do not anticipate human behaviour and expectations.



